

Area meeting minutes for 11/2/20 Open the meeting at 6:30 with Alec leading Serenity Prayer

**READINGS:**

Service Prayer - Nickelle R

Decorum Statement - Amy U

Twelve Traditions - Ally P

12 Concepts - Alan M

Vision for NA Service - Maike M

APPROVAL OF LAST MONTH'S MINUTES: Frank Z Second: Michael A

AMENDMENTS TO AGENDA: none

ROLL CALL: 8 out of 11 groups ( $\frac{1}{2}$  plus one = quorum)

NEW GROUPS TO BE RECOGNIZED: None Vote to approve new group YAY NAY

**EXECUTIVE COMMITTEE REPORTS:**

**CHAIR:**

Hi Family,

I hope everyone is doing well. I wanted to bring attention to the rising number of cases of Coronavirus in the Municipality of Anchorage, and to informal reports that some folks at NA meetings in our Area may have been exposed at some point. Adhering to the principle of anonymity, I believe it's very important not to spread information about other individuals. However, I believe that it's critical for us to recognize the importance of safety for our meetings. Our Groups are fully autonomous except in matters affecting other groups or NA as a whole, per Tradition 4, and while we must protect the autonomy of our groups, it's also possible that if a large number of people were infected at an NA meeting, that would be a big hit to us all.

I have spoken with the Vice-Chair and other servants, and we felt it was important to send a message to Anchorage Groups reiterating how important it is to strictly adhere to guidelines on health and hygiene. Please maintain social distancing THROUGHOUT a meeting as well as afterwards in an informal environment (smoking by the door, or the equivalent), and ensure masks are worn AT ALL TIMES. Per the NAWS guidance, please reconsider customs such as hugging, circling up after a meeting and sharing beverages. If the situation in Anchorage deteriorates rapidly, please consider temporarily suspending in-person meetings until the situation improves. Remember that we can meet informally as individuals, but as an official Groups we can affect NA as a whole.

One measure we might discuss is a safety message to be read at individual meetings, which I would encourage Groups that are meeting now to read at the top of the meeting. An example might be like this:

*In light of the seriousness of the Coronavirus pandemic and to protect our members at the meeting, please maintain at least six feet of social distancing and wear your mask at all times. If you are feeling unwell or have come into contact with someone who has tested positive for COVID, please stay at home and join us on Zoom.*

One last thing - given how rapidly the situation can change, I ask that Groups and their Service Representatives be flexible. If we have a significant case increase, we may need to do an ad-hoc Zoom meeting or similar so that our Groups can have a discussion, if they deem it necessary - but again, that's if things get much worse quickly.

CDC Guidelines for Safety:

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

NAWS message on Coronavirus:

[https://www.na.org/admin/include/spaw2/uploads/pdf/Coronavirus\\_web\\_message\\_12Mar.pdf](https://www.na.org/admin/include/spaw2/uploads/pdf/Coronavirus_web_message_12Mar.pdf)

**VICE CHAIR:**

Ryan Addict

Thank you everyone for your continued diligence during the rising number of Covid cases here in the area. As a reminder, please be respectful of others beliefs regarding masks and appropriate social distance practices toward individual members. I would like to acknowledge that groups have done an amazing job at communicating the meeting schedule changes, and updating group information. That continuity has contributed greatly to being consistent for the newcomer. I have contacted the area secretary to gather contact information for current subcommittee chairs, and current GSRs. I would like to open a conversation with each of the positions and better understand how area can support the committees and groups within the evolving growth of NA in the area. Please feel free to contact me at any time with any questions or concerns. Thank you for the opportunity to be of service, and I have hope that by working together we can persevere through any approaching challenges by applying the principals of the program.

In loving service, Ryan / ph 907-227-0180

**SECRETARY:**

Heather Addict

Hi Family, Thank you for your patience with me this first month. I will strive to have minutes out by the Monday after area. Please have your reports emailed to me by this coming Friday at [aascnasecretary3@gmail.com](mailto:aascnasecretary3@gmail.com). I am also trying to update email addresses, please let me

know if you are the gsr (or alternate) for your group by email or if you are here and would like to be on mailing list.

Stay safe! ILS Heather 907-903-0682

### **TREASURER:**

Amy Addict

Hello family, First, I want to say, thank you for the opportunity to be of service to Area. I look forward to the growth from this experience and I'm honored to be a trusted servant. Dreana and I have been working diligently to get all the aspects of this position transferred and there is still much work to be done. I hope that by our next area meeting, I have everything in order. She's been gracious enough to assist in this transition and answer all of my questions, and for that I am grateful.

Here's a general breakdown of what's in the pipeline:

- We've created a new e-mail for Treasurer so the future Treasurers have access to all accounts immediately. The new e-mail is AASCNATreasury2@gmail.com
- Venmo and direct deposit into the Wells Fargo account are our only forms of payment as of today. The square account has been deactivated due to the fees and although Venmo charges us to transfer instantly, the fee is 2% less than Square and for "slow" transfers on Venmo, there is no fee.
- The Venmo account information will be changed next month. It will be attached to the new e-mail. I will update the Area Secretary as soon as this is done so she can send out accurate information immediately for donations to Area for next month.
- I do not have access to the bank account yet. I'm currently waiting for a debit card in the mail and hope to have that by the end of the week.
- Dreana and I have to coordinate a time to meet to get the PO Box key and Area filebox to me.
- Once I have access to the account, I'm going to set up an autopay for the storage unit also since the debit card information has changed. It was paid in October.

All that being said, the account balance as of the last time Dreana was able to access it was \$1,775.00. The payment for the PO Box (\$216) was made for a year in October and is due by October 31, 2021. Since we're unable to access the account, we aren't sure if the balance was before or after that transaction.

After doing a little research into Activities deposits and withdrawals, it was discovered that they made a deposit of \$1,228 in April of 2019 and have spent \$826.00. This would mean there is \$402.00 in the Area account for Activities.

ILS, Amy U

## **SUBCOMMITTEE REPORTS:**

### **ACTIVITIES (Ally P):**

Hello family,

Activities met twice last month. We had planned to have an outdoor event on Oct 30th but due to the public health advisory issued on Oct 28th advising Anchorage residents to avoid gathering, a group conscious was made to cancel the event.

I tried to contact all known ticket holders for the cancelled birthday dinner, and successfully reached about half. Everyone I was able to reach said to donate the money collected.

I was also contacted by the previous chair. I am now in possession of the storage key. Joe was unable to find all the donations for the birthday party but gave me what he did have and apologized to the area and committee for spending \$536 entrusted in him and began making payments back when he returned the key. I was given \$50 toward that amount. He still owes area \$486.

Counting the birthday ticket money \$135, the \$50 repaid by the previous chair, and the \$64 that were in my possession, activities currently has \$249. I will venmo \$149 to Area tonight, so Activities only as \$100 outstanding. The committee is planning a virtual Thanksgiving marathon including a speaker meeting and virtual "activities" we would like to use the Anchorage Area zoom number if possible.

ILS,  
Ally P

**CONVENTION (Rob):** no report received

**HOSPITALS AND INSTITUTIONS (Michael A):** no report received

**LITERATURE (Chris M):** no report received

### **NEWSLETTER (Casey H):**

Hello Family!

Merry xmas season 🎄. Newsletter will be meeting on November 17th at 6:30pm on zoom and once we have the link will send out via fb and to our secretary to email out to members. We have reached out to 3 members for some experience strength and hope on their favorite literature and why, as well as, how they have adapted to our "new norm" of meetings. Our hope is to have a

newsletter ready for December area. As always we are open to suggestions via email at [nnewsletter@yahoo.com](mailto:nnewsletter@yahoo.com) or you can reach Casey P or Sasha T via fb messenger and phone. Thank you for the opportunity to serve

ILS

Casey P and Sasha T

**PUBLIC RELATIONS (Shannon D):** Shannon D voted in this meeting

**RCM (Ash):**

Motion 1

A motion to fund two different people each year to attend the western service learning days, and not exceed a financial cost of \$1000 per person. The requirement of submitting a written report highlights the workshops they attended and information or inspiration on each topic. With the intent to allow our fellowship to grow and mature in its service efforts. To support, encourage, and invest in our trusted servants so that they may be inspired and confident in their efforts.

Motion 2

Move Inupiat translation forward cost not to exceed 1000.00

Vacancy positions

Vice Chair of region, Secretary for region.

See regional guidelines for position responsibilities and qualifications

Out reach

outreach report:

Low support from Fairbanks and Kenai (special thanks to Arlene for her help)

Take this back to areas for support request

TVPSA-still running

Made contact with radio stations in villages-radio PSA will start in Barrow

More to come

Emailing updated zoom list

Translation to Inupiat-IP#1- progressing

First round will be 1000\$-super cheap and can be done in a month

Will translate welcome key tag as well  
Rural outreach presentation at WSLD in Nov

### **GROUP REPORTS:**

#### **CLAIM YOUR SEAT:**

Claim Your Seat met on Friday and Saturdays at 10 pm on Zoom mostly, practicing social distancing and wearing masks. Because of lack of support we've made the decision to meet one day a week on Saturday's at 9pm on Zoom because of the Covid-19 uptick.

Our business meeting is the last Friday before Area at 9pm.

For the month of Oct 2020, again, attendance has been extremely low, with mostly homegroup members.

Our literature is stocked, with an exception of needing a Living Clean. Our rent is still due for September and we are accepting any kind of support for our rent space. Currently, we need \$110.00 for September and also \$150.00 for October, and now we will need \$60.00 for November.

We have no ASC donation for this month. As always, we need member participation.

Claim Your Seat is ready to vote on all motions.

In loving service,  
Arlene L.  
GSR

**CLEAN & SERENE:** No report received

#### **EAGLE RIVER GROUP:**

The Eagle River Group of Narcotics Anonymous meets at Joy Lutheran Church, located at 10111 Eagle River Road in Eagle River, Alaska 99577. We have been meeting every Monday, Wednesday, Friday from 6:30 to 7:30 pm.

Recently our attendance averages 5 to 9 addicts.

We have a speaker the first Friday of the month and an annual clean date celebration the Friday after annual clean dates. Our Group Conscious Meeting is the last Monday of the month following our regular meeting.

In loving service,  
Frank Z

### **FROZEN CHOZEN:**

Hello NA Family Chris Addict,  
Frozen Chosen is meeting M-TH and Saturday nights at 730 on Zoom. We can be found at [akna.org](http://akna.org). Our meeting attendance averages 18 people with 1-4 newcomers and treatment centers attending. We welcome home group members and have service positions available. We are collecting 7th tradition through venmo at [frozenchosen.na@gmail.com](mailto:frozenchosen.na@gmail.com). We will be donating \$25 to area at this time. Business meetings are held on the last Monday of the month.  
In Loving Service,  
Chris A

### **HIGHER GROUND:**

We are meeting in person 7 days a week at 7pm, at the Mat-Su Alano Club. We are adhering to digital distancing guidelines as well as Alano Club rules, limiting the meeting to 16 people. We've begun and overflow meeting on the upper level to accommodate up to 8 more members.

Attendance has regularly been reaching capacity.

We are good on rent, supplies, and most literature.

We have \$100 to donate this month, directly deposited through Wells Fargo.

We have service positions available.

**OUT & ABOUT:** No report received

**ROUNDAABOUT:** Not present

### **SISTERS IN SOLUTION:**

Hello Family, Nickelle, addict

We are a women's only meeting that currently meets every Sunday at 2pm & Thursdays at 6pm on Zoom and now have a password of NA. We have anywhere from 5-16 addicts, 1-2 newcomers and one treatment center and always looking for new homegroup members. We currently have Our business meeting is held the Sunday before Area after our regular meeting.

We have a \$50.00 donation this month for area.

We are ready to vote on any matters.

In Loving Service, Nickelle

**VALLEY NOONER:** Not present (not on agenda, error?)

**WALK YOUR TALK:**

150.00 to Area. Meeting 7 days a week via Zoom, 3 days in person Tuesday, Friday and Saturday. 1200 E 27th Avenue.

Yes to Shannon

Yes to Stacie

Yes to Courtney

Marie P is the new GSR.

ILS

Kathy

**SHARING SESSION:**

Chris M, literature chair, needs to know what he has deposited to bank account. There is no access to bank account right now but Amy U, treasure, will work to match it up and let him know

**OLD BUSINESS:**

Welcome Shannon D for PR Chair, Cortney A for Alt Secretary and Stacie A for Alt Treasurer, all voted in unanimously

**NEW BUSINESS:**

Nominations:

Regional Secretary from WYT Maike M.

Clean date 7/24/2011

Thank you for considering me for the position of Regional Secretary



I have a sponsor who has a sponsor , who has a sponsor... I have worked the 12 steps of NA and am currently working steps. I have sponsees that work steps and lead a sponsee step working group that meets weekly. I have a working understanding of the Traditions and Concepts.

List of most of my service to NA below:

Served as the trash taker and Saturday "opener and closer" for 7 plus years @ my home group .

Also Zoom moderator on weekends currently. Have been home group Literature rep and PR rep

Severed as GSR @ for my home group for 6 1/2 years

Alt Secretary for Anchorage Area Service for 1 year

Convention committee member Entertainment, Merchandise and PR committee member 2012, 2014 & 2019

Convention merchandise chair 2017

AD HOC committee member for 3 different committees

I am grateful for an opportunity to serve.

Maike M

#### **RECAP OF ACTION ITEMS:**

Nominations:

Maike M for Regional Secretary

#### **ANNOUNCEMENTS:**

Next area meeting is 12/7/20 at 630pm via Zoom

**MOTION TO ADJOURN:** Chris M    Second: ?

Ryan F took us out with the 3<sup>rd</sup> step prayer