ANCHORAGE AREA SERVICE COMMITTEE MEETING MINUTES

February 1, 2016

OPENING OF THE MEETING: Alan M @ 630pm

READINGS:

Service Prayer-Nikki

Decorum Statement-Michael P. Twelve Traditions- Michelle Z Twelve Concepts- Wayne

APPROVAL OF LAST MONTH'S MINUTES: Mike- Morning After Group

ROLL CALL: (½ plus one = quorum) 17 of 22 NEW GROUPS TO BE RECOGNIZED: None

AMENDMENTS TO AGENDA: None

ADMINISTRATIVE COMMITTEE REPORTS: Reports submitted are included here.

CHAIR-Alan M.

Nomination for all the sub-committee chairs are due at the next area meeting. The 4th concept states that Effective leadership is highly valued in Narcotics Anonymous. Leadership qualities should be carefully considered when selecting trusted servants. The long version is a loaded with good information; one part reminds us that "Any NA memeber can be a leader, and every member has the right to serve the fellowship. Effective NA leadership knows not only how to serve, but when it will serve best to step aside and allow others to take over." Our AASC guidelines are built from the expirience our predecessors had to face. clean time requirments, service expirience at the area and regional level and a working knowlege of the traditions and concepts are important considerations put in place not to limit the ability to serve the fellowship but to protect and ensure the success of our trusted servents. Gratefully, Alan M

VICE CHAIR: Verbal Report

SECRETARY: Melissa C. Hello Family, Please let me know if the new way of doing minutes isn't working for you. I am trying to make the process simpler. You can help by emailing reports to aascnasecretary3@gmail.com In Loving Service, Melissa C.

TREASURER: This past month, I balanced our books and created an end-of-year spread sheet for 2015. I printed a copy of the spreadsheet to distribute to members at our February meeting. I paid bills for the following: Schedules to reimburse Joe C for 96.60, phone service 82.40, and the rent for our storage unit of 92.00. We a balance of 1567.00.

Frank Z

GROUP REPORTS: Secretary received reports from the following groups, unless otherwise noted

AK Wild F.I.R.E.S.: Not Present

CLEAN & SERENE: Joe C- \$75 Donation- Written Report

EAGLE RIVER GROUP: The Eagle River group of Narcotics Anonymous meets at Joy Luthern Church located at

10111 Eagle River Road in Eagle River Ak.99577. We meet everyday from 6:30 pm to 7:30 pm.

Our attendance averages 10 to 12 addicts with 2 or 3 newcomers per week.

Monday is literature study and the first and third Friday's are speaker meetings with a step study on Saterday.

Eagle River group has \$40.00 to donate to area this month. Blessed To Serve, Michelle Z

FROZEN CHOZEN: Wayne- \$20 Donation- Written Report

GONG SHOW: Joe- Verbal Report No Donation

HIGHER GROUND: Absent

CLAIM YOUR SEAT: James- Written Report- \$20 donation

LIFESAVERS: Wayne- Verbal Report- No Donation

THE MEETING ON THE CORNER: Sid-\$15 Donation- Written Report

MORNING AFTER: Mike L.- \$22 Donation- Emailed Report- Attendance has been dropping; an idea of letting AREA and other Groups know surfaced in the latest Business Meeting; the time has changed to 10 to 11 AM Sundays at Peggy's. There was even mentioned the idea of maybe dropping it as a scheduled Meeting. As GSR, I will commit to opening for the next month, but if attendance does not approve, I may consider resigning as GSR and closing the Meeting.

We are contributing \$22.00 to AREA and are ready to vote on any matters.--Mike L.

NA AT THE VA: Duffy- \$15 Donation- Written Report- meeting has moved from the kitchen area to the small

conference room

THE NA WAY: Charlie No Donation Verbal Report

OUR GRATITUDE SPEAKS: Absent

OUT AND ABOUT: Chris- no donation- Written Report

ROUNDABOUT: Erik M (Read Report from Ronnie) \$40 Donation- Written Report

SISTERS IN THE SOLUTION: Corry- Emailed Report- \$26 Donation- Has items for Sharing Session

UNITY, ACCEPTANCE, ADDICTION: Rob T- No Donation- Written Report

WALK YOUR TALK: Maike- No Donation- Double Next Month We meet Monday through Saturday from 12-1 at

First Baptist Church on 27th. Corner of Northern Lights and la Touché

Our attendance has improved ... YAY! We have restarted the Saturday meeting until further notice. We have potluck lunch on Wednesday please join us. Bring a dish or just enjoy.

We have no donations this month as I didn't connect with our treasurer. We will make a double donation next month .

We are ready to vote, In grateful service, Maike

907 RECOVERY: Nikki- \$10 Donation- Written Report- Have a Motion

BETTER LIFE GROUP: Frank- No Donation- The Better Life meets Tuesdays from 8:30 to 9:30 pm.

Recently our attendance averages 6 addicts. We generally have 1 or 2 newcomers at each meeting. We also have several addicts with multiple years of clean time at each meeting.

No money

In loving service, Frank Alt GSR

NO MORE BENT BLINDS: Joe C- Verbal Report- No Donaation

VALLEY GSF: Absent

SUBCOMMITTEE REPORTS: All submitted reports are included.

NEWSLETTER: POSITION OPEN

PUBLIC INFORMATION: Chris M. My name is Chris and I'm an addict. Public Informatuin is stukk neetung the dates and times have ???

Public Information still meets the first sunday after area meets at 4pm, although meeting dates and times have been changed at times. For example, we will postpone this months meeting due to super bowl. we met last month and did do a mailout and had a good turn out. Thanks to those who showed up and helped out. In loving service, Chris M. PS I am in a new relationship so will not be meeting on the valentines day either.

HOSPITALS AND INSTITUTIONS: Michael P Verbal Report

ACTIVITIES: Rob Addict, We are currently selling tickets for NA Birthday Dinner. Please make sure that you let your group know that meal tickets stop selling as of the 10th of February a week from this wednesday please get ahold of someone selling tickets if you want a meal. Everything besides soda and auction items are free. see you there PS if your group has an upcoming event please let us know. Thank you to sid a top ticket seller. In Loving Service Rob T, Meet at wings and things on wednesdays @ 7pm every other week unless an event is coming up.

LITERATURE: Erik M Verbal Report Waiting on \$694 order should be here any day.

CONVENTION COMMITTEE CHAIR REPORT: (Sean C.) No report

RCM REPORT: Arlene L -Secretary will forward emailed report.

Sharing Session

Sisters in the solution presented guidelines for sub committees accounting. Bringing to attention that the guidelines need to be reinforced by the executive committee to include detailed accounting of monies in and out of their possession.

GSF- Doug went over the results of the survey- will be included in email when secretary recieves it.

OLD BUSINESS:

- Tabled motion from lifesavers- Lifesavers absent- motion left on table
- GSF introduces motion to hold a learning days with the following agenda

Overview of Area service and the roles of GSR

Introduction to area standing sub committee jobs.

Date: March 19th Place: IBEW hall on Denali ST. Duration will be approx 2-2.5 hours

Intent of motion- is to begin holding a short and sweet learning day on a quarterly basis. Purpose of Learning Days is to prepare our Anchorage members to better carry the NA message through service.

Cost of motion- could be the cost associated with copying handouts for the event. there might be cost of some light food and beverage. \$100 cst is probably a good assumption

Motion voted yes with no oppositions

• 2017 Convention Chair Nomination- Dave L unopposed- Nominations closed- Voting in March

NEW BUSINESS:

907 Recovery presents motion to area regarding the Literature Committee. The committee gave area \$354 and this motion would have area return the money to the literature committee for its purpose to replinish the literature supply.

Frozen 2nd motion

Morning After group motioned to table motion- joe C 2nd Motion.

Motion Tabled vote of 9

Motion to close by Alan M at 8pm due to loss of quorum

We invite you to come and be a part of the solution, every 4th Saturday of the month!

Group Support Forum!

The next is January 24th, 2015 4:00 to 6:00pm Central Lutheran Church (1420 Cordova Street)

Agenda for January 24th

- How do we increase unity and decrease apathy in the Anchorage Fellowship; what are the symptoms of unity, apathy and enthusiasm?
- Group improvement: How do we better our group? How do we get groups to focus on recovery? What does your group struggle with? What do you as a member of your group struggle with?
- Area: How would an every other month Area Meeting look, and what are this issues and challenges to this? What are the solutions to these issues? Area Guidelines.

Does your group want a suggestion box for issues to bring to the Group Support Forum?

Who can come to the group support forum? The newcomer, the oldtimer, the sometimer, a predecessor, anyone involved with service or anyone not involved with service.

Please just come and support YOUR recovery.

Bring food to share or share food that others bring.

Group Inventory Form

The purpose of a group inventory is to discover if the group is fulfilling it's primary purpose; "All our groups can do is plant the seed for recovery and bring addicts together so that the magic of empathy, honesty, caring, sharing and service can do their work." "The group is the most powerful vehicle we have for carrying the message" (basic text pp. 64 & 65)

The group inventory is never a forum to take another person's inventory. What we inventory is how well the group functions.

Begin by having the trusted servants of the group report on how well they have done and are doing their jobs...

Secretary Alternate Secretary
USR GSR Alternate
Treasurer Coffee Maker
Greeter Chairperson
Other

Thanks to all who reported. Now we have discussion questions that everyone should be encouraged to participate in answering. And please, encourage someone to keep notes during the discussion period so that suggestions for improvement can be kept track of.

- Does your Group make newcomers feel welcome? How or How not?
- Does your Group keep in mind that the newcomer is the most important person at any meeting? If not, why not?
- Are all the service positions in your Group filled by different people of are a couple of people doing it all?
- Do you Trusted Servants do each others jobs?
- Do service members turn over their positions at regular intervals or has one person been doing one thing forever?
- When service positions are turned over are the new Trusted Servants properly trained by their predecessors?
- When service positions involve attending another meeting (i.e. the Area Service Committee meeting) is it presented in a spiritual light or ridiculed and made fun of?
- When the Treasurer collects the Seventh Tradition is it properly explained to the group where
 the money goes and what it gets used for?
- Is the money passed on to Area, after group expenses? If not, why not?
- Is your meeting conducted in an atmosphere of unity?
- Do members cross-talk? Do they respect whoever is sharing at the time?
- Is the message being listened to rather then the messenger?
- Is the clear N.A. meesage taught by example or by enforcement?
- Does your group support the Area that supports you? If not why not and what could be done differently?
- Do members of the group support the Area's Subcommittees and Area functions?
- Does your group try to maintain "An Attitude of Gratitude"?

Thank-you to all who participated!

Wells Fargo StoreVision Platform

Page 1 of 1

Small Business Checking 1101668070

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Checking/Savings Account History

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3

Tax Responsible Customer
Additional Customers

ANCHORAGE AREA SERVICE COMMITTEE Sole Owner MARIE A PRICE SIgner JOSHUA WEINSTEIN SIgner

Ledger Balance Available Balance \$1,324.64 \$1,324.64

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2015 - 2016 Draft Budget (proposed budget)

Public Information – PI committee is responsible for phone line, Region's on line presence, and translations.

- "Public information" budget line item covers regional public relations
 efforts including cost associated with communicating with Areas and groups,
 responding to the public, presentations to the public, and health fair booths.
 For instance, Region typically funds costs associated with a booth manned by
 Anchorage Area at the Annual School of Addiction.
- Phoneline is the regional help line. Calls go to a "Switchboard", where a
 person redirects the caller to a help line volunteer in the community they are
 calling from or to a regional help line addict. This budget was as \$1250 for
 the past 2 years. Expense for 2014 was \$792 and over \$900 in 2012 and
 2013. Λ \$1000 budget seems about right.
- Translation presently there is \$500 in this budget to carry translation and outreach to Bethel. We have completed translation of IP #1, but we have not been successful getting it out to the Yupik 1st language speakers in western Alaska. Hub for this is Bethel.

Outreach: Though funded separately, the PI Committee oversees Outreach. The primary purpose of Outreach is starting and/or supporting meetings in hub communities in Alaska where there are few if any meetings. Currently we have no meetings in Barrow, Dillingham, Kotzebue, Nome, or Kodiak. We may not have any meetings in Sitka or Ketchikan (there is no communication with a group of any kind anyway). Juneau is not currently an active Area.

The starter kits for new meetings come out of the Outreach budget. Typically a starter kit in the past has cost about \$30 each and includes a <u>Basic Text</u>, <u>It Works How & Why</u>, 10 White Booklets, and a few Introductory Guide to NA. Maybe a Working Step 4 in NA pamphlet, and a Step Working Guide could be included.

Outreach is sometimes used interchangeably with Fellowship Development. FD would include PR and H&I workshops, and development service delivery.

Entertainment: There is no proposed budget for entertainment. This budget funded new campouts in the passed.

Literature: No Budget. There has been no literature chair for 20 years. This would be a regional newsletter budget or literature development project budget. Are Areas interested in a little help on the *Traditions Book* project?

H&I: this budget is \$800. Includes \$650 in literature mail out and then \$150 for the Postage. \$815 was the cost in 2014. We are looking at ways to improve this. Also looking at starting *Working Steps Behind the Walls*.

Insurance: This is the Regional, Area, and Group liability insurance policy for Alaska. It covers all of our events and Groups. PI originated this policy in 2013. Cost for the policy has been \$1483 and \$1565 for 2013 and 2014 respectively. Budget of \$1600 per year seems right.

WSC (Biannual World Service Conference) – This funds the Alternate Delegate travel and lodging to the WSC every two years. This is NAWS Conference where all the delegates from all Regions meet to carry conscience to "World". It extends for two weekends and the week between. Expense occurs every other year (even years – 2016).

WSC Assembly or Workshop – During conference years, this budget funds the CAR workshop in Kenai, Anchorage, Wasilla, and Fairbanks. Some of this money intended for travel to Fairbanks. Much of it is for workshop supplies and rent as required. (Full budget is \$1500)

During non-conference years, this budget is intended to provide fellowship development statewide. (\$500)

WSZF (Western States Zonal Forum) - Alaska is a member of the WSZF. WSZF meets annually. WSZF meeting is typically 3 days -Friday, all of Saturday (often late on Saturday), and Sunday until noon. It gives Alaska a chance to exchange ideas with other western state Regions. Budget of \$1000 funds Regional Delegate attendance.

Transfer 1985 198				2015 an	2015 and 2016 Draft Budget				ORAFT BUDGET AND INCOME PROJECTION 2015 & 2016	025 & 2
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January 30, 2016 Group Support Forum Notes

Opened with the Serenity Prayer.
Read the Concepts (Rob)
Ride the NA Service Vision Statement

- 1. The Motion to hold Learning Days on March 19th was discussed.
 - The date has necessarily changed to the 26th since IBEW was booked, and the Valley GSF is being held March 12th.
 - The Motion did not make it into the minutes so there may not be much "pro" at Area on Monday. Support seems to have been strong though.
 - We decided the time would be 1:30 pm to 4 pm, which way the afternoon groups can participate.
 - Doug agreed to draft the presentation material. Perhaps several people could present.
 - We will book the IBEW Hall after Area Feb 2. Activities was not ready to put \$200 down to reserve the IBEW but Mike (and Charlie too for that matter) were willing to put personal money down to hold it. It is a cleaning deposit; it will come back.
- 2. We discussed the Activities Survey. Survey spread sheet is attached.
 - Doug explained the Survey spread sheet including numerical value of each vote like "actively support" is 4 pts etc., average vote of each group for an event, and the average of all group votes was the final tally for the event.
 - The Solstice Day campout and Halloween (on non-convention years) had the lowest tally of any event.
 - Solstice Day Campout generally does not raise revenue but costs Area funds. Campouts generally do cost. (LA)
 - Event is much about property and prestige (not newcomer) with everyone's mobile home on site. (Rob)
 - Mike suggested that his group make a motion to nix Solstice Day Campout.
 - After further discussion we found there is support for the event if not held at Eagle River. Doug liked it at Eklutna.
 - Having Solstice at Hope was mentioned too. Solstice may have happened at Hope before.
 - Also swapping Solstice for September fish fry was mentioned. (that could be combined with quarterly learning days in Sept.)
 - Charlie mentioned that we have had issues at the Eklutna campground where NA members disturb the tourists with all the hooting it up.
 - Mike suggested we make plenty of copies of the Activities survey spread sheet and pass them out to GSRs, and see what action the groups want to bring. That was satisfactory to everyone.

- 3. Some discussion of Money. The following comments came up during the course of the meeting.
 - Activities is not passing profit from the Narathon events forward to Area.
 (Guidelines do not require that they do until seed plus profit exceeds \$1500.)
 This is not significant but Area treasury has been below prudent reserve.
 - Activities has thus far avoided using seed money in paying for any costs of the Anchorage-in-Alaska anniversary gig.
 - As brought up earlier, is it Activities role to pay the \$200 IBEW cleaning deposit for the March Learning Days event?
 - Mike stated that Area still has not responded to the request (made formally as a motion from Our Gratitude Speaks) for financial information showing "past 6 months spending and future 6 months projected spending".
 - Things have been complicated by the fact that Charlotte recently left, and Frank just started as Treasurer. Charlotte had not been in place long. And Frank does not know what is expected of him and has had no counciling.
 - Last month, Lifesavers brought a motion to make spending a proportion of monthly receipts. The motion was withdrawn and various members were going to huddle to improve it.
 - Literature needs to have its own "bank". Literature should not be interfering with treasury revenue.

Accordingly, it was agreed that the subject of the next GSF would be Area finances.

4. Next Meeting:

Kerston Gabby

- a. February 20th at 5:40pm
- b. Area finances.

We closed with a prayer.

Some of the Members of the Fellowship in attendance:

Mike L	Morning After	mjlatty@email.com	760-831-8291
Sid	Meeting on the Corner	sidkenai@hotmail.com	280-8787
Rob T	UAA	hulligan69@gmail.com	830-7628
Charley	the NA Way	Alaskacharley@gmail.com	258-5288
Darren C	Meeting on the Corner		744-7366
Peter P	Gong Show	peter.poage@gmail.com	231-6382
Lou Ann P	RoundAbout	lapoage@yahoo.com	903-8325
Joe L	Meeting on the Corner	pintprojoe@hotmail.com	744-4256
Doug P	Clean and Serene	doug_poage@yahoo.com	244-6030
Joey			

12 members from at least 7 groups were present.

Anchorage Area Activity Survey Results

		Standard		Sisters in the	Mtg on the	Clean and		Out and	Morning			Frozen	Walk Your
Activity	Group Average Score	Deviation		Solution	Corner	Serene	Gong Show	About	After	NA Way	Life saver	Chozen	Talk
AREA EVENTS	2.77		AREA EVENTS	2.6	2.8	3.1	2.6	3.1	2.6	3.3	1.9	2.9	2.8
NA in Alaska	2.9	0.8	NA in Alaska	3.5	3.8	3	3.0	3.0	2.5	3.5	1.0	2.0	3.3
Memorial Day Picnic	2.9	0.6	Memorial Day Picnic	3	3.2	4	2.8	3.0	2.0	3.5	2.0	3.0	3.0
Solstice Day	2.2	0.4	Solstice Day	2	2	2	2.3	2.0	2.0	3.5	2.0	2.0	2.0
Unity Day	2.6	0.8	Unity Day	2	2.6	4	2.0	4.0	2.0		2.0	2.0	3.1
thanksgiving Narathon	3.3	0.6	thanksgiving Narathon	3	3.2	4	3.0	3.0	4.0	3.5	2.0	4.0	3.0
Xmas Narathon	3.2	0.5	Xmas Narathon	3	3.4	3	3.3	3.0	4.0	3.5	2.0	4.0	3.0
Halloween (non-convention year event)	2.2	0.7	Halloween (non-convention year	2	1.4	2	2.0	4.0	2.0	2.0	2.0	3.0	2.0
GROUP or MULTI-GROUP EVENTS	2.45		GROUP or MULTI-GROUP EVENTS	2.4	2.6	2.4	2.6	2.8	2.0	2.9	1.8	2.8	2.4
2nd Chance Prom	2.4	0.8	2nd Chance Prom	3	2.6	2	2.5	3.0	2.0	2.0	1.0	4.0	1.5
Cajun Feed	2.6	0.7	Cajun Feed	2	3	3	2.8	2.0	2.0	3.5	2.0	2.0	4.0
Rally in the Valley	2.3	0.3	Rally in the Valley	2.5	2.4	2.5	2.3	2.0	2.0	3.0	2.0	2.0	2.0
Sponsor-Sponsee Day	2.5	0.7	Sponsor-Sponsee Day	2	2.4	2	3.0	4.0	2.0	3.0	2.0	3.0	2.0
PLANNED EVENT	2.53		PLANNED EVENT	2.0	4.0	4.0	2.3	2.0	2.0	2.0	2.0	2.0	3.0
Learning Days	2.5	0.8	Learning Days	2	4	4	2.3	2.0	2.0	2.0	2.0	2.0	3.0

Notes:

Clean and Serene NA in Alaska is important for fundraising and service awareness.

Memorial day should not sell hot dogs. Othe

solstice -- hold it at Eklutna. Eagle River to crowded.

thanksgiving -- very important. Good fellowship energy with this.

NA Way no response on Unity Day.

Not enough info on Learning Days.

Life Savers Na in Alaska should be Regional event; thus opposes

Memorial day picnic has support if it is not fund raiser.

Actively Participates
supports = in = Supports = Opposes =
note: 4 3 2 1

- 1 note that the groups score for an event is the average of the group member tally. For instance, if 4 members participated in this poll of activities, and 1 member voted "A" (4 pts), and 3 members voted "C" (2 pt), that is scored as (1x4 + 3x2)/4 = 10/4 = 2.5 pts.
- 2 commenting on the average scorefor a group: A group score of 2.5 means that on average half the group supports the event, and half the group participates or attends the event. A score below 2.0 advises us that group support for the event is less than unanimous, at least one member opposes the event, but the majority of the group at least supports the event.
- 3 Looking at the Group Average Scores, the events with least support are Solstice Day Campout and Halloween with average score of 2.2.
 This means the event has "support" but that most groups do not participate.
 Looking at the individual groups scores for Solstice Day Campout, only two groups showed any participation at all, though one of these had a 3.5..
 Halloween showed some opposition while Out and About 100% "actively supported", 4 pts, which extremes kind of off set.
- 4 The support for non-Area events scored below the Area events, except Solstice Day Campout and Halloween events, which seems like no surprise. I think Rally in the Valley would have scored higher had the Valley groups participated in the poll.

 Apathy toward a learning days was strong.
- 5 Life Saver vote indicates 0 participation but general support.