

## **AASC Minutes for March 6, 2017**

**OPENING OF THE MEETING:** Ash

**READINGS:**

Service Prayer- Wayne

Decorum Statement- Patrick

Twelve Traditions- Jen

Twelve Concepts- Darren

Vision for NA Service- Maike

**APPROVAL OF LAST MONTH'S MINUTES:** Wayne & Luanne

**ROLL CALL:** 11/19 groups (½ plus one = quorum)

**NEW GROUPS TO BE RECOGNIZED:** Just for Tonight 1130pm Saturdays St Marys sponsored by 907 recovery

**AMENDMENTS TO AGENDA:** Add NA at the VA

**ADMINISTRATIVE COMMITTEE REPORTS:** Reports submitted are included here.

**CHAIR-** Ash thank you all for attending we need nominations and more members to get involved in service so if you have sponces get them in the middle of service could use help in all committees. ils ash

**VICE CHAIR:** Doug P. Verbal Report

**SECRETARY:** Maike Thank you to everyone for continuing to email reports!

**TREASURER:** Please see forwarded email for spreadsheet and report

**GROUP REPORTS:** Secretary received emailed reports from the following groups, unless otherwise noted

**CLEAN & SERENE:** Shannon \$80 donation

Clean & Serene meets Sunday (Holy Family Cathedral) and Thursday (St. Anthony's) evenings. We have good attendants at both meetings.

We donated \$80 to NA Area for the month of March.

We are ready to vote on all issues.

Shannon

**EAGLE RIVER GROUP** Michelle Z \$20

March 6, 2017.

The Eagle River group of Narcotics Anonymous meets at the Joy Lutheran church in Eagle River Alaska.

Eagle River meets Monday's Wednesday's, Friday's and Saturday's from 6;30 to 7:30 pm.

We have \$20.00 donation to Area.

We are prepared to vote on all issues.

Blessed to Serve,

Michelle Z.

**FROZEN CHOZEN:** Wayne W. \$40

**GONG SHOW:** Absent

**HIGHER GROUND:** *Absent*

**CLAIM YOUR SEAT** Patrick- no donation

**LIFESAVERS** Darren \$20 Donation

**MORNING AFTER:** No Donation

**THE NA WAY:** Absent

**OUR GRATITUDE SPEAKS:** Keith- No Donation

Our Gratitude Speaks meets Tue and Thur mornings from 6:30 am until 7:30 am upstairs at the Alano Club. We are an open meeting.

This past February found attendance dismal with 6 visitors in addition to the 2 always there members. We only made rent when the 2 regular members ponied up the rent money. We have no donations for area this month. So, our rent is paid, out supplies and literature stocked, and thanks to the recent fundraisers we have a hand painted logo and a 30 year anniversary Basic Text to display on the table. It looks really nice.

We have discussed ending the Our Gratitude Speaks meeting due to lack of support. The fact that there is a large thriving AA group meeting downstairs is in the positive column. The fact that there is no other early morning NA meeting in town is the best reason our members have for continuing to slog on. Perhaps employed and morning people are a thing of the past.

Keith, our GSR, has 2 years Area service work, this month, and eligible for an area service position. He is looking for a good fit, as he is employed full time and unavailable during the day. We have no nominations at this time. I have read and approve last month minutes and we are ready to vote.

In Loving Service, Keith

**Just for Tonight:** Morgan- No Donation

**OUT AND ABOUT:** Absent

**ROUNDABOUT:** LouAnn \$25 donation

The group meets 7 days a week and we are welcoming to all, especially the newcomer.

ILS,

Lou Ann P.

**SISTERS IN THE SOLUTION:** Sasha \$10

**New Beginings-** Absent

**WALK YOUR TALK** Mike M. \$50 Donation

Hello Family, My name is Mike and I'm an addict. Walk your talk meets Monday through Saturday from 12p-1pm on the corner of 27<sup>th</sup> and LaTouche at the American Baptist Church. We have continued to see steady attendance and lots of newcomers. We have our monthly potluck meeting this Wednesday.

Please come and enjoy some food and of course experience, strength, and hope. We held the Cajun feed fundraiser for the Convention on Saturday and we had total gross earnings of \$873.00. We will be donating that total to the Convention. We are ready to vote on all nominations and have a \$50.00 donation for area tonight. We look forward to the coming month and thank you very much. In Loving Service, Mike M

**907 RECOVERY: Mikal- No Donation**

Mikal addict.

I am the GSR for 907 Recovery. We meet Monday through Saturday at 4PM, at St. Mary's Church, 2222 E. Tudor Rd., at the corner of Tudor and Lake Otis.

Our average attendance is 10 addicts, with as many as 20 from time to time. We usually have at least 1 newcomer at every meeting. As a priority of our group conscience, we read from the literature at almost every meeting. Our rent is paid for the month, we have no contribution to Area this month, and are ready to vote on all issues.

Thank you, in loving service, Mikal

**NA at the VA:** Absent

**VALLEY GSF:** Absent

**SUBCOMMITTEE REPORTS:** All submitted reports are included.

**NEWSLETTER: Nick B.** 907-202-1108 Nick B

Actively Seeking Submissions

**PUBLIC INFORMATION** Absent

**HOSPITALS AND INSTITUTIONS:** Joe

E gave out last months literature to the panels needing it. We had an h&i meeting with 3 attending. There should be more orientations happening if the person running for h&i chair is nominated. Thanks in liking service jose.

**ACTIVITIES** No Report

**LITERATURE: Erik M**

Verbal Report

**RCM Report** Absent

**Convention Chair-** Absent

**Sharing Session:**

**Old Business**

Introduce Valley Teleconference Motion- Valley had 4 people come to represent. Will attend as often as possible but would like the option to call in.

## New Business

A motion authorizing the Mat-Su Valley groups to teleconference or videoconference (hereinafter called “teleconferencing”) into the Anchorage Area meeting.

This motion is introduced on behalf of the Valley GSF.

The motion will authorize the following:

1. Valley Groups may teleconference into the Area meeting by means of video- or audio-conferencing equipment.
2. Groups will convene together at one mutually agreeable location for the teleconference with Area. This reduces costs and complexity and fosters some unity.
3. Valley groups participating in the Area teleconference have all the rights of other group attending the Area meeting including the ability to make and discuss motions, vote, and are counted as part of the Area quorum.
4. While a teleconference group can bring a nomination for an Area officer, this motion does not waive the requirement that a nominee for an Area office need to be present at the Anchorage meeting to be nominated.

Intent of the Motion: This motion is intended to make an accommodation for geographically challenged groups that live in the Valley. Representatives from the Valley must travel an hour to the Anchorage Area meeting, and accordingly, we have seen low Valley group participation. This enables the Valley groups to participate in the Area meeting more easily.

Costs: This motion might cost Area \$100 in equipment costs to help make this work. We need to get a wireless mike and get a blue tooth speaker to help the audio at least. Region would pick up the telephone costs.

Introduce regional budget- please see forwarded email.

Motion to waive Audrey B clean time requirement for regional H&I. Groups voted a few months ago 10 yes 0 no. We tabled vote until a motion waive the vlean time was brought by Kenai, which it has.

Vote for Shannon D 10 yes 0 no

### **Invitation for nominations**

Literature Chair- Morgan D was nominated in February

"907 Recovery nominated Morgan D for Literature Subcommittee Chair.

Morgan's qualifications are as follows: Current GSR for *Just for Tonight* group, Acting GSR for *907 Recovery* group from 2014 to the present, Activities subcommittee participant 2010 to 2013, and Roundabout Secretary 2009 – 2011. Morgan is currently assisting the Literature subcommittee.

Morgan has been clean since 11-15-2009. "

Public Information

Hospitals and institutions- Victorious was nominated in February Qualifications were in February Minutes.

Activities- Current chair not able to continue after term

Regional Committee Member

### **Recap of action items**

**Motion for teleconference**

### **Announcements**

Next area 4/3/2017 at BP Energy Building

Motion to close

March 6, 2017

TO: Anchorage Area NA Group

FROM: Frank Z.

RE: Treasurer's Report

This past month, I balanced our books; we paid phone service \$82.40, the rent for our storage unit, \$92.00, paid for schedules, \$96.60, reimbursed literature for \$262.93. We have a Bank Balance of \$3,593.67.

I.L.S,

Frank Z

**2017 and 2018 Draft Budget**

2017					2018				
category	2017 budget	Change from 2015 budget	expense	budget balance	Category	Budget	Change from 2016 budget	expense	budget balance
Public Information	\$350	-\$150			Public Information	\$350	-\$150		
Phone line	\$1,200	-\$50			Phone line	\$1,200	-\$50		
web host	\$12	\$0			web host	\$12	\$0		
Translation	\$0	-\$500			Translation	\$0	\$0		
Outreach	\$1,200	\$700			Outreach	\$500	\$0		
Entertainment Project	\$0	\$0			Entertainment Project	\$0	\$0		
H&I	\$1,000	\$250			H&I	\$800	\$50		
Administration	\$600	-\$100			Administration	\$600	-\$100		
Donation to NAWS***	\$300	-\$150			Donation to NAWS***	\$600	-\$150		
Insurance	\$1,700	\$200			Insurance	\$1,700	\$200		
WSC	\$0	\$0			WSC	\$2,000	\$0		
Assembly or workshop	\$250	-\$250			WSC Assembly or Work	\$1,000	-\$500		
WSZF	\$2,000	\$1,000			WSZF	\$2,000	\$1,000		
Convention Contingency****	\$2,000	\$2,000			convention contingency				
Learning Days					Learning Days				
<b>Total expenditures</b>	<b>\$10,612</b>	<b>\$2,950</b>			<b>Total</b>	<b>\$10,762</b>	<b>\$300</b>		
income**	\$5,000				income**	\$8,000			
**Income is assumed to be \$3000 from the 2016 GH convention, and \$2000 in Area donations.					**Income is assumed to be \$6000 from the 2017 Anchorage convention and \$2000 in Area donations.				
*** "Donation to NAWS" is stipulated in the guidelines as 10% of convention profit.					***Donation to NAWS is 10% of the estimated convention revenue of \$6000.				
**** Convention Contingency funds are meant to assist Convention but will be returned to Region after the convention with profit.					*includes pre-Assembly CAR workshops in FAI, Kenai, and Juneau, and Anch.				

Pink color denotes an increase in budget      \$20  
 blue color denotes a decrease in budget      -\$20

<b>DRAFT BUDGET AND INCOME PROJECTION 2015 &amp; 2016</b>	
2017	\$10,612
2018	\$10,762
<b>TOTAL 2-yr BUDGET =</b>	<b>\$21,374</b>
Estimated Funds in acct at end of 2016*	\$13,500
projected revenue from Conventions and Donations**	\$12,500
<b>Account balance plus estimated 2014 and 2015 revenue =</b>	<b>\$26,000</b>
<b>BALANCE OF FUNDS after the 2016 and 2017 Budget Cycle =</b>	<b>\$4,626</b>

## 2017 – 2018 Budget Draft

In looking at the draft budget for 2017 and 2018, note the third column shows the change in budget from the previous even or odd year. Blue is a decrease in budget, and pink is an increase in budget. Overall the budgets have increased. The 2017 budget includes a convention contingency, which should be returned by the Convention committee after the 2017 convention. More realistically the 2017 budget is up \$950 from the \$2015 budget, and the 2018 budget is \$300 more than the 2016 budget. Some discussion of the budget line items are shown below.

**Public Information** – PI committee is responsible for phone line, Region's on line presence, and translations. PR Budget total is \$1550 per year which includes *Public Information, Phonenumber (helpline), and Translation.*

- **“Public information”** budget line item covers regional public relations efforts including cost associated with communicating with Areas and groups, responding to the public, presentations to the public, and health fair booths. For instance, Region typically funds costs associated with a booth manned by Anchorage Area at the Annual School of Addiction.
  - **Goal:** to become part of the statewide conversation on drug addiction. We want to become part of the solution.
  - **Goal:** to communicate with institutions on behalf of the
  - **PI Budget:** \$350 per year.
- **Phonenumber** is the regional help line and includes ACS and Switchboard. Switchboard is the helpline answering service, where a person redirects the caller to a help line volunteer in the community they are calling from or to a regional help line NA member. We have Barrow coming on line and Anchorage wants to use it teleconference with the Valley.
  - **Goal:** to be responsive to the public who are looking for help whether this be (i) the addict or (ii) institutions looking for information about NA.
  - **Budget:** \$1200 per year.
- **Translation** – no budget for translation currently.

**Outreach:** The primary purpose of Outreach is starting and/or supporting meetings in hub communities in Alaska where there are few if any meetings. Currently we have no meetings in Bethel, Kotzebue, Sitka and Nome. The status of meetings in Dillingham, Kodiak and Ketchikan is unknown. (there is no communication with a group of any kind anyway). Juneau is not currently an active Area and we should do what we can to sustain the fellowship there.

Outreach is sometimes used interchangeably with Fellowship Development. FD would include PR and H&I workshops, and traditions and concept work.

### **Outreach Budget:**

**2017:** starter kits (\$300) + rural fellowship development (\$900) = \$1200

**2018:** starter kits (\$300) + PR communication, etc. (\$200) = \$500.

- **Outreach and PR in Hub communities:** Includes Bethel and Ketchikan travel to do some fellowship development there. We need to reach out the these communities. Cut



any travel in 2018 during the Conference year so budget \$500. Public Relations and H&I

- **The starter kits** for new meetings come out of the Outreach budget. The starter kit includes a Basic Text, It Works How & Why, a Step Working Guide, and Just for Today, and 10 *White Booklets*, and a few *Introductory Guide to NA*. Maybe a *Working Step 4 in NA* pamphlet.. Value is about \$60 plus postage. (budget = \$300)

**Entertainment:** There is no proposed budget for entertainment.

**Literature:** No Budget.

**H&I:** This budget is \$1000. Includes \$650 in literature mail out and then \$150 for the Postage. \$815 was the cost in 2014, and \$986 in 2015. 2015 was over budget because of H&I work in the Valley. \$185 is for doing H&I and Working Steps Behind the Walls outreach and training. This is a \$250 bump over the last cycle.

**Administration:** Includes teleconference phone line, post office rent, meeting rent, stamps occasionally. This has been averaging between \$500 and \$600 last few years. Budget is \$600.

**Insurance:** This is the Regional, Area, and Group liability insurance policy for Alaska. It covers all of our events and Groups. Cost has been running \$250 brokerage, and \$1371 to Philadelphia insurer. \$1700 covers it.

**WSC (Biannual World Service Conference)** – This funds the Alternate Delegate travel and lodging to the WSC every two years. This is NAWS Conference where all the delegates from all Regions meet to carry conscience to “World”. It extends for two weekends and the week between. Expense occurs every other year (even years – 2016).

**WSC Assembly or Workshop** – During conference years, this budget funds the CAR workshop in Kenai, Anchorage, Wasilla, and Fairbanks. Some of this money intended for travel to other communities than the Delegate (or ARD) resides in. Some of it is for workshop supplies and rent as required. Full budget is \$1000, a conference year; it is \$250 during non-conference year.

**WSZF (Western States Zonal Forum)** - Alaska is a member of the WSZF. WSZF meets annually. WSZF meeting is 3 days –Friday, all of Saturday, and Sunday until noon. During the Conference years, it reviews the CAR and someone from NAWS attends as well. Budget here is \$1000 each for the ARD and RD, \$2000 per year. Fellowship voted on this in 2016. Motion to fund the ARD to WSZF passed, which increases this budget to \$2000 each year.

**Convention Contingency** – Anchorage 2017 Convention committee sought additional “seed” money because convention 2015 had cash flow issues. Instead of increasing the \$6000 seed, it was decided to put \$2000 into the 2017 budget to help alleviate cash flow issues during 2017 convention planning, which funds would be returned with profits to the Region when the Convention was over. The convention contingency budget line item looks like it “inflates” the budget, but actually the funds are not an “expenditure” so much as a kind of loan. There is a small risk associated with the “loan” in the event that the Anchorage 2017 convention does not earn back the seed plus the loan.