

RECYCLE THIS NEWSLETTER
After reading, return it to the Rack



**Anchorage Area NA
Newsletter
February 20, 2013**

The purpose of this newsletter is to keep Anchorage Area Narcotics Anonymous members informed of the events and happenings of our fellowship.

Every attempt is made to adhere to NAWS guidelines for newsletters.

The content contained herein expresses the views and knowledge of its contributors, not NA as a whole.

Newsletter Committee Members

Chair/Editor: Doug P

Staff Writer: Derek W

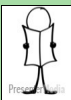
Contributor: Mandie G

**Never Alone Newsletter
Committee meets Tues at 6pm at
Kaladis on Brayton Drive**

Have you got some NA information, news, a recovery related story, or an event you wish to include in next month's newsletter? E-mail:

anchoragenewsletter@yahoo.com

SUBSCRIPTION: Send an email to the Anchorage NA news to request an electronic copy of newsletter.



ANCHORAGE AREA MEETING — FEBRUARY 4, 2013

Secretary's Email: aascnasecretary@gmail.com

Area News

Anchorage Area met in regular session on February 4.

Treasurer's report – This month there is a balance of \$2833 in the Area bank account, which is \$1333 over our \$1500 prudent reserve. For the month, expenditures exceeded income by \$3052, which was mostly a result of two literature orders falling in the same month. More importantly, the expenditures for the year exceeded income by \$248, which is pretty flat though tending downward a bit.

Group News

“Recovery Connection” has changed its name to “**Meeting on the Corner**”. *Meeting on the Corner* meets on the corner of 13th and Gamble across the street from and north of Carrs at the “Web” at 5:30 pm on Friday.

Shout out to the Valley groups: *Valley Nooners* and *Saturday Night Live* were represented by Lori and Dave respectively at our Area meeting.

Action Items

Round About brought a motion to waive guideline rule that subcommittee chairs be present for nomination so Debbie S could be nominated for H&I chair next month. If this passes, Round About is prepared to nominate Debbie S as H&I Chair. Debbie S is the current H&I Chair, and cannot attend next month's nomination meeting in person. She is willing to participate and answer questions by phone (or Skype).

Voting yes would allow Debbie S to be nominated for the H&I subcommittee chair.

Area Action Items (continued)

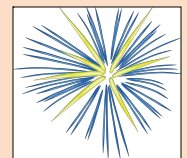
**SUBCOMMITTEE CHAIR NOMINATIONS DUE
IN MARCH**

- **Public Information** (Jeff W has served as chair since August and is willing to serve a second term)
- **H&I Chair** (Debbie S has served as chair for several months and is willing to serve another term)
- **Literature Chair** (Charlotte D is willing to serve another term)
- **Newsletter Chair** (Open)
- **Regional Committee Member** (Open)
- **Alternate RCM** (Carol K is willing to serve again)
- **Activities Chair** (Open)

Vote on the motion that Anchorage Area host the 2014 Regional Convention. Clean and Serene brought the motion. The convention is awarded to an Area up to 2 years in advance of the convention. Areas typically ask to host it.

Since Anchorage is the largest and most centrally located Area in the Alaska Region, it is appropriate that Anchorage host the Convention at least every other year. Golden Heart (Fairbanks) is hosting the ARSC convention this year.

Voting Yes supports bringing a motion to the Region that Anchorage host the 2014 convention.



Area Action Items (Continued)

The Alaska Region bi-annual budget vote.

The Alaska Region bi-annual budget has been drafted and forwarded to the groups/Areas for approval. A majority of the Areas must approve the budget. See proposed ARSC budget below.

For the full budget narrative and comparison with the 2011—2012 budget go to the [Region page of AKNA.org](#)

Voting yes supports approving the Regional budget. If the majority of Anchorage Area groups approve the budget, then Anchorage would vote to approve the budget at Region.

Vote for Dennis A, Regional PI Chair

Qualifications: Dennis has 23 years clean, has held the PI chair of the Alaska Region and Anchorage Area. Den-

nis held the position of PI vice Chair of the World Convention in Australia in 1991.

As Regional PI Chair, Dennis plans the following: He wants to bring the message of recovery to the geographically remote areas of our state. Particularly, he believes we can better reach out to our Alaskan hub communities such as Barrow, Nome, etc. “I don’t think we need to spend a lot of money to do this. We need to get our help line number out; using Public Service Announcements on local radio stations is an effective way to do this. Kenai has done a lot of PI very inexpensively of late.”

Voting Yes supports a vote by our Area at Region for Dennis A to be PI Chair.



Proposed Alaska Region 2-year Budget (2013 and 2014)

2013 Budget (projected)		2014 Budget (projected)	
Category	Budget	Category	Budget
Public Information	\$500	Public Information	\$500
Phone line	\$1,250	Phone line	\$1,250
web host	\$12	web host	\$12
on-line mtg	\$0	on-line mtg	\$0
Translation	\$500	Translation	\$0
Outreach	\$500	Outreach	\$500
Entertainment Project	\$0	Entertainment Project	\$0
H&I	\$750	H&I	\$750
Administration	\$700	Administration	\$700
Donation to NAWS***	\$789	Donation to NAWS***	\$600
Insurance	\$1,100	Insurance	\$1,100
WSC	\$0	WSC	\$2,000
WSZF	\$1,000	WSZF	\$1,000
Assembly	\$500	Assembly*	\$1,000
Total Expense budget	\$7,601	Total Expense Budget	\$9,412
Estimated Income**	\$9,387	Estimated Income	\$7,500
**Income is assumed to be \$5887 from the 2012 convention, \$2000 from the GH Convention, and \$1500 in Area donations.		**Income is assumed to be \$6000 from the 2014 convention and \$1500 in Area donations.	
***Donation to NAWS is 10% of the estimated convention revenue of \$6000.		***Donation to NAWS is 10% of the estimated convention revenue of \$6000.	

The Local Service Unit

In May 2012, delegates at the NAWS bi-annual Conference approved the service system “in principle”. This piece discusses the Local Service Unit concept.

The Local Service Unit (LSU) is the “workhorse” of the proposed service system with responsibility of carrying the message outside of NA meetings. Services would be delivered through a mix of *project based workgroups* and *ongoing or routine services*.

Examples of *routine services* overseen by an LSU Board include:

- H&I Panels
- Phone lines
- Literature Supply
- Meeting List

Project-based services might include:

- Public Relations work such as a presentation to Youth Court personnel.
- Convention
- Outreach activities.

The LSU would have a “*Board*” similar to what we have at Area now (RCM might be called “Area Delegate” and the Subcommittee chairs might be called “Service Coordinators”.) The **LSU Board would meet monthly** to coordinate our business.

GSRs would meet with the LSU Board in so called “*Planning Conferences*” every 3 or 4 months. The focus of the Board is business and the focus of the planning conferences (triannual or quarterly meetings) would be to prioritize goals and activities, approve workgroups and budgets, monitor and report, change direction as needed, evaluate service delivery, and elect the Board.

One of the Planning Conferences would be an **Annual Assembly**. The Annual Assembly would be a planning event that gathers input from everyone to set service priorities. The Board, GSRs, and all members would be encouraged to attend in order to plan for the coming year.

How Might the LSU Work?

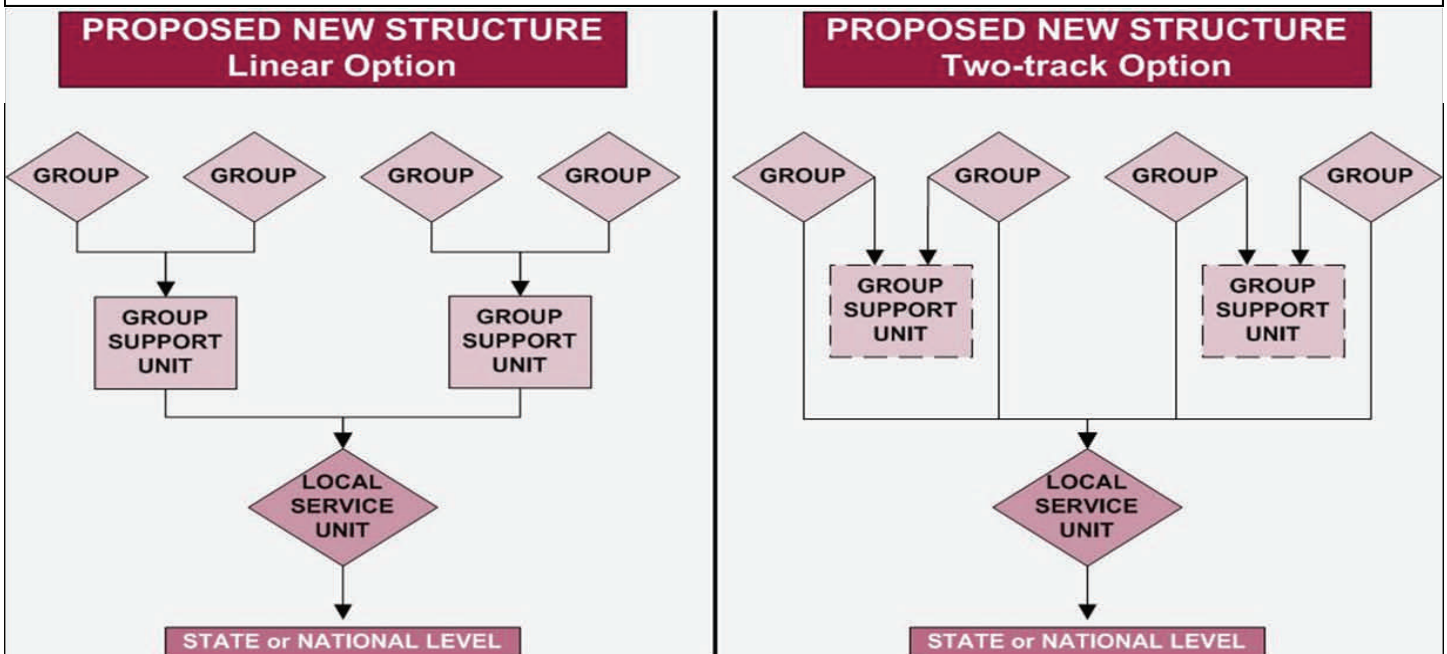
The Board meetings would be more focused, without the group reports. Service coordinators would identify progress and discuss challenges. Strategies to address persistent service issues could be identified and/or developed as an agenda item at a quarterly planning conference.

Much of the group mentoring would be done by the Group Service Units (neighborhood group service units) instead of the LSU. The concepts and traditions presentation currently done at Area would roll over to the GSUs.

Activities would be treated more as a series of projects instead of viewed in light of the Activities Chair term. Members could help with some events and not others to avoid burn out and resentment. The activities coordinator would be tasked with managing the funds, confirming events that we want to do, and possibly finding groups or members to take responsibility for an event. Having projects could help avoid burnout.

See below for proposed options for organizing an LSU. The two track option has most popularity. An area in Oregon experimenting with options is going with the “linear option”, GSUs are represented at the LSU. Regarding a Valley model, the linear option would probably work best to reduce the number of people that need travel to Anchorage for the LSU meeting.

Of course there is less burden on the groups in any case if the full LSU meets quarterly. The burden would be on the GSU to meet monthly to address group service issues.





MARK YOUR CALENDER — EVENTS



Now *Announcing the*
Alaska Regional Convention 29 (2013)

LOGO CONTEST

LOST DREAMS

- ◆ Logo must be based on the Theme “Lost Dreams Awaken”
- ◆ Submit by **March 1, 2013**
- ◆ Submit to **ARCNA29@AKNA.org**

NA JANUARY—FEBRUARY

BIRTHDAYS

- 🎂 Zan, Jan 5 — 8 yrs.
- 🎂 Joe C, Jan 6 — 2 yrs.
- 🎂 Laura H., Jan 6 —1 year
- 🎂 John T. , Feb 13 — 10 yrs.
- 🎂 Priscilla H., Feb 17 — 2 yrs.
- 🎂 Terry H., Feb 18—7 yrs.
- 🎂 Roger S. Feb 5 — 2 yrs
- 🎂 Amber B. Feb 10 -- 1 yr
- 🎂 Wolf Feb 18 — 1.5 yr
- 🎂 Mellissa C. Feb 4 — 3 yrs
- 🎂 Dena J. Jan 27 — 18 yrs



H&I Literature Drive

H&I is requesting members and groups to donate NA books for addicts. Many of those we reach out to have no literature. Have an old book? — we can put it to good use! Any of the panel leaders can take books or bring to Area!



Out & About Hosts
@ Alano Club—Feb 22
DOORS OPEN @ 7 PM

Free Food!
Door Prizes

FRIDAY NIGHT SPEAKER JAM



NA Prom Fundraiser March 10—3:30 PM—Alano Club

- ◆ Bring your secret family recipe - enter the cook off
- ◆ Handyman auction
- ◆ \$7 at the door
- ◆ Speaker meeting
- ◆ Silent NA Auction



WCNA 35: 29 August – 1 September 2013

Philadelphia, Pennsylvania, USA

“THE JOURNEY CONTINUES”

We are delighted to report that registration and hotel packages are on sale! We hope that members avail themselves of the hotel packages we’ve made available. We did our best to contract with hotels that seem to meet members’ needs as illustrated through the San Diego World Convention where we experienced hotel attrition. Since we would like members to use our hotels, we will be holding *three drawings for three free room nights* to members who book their reservation in these hotels by the early bird registration deadline. Since the hotels for this convention are close to the convention center, we



will not be offering busing to members for meetings.

Registration is \$89 from February through July; on-site registration will be \$99. As a reminder, WCNA 35 will be a registration-required event. We hope that

you will register early which will save you money that you may want to target for entertainment or an excursion around Philadelphia. Our entertainment contracts are nearly all in place; we are under contract for Blues and Jazz Luncheons and are finalizing entertainment for Saturday evening.. Visit www.na.org/wcna for updates.