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NEVER ALONE



Anchorage Area NA Newsletter November 20, 2012

The purpose of this newsletter is to keep Anchorage Area Narcotics Anonymous members informed of the events and happenings of our fellowship.

Every attempt is made to adhere to NAWs guidelines for newsletters.

The content contained herein expresses the views and knowledge of its contributors, not NA as a whole.

Newsletter Committee
Members

Chair/Editor: Doug P
Staff Writer: Derek W
Contributor: Mandie G

Never Alone Newsletter Committee meets weds at 6pm at Kaladis on Brayton Drive

Have you got some NA information, news, a recovery related story, or an event you wish to include in next month's newsletter? E-mail:
anchoragenanewsletter@yahoo.com

ANCHORAGE AREA MEETING — NOVEMBER 5, 2012

Secretary's Email: aascnasecretary@gmail.com

Anchorage Area Service Committee met in regular session on November 5.

Treasurer Report

No Report. Tabled until Josh, new treasurer, can get with Terry, the exiting treasurer.

Old Business:

1. The Web servant advisory vote was tabled. There was considerable confusion about the what and why this poll. [This vote was to advise Area whether groups wanted Web servant to be (a) within the Public Information subcommittee, or (b) be its own standing subcommittee.]
2. Dena J was not voted in as alternate treasurer.
3. Jeff W was voted in as the new PI Chair.

New Business (Action Items)

1. **Vote for Lou Ann P as Regional H&I Chair.** Recovery Connection nominated Lou Ann for Regional H&I Chair. After Rick M was transferred to Oregon, Lou Ann wanted to step up to this long vacant Regional position. Lou Ann has been active in H&I for years, routinely conducts orientation for new H&I panel members, and meets the clean time requirements.
2. **Complete the Regional Inventory** — Tami will email this again to the GSRs. You may email them back or bring it to the next Area meeting.
3. **Web servant Advisory Vote:** Groups should decide if they want Web Servant within PI subcommittee or as its own standing subcommittee.

AREA PI Report

As PI Chair Pro Temp, Jeff W chaired his first PI meeting in October. What a turn out — approximately 10 members were in attendance. At the meeting, PI subcommittee reviewed what it does. This includes:

- Presentations about NA
- Attending health fairs, e.g. *Booth School of Addictions*
- Maintaining the Phone Line,
- Mail Outs to professionals (routine quarterly function)
- Maintaining and publishing the Area Schedule (nod to Joe C)
- Public Service Announcements (late night, radio, etc.)
- Stock literature racks at high traffic zones (Dry Dock,

Alano Club, Saint Mary's)

As part of the PI strategy session, the subcommittee members discussed doing institutional presentations. Maybe if some of these institutional gatekeepers knew something about NA, it might pave the way for our H&I.
PI meets on the Sunday, following the Anchorage Area meeting, at Peggy's Café (upstairs) at 6:30 pm.

Public Relations

OUR VISION IS THAT ONE DAY:

NARCOTICS ANONYMOUS HAS
UNIVERSAL RECOGNITION AND RESPECT AS A
VIABLE PROGRAM OF RECOVERY



Regional News

Alaska Regional Service Committee of NA (ARSCNA) held its regular Fall meeting at the Convention on October 27. There was a quorum of Areas present including Anchorage, Golden Heart, and Kenai. Juneau was absent.



Report From Areas

- Kenai *Public Information* committee has really taken off. Members attribute the success to Kenai members identifying gatekeepers at treatment centers and institutions, making appointments, and phoning them up or meeting them.
- Kenai is donating literature to various facilities. Funds raised as part of the Campvention are going to good use.
- Kenai donated \$2000 to the ARSCNA.
- Golden Heart has next year's convention Theme Contest going on.
- Golden Heart selected Anne H to be next year's Convention Chair.

Old Business

- Susan S was nominated as Region Vice Chair (Anchorage brought the nomination).
- Tony L was nominated as Alternate Regional Delegate (Anchorage).
- Rick M nomination for Regional H&I Chair was withdrawn. (Moved to Oregon)

Insurance Ad Hoc Committee Findings

Dennis, the chair of this committee, reported that he had talked to "Steve at World" to get advice on insurance. Steve told Dennis to get more than one quote and sug-

gested he read the NA World Services Bulletin #33, *USA Liability Insurance Bulletin*,

Dennis requested several quotes and received one good response and another so-so response. The first quote is by a local (Alaskan) broker who is providing insurance from Philadelphia which is mentioned in the NAWS Bulletin on insurance, and which insures many US Regions.

Dennis received a hard copy of the insurance policy with its list of protections and exclusions. The quote amounted to \$1087 per year, which assumes we have 300 members. (Dennis consulted with several members to arrive at this estimate of members.)

The second (out of state) broker was "not as forthcoming". Dennis could not get a hard copy of the quote. When Dennis asked the broker a question, the broker did not seem to know the answer.

Also, for the out-of-state broker insurance, each event or group would need to be listed to be insured. Given the dynamics of NA, listing 100% of groups, events and officers 100% of the time might be a challenge. On the other hand the insurance represented by the local broker appears to be more flexible and understanding (according to Dennis).

The insurance provision will be listed in the budget and it will get approved (or not) by approving (or not) its budget. Accordingly the estimated budget is currently \$1000 to \$1500. If the budget is approved, ARSCNA will buy it.

Comments included (i) the Convention paid \$250 for liability insurance this year to hold it at Millennium. Tami mentioned that lack of liability insurance had been a bar to low-rent facilities in the course of planning Anchorage Activity events (Tami was Anchorage Area Activities Chair a



H&I News

H&I supports the following Institutional panels. Debbie S. is pro-temp H&I subcommittee chair. *Contact any of the following panel leaders to get involved!*

- Akeela House — Sasha
- Anchorage Jail East — Tony L.
- Cordova Ctr — Need New Panel Leader
- Anchorage Jail West — Craig O
- Hiland Mountain — Susan S
- SARP— Ash A.—pending vote
- Reflections — Judy
- Parkview — Jobear
- Clitheroe — Jack and Eric



H&I meets on the 3rd Thursday of the month at Wing & Things at 36th and Arctic — come on down and get your orientation.

couple of years ago).

New Business

- Per the guidelines, the ad-hoc budget subcommittee was set up and Doug P appointed as Chair.
- Lou Ann P stepped down from Regional Literature and was appointed Regional H&I Chair Pro temp.

Announcements:

- ARSC needs PI and Literature subcommittee nominations.
- Next ARSC meeting will be held in December Date TBD.

Anchorage Jail Request for Help: H&I needs help with Anchorage Jail East and West. Please contact Doug at 244-6030 for an Anchorage Jail Clearance

FROZEN CHOZEN invites YOU

This is request from the Frozen requesting members with some recovery to attend our meetings. The Frozen Chozen meets Monday through Thursday from 7:30 to 8:30 p.m. at the Dry Dock (8141 Briarwood in south Anchorage).

Now there has been controversy, personalities before principles, and general conflict at this meeting. However as a home group member I would like to draw attention to an important fact — a lot of new addicts attend this meeting.

Regularly, we have anywhere from 30 to 50 addicts in attendance including many people from treatment centers and other institutions. Frozen, on the other hand, has only a

handful of members with enough clean time and recovery to share a clear NA message to these new faces.

My hope is that program members may put aside “personality conflicts” or other issues, come together, and help us carry a message of hope at this meeting. Finding some time in your busy week to come on down to the Frozen just might be by rewarding

Hope to see you there

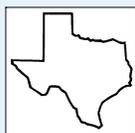
In loving service

Anonymous



The Nooners — a meeting in the Esperanza Area of NA (covers San Antonio and surrounding area)

I recently went to Texas on a family business trip and arrived ahead of everyone else so I was by myself. I had printed out the San Antonio meeting schedule but I only had the last page, which fortunately included Sunday. I decided to go to the Nooners and called a cab. The Cab could not find it for a while. We drove over the railroad tracks and I arrived a little late.



The Nooners is located in a non-descript house in an old

neighborhood. Inside, it was all NA — our Steps, “25th Nooners Anniversary” tee shirts, sayings on the wall, a “Spirit of Unity” Convention Bag, and more.

The people spoke differently, dressed and looked differently, and yet I was at home. I like going to meetings, and I was able to do it there like I do it here.

Later in the week, I came back to the meeting and arrived on time. I was able to announce myself as a visitor from Alaska, which was cool. They asked me to pass out key tags.

Not long back in Alaska, I got a call from a Nooner.

Elsworth

GENERAL LIABILITY INSURANCE

In response to a motion from the Kenai Area in July, the Alaska Regional Service Committee of NA (ARSCNA) has formed an ad hoc committee to evaluate buying *Liability Insurance* to protect our resources and groups. The best source of information about “Liability” is NA World Services Bulletin #33, *USA Liability Insurance Bulletin*, which can be found on the NAWS web page. This bulletin details the what, why, who, and how of liability insurance in over 6 pages. This piece draws heavily from the bulletin.



Many of our members are not familiar with Liability Insurance. Many think it unlikely that accidents or injury may befall us at a meeting or an activity. For others, this “discussion may seem too organized for NA”. The truth is that “NA trusted servants, groups, and committees have exposure to liability and liability insurance can provide vital protection for these individuals and our fellowship’s funds.”

What is liability insurance? “Liability” means legal responsibility to a another party or organization for one’s acts or omissions (non-actions). Failure of a

person or party to meet that legal responsibility leaves one open to a lawsuit for damages, a sum of money.

A liability insurance policy is a contract between an insurance company and a party (in our case the Alaska Region) interested in protecting itself from suits by injured party(s) due to acts or omissions by itself. The insurance company would defend (us) against the party filing suit and pay the damages as required.

A regional liability insurance policy costs much less than coverage for a group or an Area. The insurance policy being considered by the ad hoc committee would cover the groups, area and regional service committees, and group, area, and regional activities including our campouts, proms, and conventions.

It is important in the coverage to list the groups, service committees, and events covered. And that would challenge us a bit as our groups/meetings come and go, and our activities change.

What is the cost of Liability Insurance for our Region? That is going to make or break the deal. The latest Liability Insurance cost estimate for the Region is on the order of \$1000 to \$1500 per year.

November 22

Thanksgiving NARATHON

St. Patrick's Church
(2111 Muldoon)

Starts: Noon on Thanksgiving

Ends: Noon on Friday

DINNER at 6 pm

SPEAKER MEETING at 7:30 pm



NA OCTOBER—NOVEMBER BIRTHDAYS

- ◆ Marie R. 1 year — 10-29-11
- ◆ Sage S. 1 year — 11-6-11
- ◆ Beaver 2 years — 11-9-10
- ◆ Angelique N. 7 years — 11-15-05
- ◆ Sean C. 10 years — 11-17-02
- ◆ Diane 16 years — 11-12-96
- ◆ Richard M. 23 years — 11-7-89
- ◆ Paul L. 30 years — 11-11-92



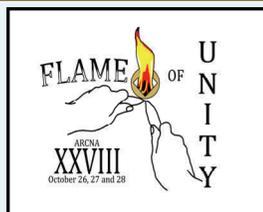
Sponsor Shop

Find a Sponsor— Be A Sponsor

Sunday, November 18—Alano Club

1:45—3:45 PM

Xmas Narathon —December 25th — John Thomas Bldg (3rd and Cordova) more later.



**Convention 28
Big Success!**

Oh ye committee members, *Breath!*. Convention 28, the celebration extravaganza for all, is behind us. *Thank you committee.*

Thank you Lori and programming team for the wonderful speakers; not only did they share a hope-inducing message of recovery at the convention, but they brought a message to our H&I facilities' Akeela House, Genesis, Stepping Stones, and Clitheroe.

Lori emphasized contributions from her team Crystal, Jobear, Summer, Alan, DJ, and Casey and special thanks to Kathy W for her computer help. Also "A special shout out to Ellsworth for outreach to pipe in the speakers to various institutions".

Thanks to the Hotels and Hospitality group, Tony L, Chair, and ready and reliable Carol K. There was a little chaos with the Millennium contract but all turned out well; Millennium gave us the coffee gratis. There was plenty of good food and (bonus) we could buy meals up until meal time (almost unprecedented.)

Catelyn and the Entertainment team kicked off the celebration on Thursday night. Thank you Geoff and Jobear, and whoever else I am missing, for the Italian dinner. Thanks to Joe and Chris for

the sounds. Thanks to the Speakers Sharon and Berry!

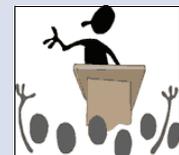
Special mention goes to Geoff for auction production and thanks have to go to Terry S, auctioneer, Sage as Vana W, and everyone who contributed, including Charlotte for the Quilt, and Maiké who seemed to be everywhere. Thanks to Blaze and the live band. Way to go Catelyn

Thank you Charlotte and your registration committee: Mary, Angelique, Peter, and Neal. The desk was always manned (or womanned).

Who do we thank for the nice ass cups and hoodies? Why Merchandise of course! Thanks go to Norm, Kirsten, Ash, Ashley, and Mary. Big time Thanks to Merch Chair Tami M!

Out & About Hosts

**FRIDAY NIGHT
SPEAKER JAM**



November 30 @ Alano Club

DOORS OPEN @ 7 PM

**Free Food!
Door Prizes**

Alaska Region Convention 29 (2013)

Theme Contest

Winner gets a FREE Registration Package!

Due by November 30th

**Contact Anne H: 907-347-9623
(anne@annemholte.com)**

Thanks go to Isaac for the newcomers and treatment center outreach!

Thank you Dave L for Banners and Signs!

Finally we need to thank the Executive Committee including Chris M (Vice Chair), Kathy (Secretary), and Terry the treasurer. We want to acknowledge Rick M, who rode this bronco as the Convention Chair until a couple of weeks before the event, when he was transferred by his work to Oregon. Thanks to Alan for stepping in.

Mostly, thanks to all of you who went, who bought a registration package, who dressed in a costume on Saturday night, who attended a workshop, or who just hung out.

It was a *Celebration of Recovery* indeed.