

# Anchorage Area NA Newsletter

June 2011

The purpose of this newsletter is to keep Anchorage Area Narcotics Anonymous members informed of the events and happenings of our fellowship.

Every attempt is made to adhere to NAWS guidelines and SASC guidelines for newsletters.

The content contained herein expresses the views and knowledge of it's contributors, not N.A. as a whole.

## Newsletter Committee Members

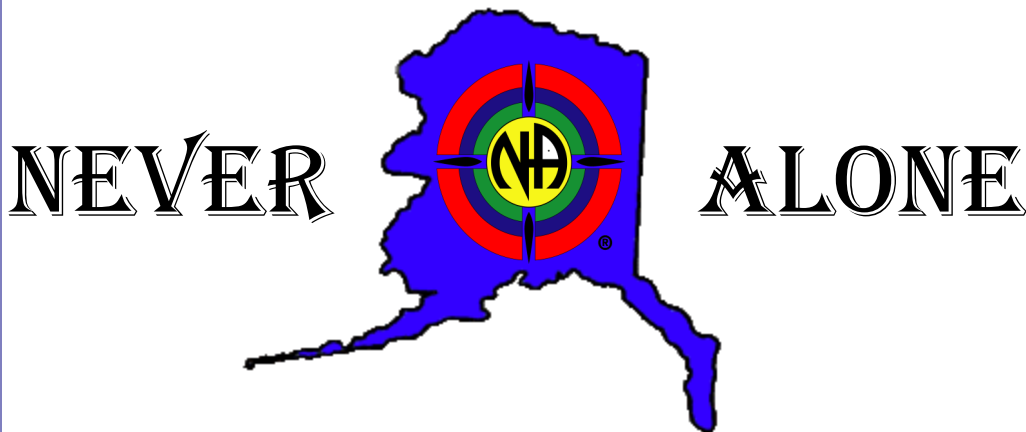
Amber N. Chair  
Jack S. Member

Never Alone Newsletter  
Meets every 3rd Sunday of the month at The Alano Club, 3103 Spenard Road, 1:30-2:30pm.

## Clean Date Anniversaries

Nedra, May 22,  
Celebrating 30 days!

Maggie, May 25,  
Celebrating 1 year!

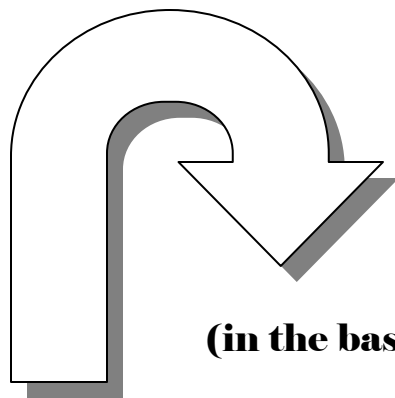


## Thank you Little Girls Grow Up!

The Area fundraiser and open mic night hosted by Little Girls Grow Up on May 21st held at St. Patricks church was a smashing success and raised over \$900. A big thank you to **Lanny**, who not only **won the chili cook off** but was also one of the first there to help set up and one of the last to leave after clean up. There were many NA members that attended and a majority of the crowd was made up of newcomers. Welcome and Keep Coming Back! Sadly, there were key subcommittee members that didn't show up and show their support. All the funds brought in from this event is going to Area so we can get back on track and fund the subcommittees. A few months ago groups voted for Area to put a hold on funds except for the basics; phone line, schedule printing and storage fees, until we can come up with a budget and a set amount for Area money reserve.

One instance of how lack of funding to subcommittees is hurting Anchorage Area NA is lack of literature available. At my home group, Round About, we regularly order literature and key tags through the literature subcommittee monthly. Because there is no funding at this time, literature was not available to order as we normally do. This was a surprise because we, as every other group does, pay for our own literature. It is my understanding that because the seed money from Area was not available to the literature chairperson, Round About had to order on our own and pay the higher shipping fee, which sadly gets passed down to the addict buying the book at a higher cost than usual. This is but one instance of how not supporting Area impacts everyone. I am sure others reading this have stories of their own groups having difficulties as well.

Lets remember this is a WE program of recovery, not an "us and them". Lets work together to suit up, show up and do our part in order to carry the message to the addict who still suffers, both in and out of the rooms.



## **New Meeting!**

### **ROAD OF RECOVERY**

**2-3 pm**

**Tuesdays & Thursdays**

**315 Price**

**(in the basement of the Boys & Girls Club)**

## SLOGANS

It's a simple program for complicated people

Take what you can use and leave the rest

Help is only a phone call away

FEAR Face Everything And Recover

FEAR False Evidence Appearing Real

Recovery is an education without a graduation

We're responsible for the effort - not the outcome

Addicts heal from the outside in.....but feel from the inside out

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### *Quote of the month:*

Before coming to the Fellowship of NA, we could not manage our own lives. We could not live and enjoy life as other people do. We had to have something different and we thought we had found it in drugs.

Excerpt from Why are we here?  
*Narcotics Anonymous*, Copyright © 1976, 1983, 1986, All rights reserved.

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## Step on it: One member's interpretation

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Step 1: I had an old clunker parked in the driveway. I tried to fix it, but just made a bigger mess of things.

Step 2: I couldn't fix it, but I believed someone else could.

Step 3: I turned the car over to a mechanic.

Step 4: I took an inventory of all that worked and didn't work on the old clunker.

Step 5: I shared the inventory with the mechanic.

Step 6: I prepared the car to have all the old parts removed.

Step 7: I left the rest to the mechanic.

Step 8: I made a list of all the damage done by defective parts and lack of service.

Step 9: I admitted that I hadn't checked the oil and fluids properly or fixed the other things that were going wrong. I committed to correct the damage and make things right.

Step 10: I maintained the car regularly, and when I didn't, the engine didn't hummmmm, so

I would quickly make corrections.

Step 11: I called on the mechanic to help me understand and maintain my car.

Step 12: That mechanic and I became such close friends that we took a trip together across the country, and stopped to help other motorists along the way.

- *Anonymous, Mumbai, India*

*Reprinted with permission from The NA Way Magazine, April 2011.*

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Hospitals and Institutions subcommittee currently serves the following facilities:

Akeela House, Cordova House male and female facility, Genesis House, Reflections, Anchorage East/West jail, Parkview, Highland Mountain, Stepping Stone.

**H&I meets the last Thursday of the month at the Westmark Hotel at 7pm.**

Thank you H&I for your dedication and service work!

Current Chair Jeff L., Vice Chair Casey P. At this time Terry H. has been nominated for Chair.

## ARSC 2012 Proposed Budget

2011 Budget	2012 Budget (proposed)	2013 Budget (projected)	
Public Information \$480	Public Information \$500	Public Information \$500	2011 budget \$4,808
Phone line \$600	Phone line \$1,500	Phone line \$1,500	2012 budget \$9,175
web host \$0	web host \$0	web host \$0	<b>TOTAL BUDGET \$13,983</b>
on-line mtg \$125	on-line mtg \$125	on-line mtg \$125	Funds in acct at end of 2010 \$5,917
Translation \$0	Translation \$0	Translation \$0	revenue from 2010 Convention \$13,557.97
Outreach \$1,000	Outreach \$1,000	Outreach \$1,000	2011 world donation \$1,356
Entertainment \$500	Entertainment \$500	Entertainment \$500	<b>REVENUE BALANCE = \$18,119</b>
H&I \$633	H&I \$750	H&I \$750	<b>BALANCE OF FUNDS = \$4,136</b>
Administration \$470	Administration \$600	Administration \$600	Revenue needed for 2013 \$3,239
Donation to NAWS	Donation to NAWS	Donation to NAWS \$400	
world service conference \$0	world service conference \$2,200	world service conference \$0	
WSZF \$500	WSZF \$1,000	WSZF \$1,000	
<u>Assembly \$500</u>	<u>Assembly \$1,000</u>	<u>Assembly \$1,000</u>	
Total Budget \$4,808	Total Budget \$9,175	Total Budget \$7,375	

### Proposed ARSC Budget 2012

The ARSC proposed budget for 2012 is an overall increase from 2011 by \$4367. The 2012 budget increase is primarily due to costs associated with attending the biannual **NA World Conference** (\$2200) and the **Western State Zonal Forum** (\$1000). For lack of funds, ARSC did not fund the RD travel to WSZF in 2011.

The rest of the 2012 budget increase is due to a \$900 increase in the **phone line budget** (part of PI) from \$600 to \$1500. In order to make ends meet, Fairbanks dropped its phone line and adopted use of the regional phone line in late 2010. As the phone traffic has increased, phone costs rose during January and February from \$55 per month to \$95 per month. And Juneau, to improve phone line service, is also going to avail itself of the regional phone line service in 2011.

The **Public Information** and **Outreach** budgets, which are administered by the PI subcommittee for meeting starter kits, regional public information efforts, and outreach efforts, is unchanged from 2011. The \$500 entertainment budget is for a campout such as was seen in the Matsu Valley, Kenai, and Valdez over the past few years.

The **Administration** budget is for the ARSC committee and subcommittee teleconference fees, which is a separate account from the phone line service. Administration budget is up \$130.

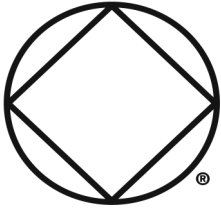
The **H&I budget** pays for a literature disbursement statewide to correctional institutions. H&I Budget is set at \$750. A 2012 GSR assembly is also planned. The World Conference Agenda Report (CAR) will form the basis of the 2012 Assembly agenda. It should be an important Assembly because of the organizational changes being considered by World. The 2012 donation to World, \$400, is based on realizing \$4000 profit during the 2011 convention. This will change with whatever profit the convention makes this year.

ARSC made a donation to world in February. The donation was \$1356, which was 10% of the 2010 convention profits. The funds in the regional bank account at the beginning of 2010 were \$5917. The revenue from the 2010 convention, after donating 10% to world, was \$12,201. The balance of funds before any 2011 expenditures is \$18,119. The cost of the 2011 and 2012 budgets is \$14,383, and there is a \$3,736 projected balance of funds after 2012, or the prudent reserve.

A projected 2013 budget is drafted and included for information sake. In order to fund 2013 services at the 2012 budget levels, Region would need about \$4000 in additional revenue above the prudent reserve.

ILS,

The ARSC Budget Subcommittee



Have you got some NA information, news, a recovery related story, or an event you wish to include in next month's newsletter?

E-mail:  
anchoragenewsletter@yahoo.com

**RALLY IN THE VALLEY CAMPOUT**



**July 1, 2, 3**  
**Matanuska River Park Campground**  
Mile 17.5 (one mile from Palmer)

Camping Fees  
(paid to campground)  
\$10 camping fee/night  
\$15 per vehicle w/hookups/night  
Contact ReNae W. at 907-351-0790 or jordon@mtaonline.net for more info!

# We Do Recover

When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do?

There seems to be this alternative: either go on as best we can to the bitter ends—jails, institutions or death—or find a new way to live. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man's entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all.

This is a simple spiritual—not religious—program, known as Narcotics Anonymous.

Reprinted from the White Booklet, *Narcotics Anonymous*.

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## 5th Annual Valdez In-tents Recovery Campout

**June 3-5 @ Valdez Glacier Campground \$20 per night**

Hosted by Better Late Than Dead (BLTD) NA of Valdez

### SCHEDULED ACTIVITIES:

**Friday Night:**

8pm Bonfire Welcome

9pm Speaker Meeting

**Saturday:**

10am Speaker Meeting

NOON Speaker Meeting

NOON Hosted Kids' Party

6pm Camp Dinner

Dinner is prepared by BLTD!

6:30pm Prize Raffles

Clean-Time Countdown

8pm Speaker Meeting

9pm Live Music by the Klondike Kates

**Sunday:**

10am Fellowship Breakfast

Prepared by BLTD

11am Speaker Meeting

NOON Break Camp/Clean-up

Campers are responsible for:

~ Individual Site Fees ~ Clean-Up Of Their Site ~ Personal Meals

BLTD Provides for FREE:

~Meeting Coffee and Snacks ~Main Site Firewood ~Saturday Kids' Party & Activities ~Saturday Camp Dinner ~Sunday Fellowship Breakfast

108 Campsites, Showers, Restrooms, 5 miles from downtown Valdez

Chris K. @ (907) 255-2641

Available during the weekend: 2011 In-Tents Zipped Hoody \$40  
Campsite Firewood \$3/bundle, Soda/ \$1/can Water \$1/bottle,  
Raffle Tickets \$5/each

**DIRECTIONS:**

- ~ Travel South on the Richard-son Hwy heading to Valdez.
- ~ Turn RIGHT on Airport Road (Mile 0 @ flashing stop sign)
- ~ Travel 1.5 miles to camp-ground.
- ~ Signs will be posted to sites.