

Anchorage Area NA  
Newsletter

May 2011

The purpose of this newsletter is to keep Anchorage Area Narcotics Anonymous members informed of the events and happenings of our fellowship.

Every attempt is made to adhere to NAWS guidelines and SASC guidelines for newsletters.

The content contained herein expresses the views and knowledge of it's contributors, not N.A. as a whole.

Newsletter Committee  
Members

Amber N. Chair  
Jack S. Member

Never Alone Newsletter  
Meets every 3rd Sunday of the month at The Alano Club, 3103 Spenard Road, 1:30-2:30pm.

Email the newsletter at anchoragenanenewsletter@yahoo.com

NEVER



ALONE



*Comedy Show and Open  
Mic Night*

A **Fundraiser** for Anchorage NA Area

Saturday, May 21<sup>st</sup>

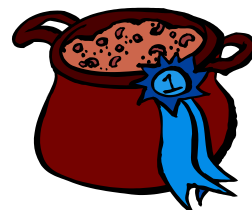
St. Patrick's Church, 2111 Muldoon Road

6:30-7:30pm Ticket meeting

7:30-8:30pm Chili Contest/Dinner

8:30-9:30pm Comedy Show

9:30-?? Jammin' on the MIC



\$10 @ the door (meetings are always free)

All proceeds go to Area!

Promote the Unity of Fellowship and  
attend!

*Sponsored by The Little Girls Grow Up Meeting*

# SLOGANS

Humility is not thinking less of yourself, but thinking of yourself less

Live life on life's terms

You can't think your way into a new way of living...you have to live your way into a new way of thinking

GOD = Good Orderly Direction

Recovery is an education without a graduation

To keep what you have, you have to give it away

Learn to listen and listen to learn

Your worth should never depend on another persons opinion

Our Seventh Tradition states:

“Every NA group ought to be fully self-supporting, declining outside contributions.” In Narcotics Anonymous, we pay our own way to maintain our freedom. By giving freely, we ensure that we have meetings to attend, and we support the services that keep NA alive and growing all around the world. We encourage members to keep in mind that our financial contributions to NA are one of the fundamental ways we can demonstrate our gratitude for the program that showed us a new way to live.

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# My Steps in Action by Dena J.

- Step 1 - Honesty
- Step 2 - Hope
- Step 3 - Faith
- Step 4 - Courage
- Step 5 - Integrity
- Step 6 - Willingness
- Step 7 - Humility
- Step 8 - Brotherly Love
- Step 9 - Justice
- Step 10 - Perseverance
- Step 11 - Spiritual Awareness
- Step 12 - Service

This is the easiest way for me to work the steps, I need to put them into action.

## Newsletter Subcommittee needs... You!

Anchorage NA Newsletter subcommittee needs members that are willing to assist! There is no clean time requirement.

**We meet the 3rd Sunday of the month at Alano Club, immediately following the Round About nooner, 1:30 to 2:30pm.**

Secretary/Typist: Responsible for obtaining birthdays for newsletter, obtaining event information and editing incoming letters for newsletter.

Distribution: Responsible for emailing newsletter to individuals and distributing hard copies to groups (this can be done at Area).

## Character First by Crystal H.

Compassion vs. Indifference: Investing what is necessary to heal the hurts of others.

Decisiveness vs. Procrastination: The ability to recognize key factors and finalize difficult decisions.

Diligence vs. Slothfulness: Investing my time and energy to complete each task assigned to me.

Faith vs. Presumption: Confidence that actions rooted in good character will yield the best outcome, even when I cannot see how.

Forgiveness vs. Rejection: Clearing the record of those who have wronged me and not holding a grudge.

Humility vs. Arrogance: Acknowledging that achievement results from the investment of others in my life.

Meekness vs. Anger: Yielding my personal rights and expectations with a desire to serve.

Orderliness vs. Confusion: Arranging myself and my surroundings to achieve greater efficiency.

Tolerance vs. Prejudice: Realizing that everyone is at varying levels of character development.

Wisdom vs. Foolishness: Seeing and responding to life situations from a perspective that transcends my current circumstances.

## A Personal Service Perspective

My name is Jack and I am an addict. I am by no means an expert on service work. This is my own perspective as I see it as a member of our fellowship. With just a little over 20 months clean many would still view me as a newcomer. I still have a long road in recovery. But I took up service work the minute I walked in the door as a coffee maker and a greeter.

Service work is not a requirement. The only requirement for membership in our program is a desire to stop using, period. Anything beyond that is all suggestions given by our founders and our predecessors. Many of them have said that this is an action not a talking program.

We all have our opinions good or bad. But until we step up and take some responsibility that is all they are. There are many people in our program who step up unselfishly and willingly into service work. They do it for their own recovery and to reach out to other addicts. And they do it to the best of their ability. Is it always the right way, No! Is it always the wrong way, No! But they have stepped up and have tried to the best of their abilities.

I have served as a coffee maker, greeter, GSR, secretary, treasurer and serve on the PI and Newsletter committees. I have not always done it the right way. But when given direction I always took it.

There are always opinions as to whether our fellowship and those in it are doing the right or wrong thing. The best thing to do if we don't agree with what is going on is to step up to service work, offer our input honestly, openly, and open mindedly and try to make a difference. This is a we program. If WE all work together for the common good we can make it a brighter, smoother more attractive fellowship.

In grateful and loving service,

Jack S.

## Area News

In last few months there have been discussions on how to create a healthy reserve for Area. Plainly put, we are going broke. With this in mind there was a motion brought forth: The Anchorage Area cease all spending with the exception of the Help Line, meeting schedule printing and storage unit, until such time that there is a prudent reserve in the Anchorage Area bank account that is equal to three months average expenditures. This motion PASSED at the April NA Area Service Committee Meeting.

What this means: No money is being given to subcommittees (Hospitals and Institutions, Public Information, Activities, Newsletter and Literature) until Area has enough money in reserve. There was an Adhoc Meeting on April 19th to discuss what the exact budget requirements are needed for Area and where we can save money. More will be revealed...

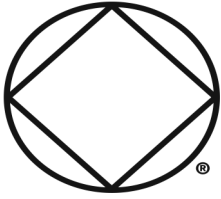
How can you help? On May 21st there is a function **solely** to assist in getting funds to Area and to promote the unity of our fellowship. See page 1 for details! This is a WE program, lets make our Area viable to carry the message to the addict who still suffers. Mark your calendars! Hope to see you there!

### *Second Concept*

*The final responsibility and authority for NA services rests with the NA groups.*

The NA service structure has been created by the groups to serve the common needs of the groups. Our fellowship's service boards and committees exist to help groups share their experience with one another, provide tools which help groups function better, attract new members to group recovery meetings, and carry the NA message further than any single group could carry it alone. Because the groups have created the service structure, they have final authority over all its affairs. By the same token, the groups also have the final responsibility for the support of all its activities. The two go hand in hand.

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Have you got some NA information, news, a recovery related story, or an event you wish to include in next month's newsletter?

E-mail:  
anchoragenewsletter  
@yahoo.com

**RALLY IN THE  
VALLEY  
CAMPOUT**



**June 10, 11, 12**  
**Matanuska River  
Park Campground**  
Mile 17.5 (one mile  
from Palmer)

**FREE**

Contact Renae at 746-4111  
for more info!

# We Do Recover

When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do?

There seems to be this alternative: either go on as best we can to the bitter ends—jails, institutions or death—or find a new way to live. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man's entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all.

This is a simple spiritual—not religious—program, known as Narcotics Anonymous.

Reprinted from the White Booklet, *Narcotics Anonymous*.

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**Opportunity to be of service...**  
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Rob T. was voted in as Activities Subcommittee Chair. Congratulations Rob!

Alan Mc. was voted in as Alternate RCM. Congratulations Alan!

*Did you know...?*

- Alaska has an Narcotics Anonymous website with up-to-date information, recovery literature and links to everything NA? Check it out! [www.akna.org](http://www.akna.org)
- Narcotics Anonymous has more than 58,000 weekly meetings in 131 countries world-wide.

**Mark your calendars for these upcoming events!**

**June 3-5** 5th Annual Valdez In-tents Recovery Campout.

**June 10-12** Rally to the Valley Campout.

**July 15-17** Fairbanks Blowout.

**August 26-28** Kenai Campvention. If you need more info or want to help contact Dan 741-1175 or Tera 394-4961.