

AASC Minutes for November 7, 2016

OPENING OF THE MEETING: Doug

READINGS:

Service Prayer- LouAnn

Decorum Statement- Sasha

Twelve Traditions- Viva

Twelve Concepts- Daren

Vision for NA Service- Arlene

APPROVAL OF LAST MONTH'S MINUTES: Approved

ROLL CALL: 15/18 groups ($\frac{1}{2}$ plus one = quorum)

NEW GROUPS TO BE RECOGNIZED: None

AMENDMENTS TO AGENDA: None

ADMINISTRATIVE COMMITTEE REPORTS: Reports submitted are included here.

CHAIR-Alan M. Verbal Report.

VICE CHAIR: Doug P.

Hi Melissa,

Hope you feel better quickly.

Maika - thanks for covering.

Please list in the Action items that we are looking for H&I Chairperson nominations. I did not recall saying that under "action item summary" last night.

Also about the Regional Guidelines Poll, include that if anyone has questions or wants help, "Doug is available to help members wade through this". 244-6030.

I included treasurer report in Word to help you paste it into the body of your minutes, while the spreadsheet could be an attachment.

I included the introduction page of the Regional Guidelines Poll so you could paste that into new business, while the full Poll and draft revised regional guidelines could be attachments.

I included my V. Chair qualifications in Word and PDF. I don't know if you attach qualifications or paste them into the minutes.

I am sure this is all clear as mud. Call me for any suggestions or whatever.

SECRETARY: Melissa C Thank you Maika for covering. I am much better now. Please continue to email reports. It has been making the process much smoother to get all the information out to the groups.

In loving Service, Melissa C

TREASURER: Please see forwarded email for spreadsheet

Nov, 2016

TO: Anchorage Area NA Group FROM: Frank Z.

RE: Nov. Treasurer's Report

This past month, I balanced our books; we paid phone service 82.40, the rent for our storage unit of \$92.00, we paid for literature for H&I, PI and freight. I dispersed the November H&I, PI funds also at the end of Oct. so it shows as two purchases for Oct. but really it's Oct. and Nov.. All the money we gave the Literature Chair for the traditions books "Guiding Principles" was collected back and returned to area. It was properly accounted for and redistributed for another order. There was possibly a slight over payment of freight which the Literature Chair recognized, reported and will account for. We have a Bank Balance of \$2176.77.

Frank Z

GROUP REPORTS: Secretary received reports from the following groups, unless otherwise noted

CLEAN & SERENE: Joe C. \$80

Clean and Serene Monthly Report

November 7, 2016

Clean and Serene continues to meet at Holy Family Cathedral downtown on Sunday nights and at St. Anthony's on Klevin on Thursday nights (Book Study). We have one Area nomination and one regional nomination, and are prepared to vote on all matters. We are donating \$80.00 to Area this week.

ILS

Clean and Serene

Meet Sunday and Thursday evenings

Good attendance

Ready to vote on all issues

EAGLE RIVER GROUP Michelle Z \$20

The Eagle River group of Narcotics Anonymous meets at the Joy Lutheran Church on Monday, Wed, Frid, and Saturday's from 6:30 pm to 7:30 m.

Eagle River has \$20.00 to donate to area.

Blessed To Serve,

Michelle Z.

FROZEN CHOZEN: Wayne W. \$50

Hi, I'm the GSR for Frozen Chosen, which meets Mon.-Thur., 7:30pm-8:30pm, at Dry Dock behind Skateland off Briarwood. Count, visiting, etc. etc. is steady at the meetings. We have \$50.00 to donate to Area, rents paid, & we are ready to vote on all matters! Thank you for letting me be of service, sincerely, Wayne W.

GONG SHOW: Duffy \$15 written report

HIGHER GROUND: Chad \$120 No emailed report

CLAIM YOUR SEAT: Absent

LIFESAVERS Viva \$50 did not receive emailed report

THE MEETING ON THE CORNER: Mike No Donation

MORNING AFTER: Absent

NA AT THE VA: would like to be recognized as a group again

THE NA WAY: Charlie no donation did not receive emailed report

OUR GRATITUDE SPEAKS: Keith- No Dontaion

Our Gratitude Speaks meets Tue and Thur at 6:30 am upstairs at the Alano Club. We have 2 active members and average 4 to 6 people per meeting.

We are a recovery/solution based open meeting.

We had an unfortunate past month where our 2 active members were on vacation at the same time. One was in Germany and the other was in the lower 48. We had an opener who, although agreed to make the commitment, twisted off. Consequently 4 meetings where not opened. There is a large Do It Sober meeting at the same time downstairs, so hopefully no lives were lost, but we have no donation to Area this month and we will be dipping into our prudent reserve to make up the rent.

We are ready to vote on all matters, and have no nominations to the open service positions.

After the last Area meeting: Our Gratitude Speaks would like to make a motion to change the printing of

the Area Meeting Schedule from bi-monthly to once a month.

1) whereas the meeting schedule changes have been occurring more than every month, the updating of

the meeting schedule will better serve the still suffering addict and in particular the newcomer.

2) whereas the cost of printing is based on a per copy amount, printing half the number monthly would be of

minimal additional cost to the Area.

Thank you for the opportunity to serve.

In loving service,

Keith

OUT AND ABOUT: Chris M No Donation

Hello my name is Chris and I'm an addict. The Out and About meeting of narcotics anonymous still meets every Friday from 730 to 8:30 PM in the big room at the Alano club. We average about 50 people at every meeting with 3 to 5 newcomers. Our meeting usually has people from treatment centers and halfway houses attending it. We are in desperate need of home group members and we have service positions open within the group. We have no money to donate to Area this month. Thanks ILS

Chris M

ROUNABOUT: LouAnn \$25 Donation

Roundabout meets 7 days a week at the Alano club. The meeting is well attended by 20-30 addicts with lots of newcomers.

We have a \$25 donation and are ready to vote.

ILS,

Lou Ann P.

SISTERS IN THE SOLUTION: Sasha \$10 Donation no emailed report recieved

New Beginnings: Absent

WALK YOUR TALK Maike \$50 Donation GSR Report for Walk YourTalk We meet Monday through Friday 12-1 at First Baptist Church on 27th. Corner of Northern Lights and la Touché Our attendance has improved ... YAY! We have decided to stop the Saturday meeting until further notice. We have potluck lunch on Wednesday please join us. Bring a dish or just enjoy. We have \$50 to donate. We have a nomination Ready to vote. In grateful service. Maike

907 RECOVERY: Amy U. \$20 donation no emailed report received

VALLEY GSF: Chad Verbal Report

SUBCOMMITTEE REPORTS: All submitted reports are included.

NEWSLETTER: Nick B. 907-202-1108 Nick B

Absent- Report read by Jen B.

PUBLIC INFORMATION Chris M

Hello my name is Chris and I am an addict,

Public information meets the Sunday after area meets at 4 PM at Peggys restaurant upstairs.

Public information has a small core group of members who continue to be involved end of service and I would like to thank all who serve on Public Information and for anyone Who does service for narcotics anonymous, like Sandy P used to say ♥□

We did have a booth at the VA stand down the third week in October. I would like to thank Jay S for manning the booth. We would like to remind the groups to be mindful of our schedule cycle in regards to any changes they would like to make to their groups meeting time and/or day.

I thank the fellowship for allowing me to humbly serve....

Chris M

HOSPITALS AND INSTITUTIONS: Absent- emailed report-

I have not received my literature for October but it will be delivered soon. I sent a list of women from the valley to the security officer at Hiland Mountain for certification.

ILS

Michael P.

ACTIVITIES Verbal Report

LITERATURE: Amy U.

Hello family.

The literature committee reports in October the committee made 2 orders from Naws with the combined amount of 1915.00. With the 2nd order of Guiding Principles which again sold out.

We have the \$264.00 that area gave us to order more with the 10/24 literature order.

For the month of October the Literature Committee sold 1939.00 of literature.

We have 254.00 in cash on hand.

For the record Valley H&I and Anchorage PI's orders are in. You can call or text to make arrangements for pickup.

The literature committee brings a motion to area and is asking groups to agree as a housekeeping order to allow the new literature book Guiding Principles to become part of Anchorage Areas rolling inventory. The literature committee is asking for the amount of 165.00 or 15 books.

I.L.S

The literature committee

RCM Report Arlene-

Alaska Regional Service Committee RCM

Anchorage, AK 99508

Nov 07, 2016 Report for AASC

My name is Arlene; I'm an addict. AK Regional Service Committee met on Oct 29th, 2016 in Fairbanks Golden Heart.

Present were Chairperson Lou Ann P., Vice-Chair is vacant, Secretary Summer K. telephonically, Treasurer is vacant. Anchorage RCM Arlene L., Anchorage Alt-RCM absent., Golden Heart RCM Tony A., Kenai RCM Dennis A. telephonically, H&I Chair Doug P., Convention Chair Dave S. from Golden Heart., RD Tony L. absent, Alt-RD Frank P., PI vacant. Literature vacant. Audrey Kenai, Susan S. Anchorage, Frank Z. Eagle River, and Sean Golden Heart

AK Region Service Committee still has the following positions still open at the Regional level with the following clean time requirements as follows:

- | | |
|---------------|---|
| 1. Vice-Chair | 7 years, 1 year of Regional service |
| 2. Treasurer | 5 years, 2 years Regional or Area level service |
| 3. Literature | 5 years, 2 years Area level service |

All eligible service members need to step up and participate. I have 4 nominations to bring to your home groups. Audrey from Kenai H&I, Alan McQ Anchorage and Dave S Golden Heart for ARSC Alternate RD, and Doug P for PI – I will attach qualifications.

The ARSCNA draft is on still on akna.org. Please have your groups review. Should you like a hard copy get with me after the meeting. It's only 11 pages long. If you can't print it out I will be happy to print for you. Amendments are in red.

ARCNA XXXII was Oct 28 to Oct 30, 2016 in Golden Heart Fairbanks. I have no details of how much money is there. Golden Heart will have a post-Convention meeting on Wednesday, December 7th, 2016.

A motion for ARD Funding of \$1000 to WSZF passed. Regional Phone Line – update contact and meeting lists was mentioned. Revised guideline review was briefly tabled until January 2017.

Barrow added to Regional phone line.

Next year ARCNA Convention XXXIII will be in Anchorage and Dave L. Chairperson. The 1st meeting is in progress.

Regional workgroup for remotely outreach VTC line in remote communities tabled to next regular meeting

The next ARSC meeting is Tuesday, January 17th, 2017, 6:30pm.

Teleconferenced

Call Toll Free (866)390-5250

Access Code 7488087 # Sign

In loving service, Arlene L. Anchorage Regional RCM

Sharing Session:

When the convention is in Anchorage do the groups want the convention chair to be accountable to Area yes or no?

Do the groups want Convention in the fall, that is sept oct or nov to be in the guidelines? Yes or no

Old Business:

Area secretary- Melissa C passed

Treasurer- Frank Z passed

New Business

Looking for H&I Chair Person Nominations

Vice Chair Nomination Doug P

Doug P Qualifications for Vice Chair of Anchorage Area

I meet the minimum qualifications. I have 20 years clean, which exceeds the 4 year minimum. I have over 2 years of service in Area Service, which includes Newsletter Chair, RCM besides other service and commitments.

I want to serve Anchorage Area groups including the Valley groups to help us carry the message of freedom from active addiction. As Vice Chair, I believe it is my role particularly to support the panel leaders and the GSRs.

I have a homegroup, which is Clean and Serene. I have a sponsor. I look forward to learning and growing in the course of doing this service.

Nomination for Area Chair Ash A.

Ash A. Qualifications for Area Chair

Hi I am Ash and I am grateful for the nomination as Anchorage Area Chairman. My qualifications are I have been clean for 6 years my clean date is 10/20/2010. I have and sponsor, a home group, and I am familiar with the 12 steps, 12 traditions, and 12 concepts. I have a coffee maker in many groups. I help start three new groups that are still going on in one form or another. I have been a gsr for 2 years, I have been a H&I chairman for 2 1/2 years, I have been a H&I panel leader for 2 years, I have served on every committee in various forms and fashions. Thank you for the consideration

In Loving Service

Ash A.

Poll on the Regional Guidelines Revision

Anchorage and Kenai Area members have reviewed the draft revision to the Regional Guidelines, and there has been conversations with Golden Heart members about it. There are a number of proposed changes about which the guideline ad hoc committee is seeking advice from the fellowship.

We need to get a poll of the groups to dial in the revisions. Essentially voting is as follows:

1. "Yea" – this means "we are in favor of it" or "Pro"
2. "OK" – maybe it does not please us, but we can live with it the way it is.
3. "No" – this means "we are against it"

Also there is a "Comment" line. A brief comment is welcome.

The draft revised guidelines are attached that show proposed changes highlighted in blue in the context of the full guidelines. There are a number of significant items introduced into this guideline. The guideline reviewers have found these satisfactory, so these items listed below are not included in the poll. I invite members to look these over within the attached draft revised guidelines.

- Vision Statement
- Part IV -- Secretary section has been re-written.
- Part VI -- RD Section has been modified.
- Part XI – H&I Section has been introduced.
- Part XIII – Regional Committee Member(s) section was introduced. RCMs answer to Areas and not Region, but this sets out expectations.

There are a number of minor changes or edits, which also show up in the draft.

There are 6 items in the poll. PLEASE COMPLETE THE POLL AND RETURN IT at the next Area meeting. This is not a vote; it is an opportunity to provide feedback and guidance.

Please feel free to contact me if any of you want assistance completing the poll.

In Loving Service.

Doug P Doug_poage@yahoo.com 244-6030

Motion by Clean and Serene

Motion to Allow Public Information to print Meeting Schedules Once a Month If Needed
Clean and Serene makes a motion to allow the Public Information sub-committee to print schedules once a month if said sub-committee deems it is necessary due to significant changes. If no significant changes are necessary, Public Information may decide to keep the same schedule and color for a second month.

Background: Anchorage Area passed a motion in 2012 to print the schedule once every two months to save on the cost of throwing out and printing new schedules. The Area was hovering close to the prudent reserve and has been for several years. Although this saved some money, many times schedules were not accurate due to the dynamic nature of Anchorage Area's meeting times and venues. Anchorage Area's funds are now well above prudent reserve at this time.
Intent: This new motion will allow Public information to respond to significant changes in the schedule, by updating the schedule if necessary. This motion also allows discretion to save costs when no changes have occurred.

Friendly amendment by Joe C (clean and serene) that PI can decide monthly or stay the same based on changes made.

Motion and Action items to take back to groups are in red

ADHOC Committee report for teleconference- no report- none of members of committee present.

Ash A was elected Area Chair

POLL on the Changes to the Regional Guidelines

Regional Service Committee

Part i, Part 8 – **Conditions of Nomination(s)**

Subpart a (iii) introduces a provision to approve waiving clean time. The language is as follows:

“RSC should not waive clean time unless there is unanimous approval to waive the clean time”.

We do not have a provision for waiving clean time. Kenai suggested this provision.

Yea,

OK, can live with this change

No,

Comment: _____

Part I, Part 6 – **regarding groups that are not within an Area**, The following provision gives groups the means to make a motion at the ARSC meeting.

“Groups outside of “Areas” may be heard, but do not vote. Chair may introduce a motion on behalf of Group or Groups that are geographically outside of an existing Area. Such a motion would still require a second and would be treated like any other motion.” I

Groups outside of Areas do not have a voting presence. They can speak but cannot introduce a motion. This gives them that ability.

Yea,

OK, can live with this change,

No

Comment: _____

Part I, Part 11 – **Removal from the ARSC Quorum**. In the course of reviewing the Guidelines, Kenai has “would like to see this part I (11) guideline removed”. This is what it reads now:

“If an Area is not represented at two consecutive ARSC meetings then they cannot vote at the next RSC meeting in which they are present.

The reason for this motion is the quorum count is important to getting business done. If there are 4 Areas and only 3 show up, then they are saddled with achieving unanimity to get anything done. Kenai, in a spirit of unity and cooperation, would like it to read:

“If an area is not represented at two consecutive ARSC meetings, the Chair or Vice chair will contact the area and open a line of communication as to why no RCM has been present and determine if the Area needs help in reestablishing itself back into the Region.”

A compromise is as follows:

“If an Area is not represented at two consecutive ARSC meetings then they cannot vote at the next ARSC meeting in which they are present. In this event, the Chair (or someone designated by the Chair) is tasked with reaching out to the Area to determine why the Area is not participating at Region, and what assistance the Region might provide to help the Area to reestablish itself in the Region. The Chair would provide a brief report of this effort at the next Regional meeting.”

Yea,

OK, can live with this change,

No

Comment: _____

Convention Guidelines

The full section of the Draft Convention Section of the Guidelines is reprinted below. Other elements of this section are either standard practice or have been overtly adopted by ARSC.

A. Part 3 – Should the guidelines state that we should have convention in the Fall?

“Convention shall be held in September, October or November each year.”

Some have responded the Fall convention is traditionally in the Fall and like it. Another recalls a time when we had a convention in the Spring, and 2 years ago we had a hotels and hospitality chair advocating for a Spring Convention. Since Region typically has a convention every year, it would complicate the seed money and timing to have the event in Spring.

Yea,

OK, can live with this change,

No

Comment: _____

B. Part 6 – This section includes the current practice of an Area electing the Convention Chair.

“The host Area shall elect the Convention Chair who meets the qualifications set out in part (7)(v) and (7)(vi) of these guidelines. At the same time, the host Area may remove a Convention Chair by a 2/3 vote of the host Area groups.”

The provision to remove the chair has been added. Since the Area elects the Chair, this gives the host Area the ability to remove the chair by 2/3 majority of the Area groups.

Yea,

OK, can live with this change

No

Comment: _____

C. Part 7 and 9 – Should the Convention Chair be accountable to the Area and the Region?

“Part 7 -- The convention chair is accountable to the host Area and the ARSC”.

The rest of the Part 7 section is a justification: “While the convention is a Regional event, the host Area is in the best position to respond to Convention committee needs and issues as they arise, monitor Convention progress, and coordinate Convention events with local Area events. Also, the ARSC is less able to respond because it meets less frequently than the host Area, and it is possible the RCMs would need to take decisions back to their Areas, which would further delay ARSC response”.

Part 9 just expands on how the convention Chair would be accountable.

Yea,

OK, can live with this change

No

Comment: _____

XII. CONVENTION SUB-COMMITTEE

1. Use the approved WSO Convention Guidelines. - The purpose of the ARSC Convention is to celebrate recovery. This purpose does not override NA's primary purpose. Ii
2. Convention subcommittee is a subcommittee of the ARSC.
3. Convention shall be held in September, October or November each year iii
4. Convention is hosted in turn annually as follows: Kenai, Anchorage (2017), Golden Heart, and Anchorage, and Kenai, etc. iv
5. Annually, at the October meeting, the next year's Host Area should commit to hosting the convention. If the Area whose turn it is to host in the cycle declines to host, then the next Area in turn shall have opportunity to host, unless Golden Heart or Kenai decline to host, in which case Kenai or Golden Heart may elect to host instead of Anchorage, who would have just hosted. V
6. The host Area shall elect the Convention Chair who meets the qualifications set out in part (7)(v) and (7)(vi) of these guidelines. At the same time, the host Area may remove a Convention Chair by a 2/3 vote of the host Area groups.
7. The convention chair is accountable to the host Area and the ARSC. While the convention is a Regional event, the host Area is in the best position to respond to Convention committee needs and issues as they arise, monitor Convention progress, and coordinate Convention events with local Area events. On the other hand, the ARSC is less able to respond because it meets less frequently than the host Area, and the possible need by RCMs to take decisions back to their Areas delays ARSC response time further.
8. The Convention Chair (or designee) shall provide a report to the ARSC on behalf of the Convention Committee at its regularly scheduled meeting.
9. The Convention Chair (or designee) shall attend the host Area committee meetings and update the host Area committee on convention planning and progress, and to coordinate activities. The host Area groups (fellowship) shall support the convention committee by providing the human resources and ideas necessary to put on the convention.
10. The ARSC shall provide the convention seed money to host the convention. This is maintained in the Convention bank account, which typically does not change between conventions.
11. Convention chair (or designee) will submit a Convention report and transfer all funds in excess of the seed money to the ARSC treasurer within 45 days of the Convention. If the Convention earned no proceeds above the seed money, the ARSC will make the seed money whole for the next convention committee.

iv This was adopted by resolution in 2014.

v Sometimes the smaller Areas are not up to hosting a convention. If Anchorage has just hosted the convention, then it is appropriate to hold it elsewhere the following year, so if GH declines, it should go to Kenai or vice versa.