



## **Mandy H Regional Delegate Report April, 2019**

Dear Trusted Servants:

**WSLD-** Western Service Learning Days, We have interest in hosting this event as a region for 2022 by all the areas in the region and have decided to put a place holder. The steps to proceed are listed below.

**Project planning and facilitation process-** This opportunity would allow us to get organized, unified and further our primary purpose while educating our trusted servants on how facilitating a committee meeting or area inventory can flow easily and productively. 3 Options to proceed with this are listed in my report below.

**Training tools and technology zonal work group-** we are creating training tools for Technology platforms used internally as a zone. We are also creating a zone video that highlights efforts working well in each region and technology platforms being used. When the video is done it can be shared with members.

**Fellowship development zonal work group-** offering a chance to connect PR chairs and H&I chairs from each region in the zone on zoom to share ideas. I emailed the RCM's options on dates and hope to share with the zone work group when I hear back from the area chairs. **Option 1:** Friday May 24<sup>th</sup> 5-7 pm or **Option 2:** Sunday May 26, 3-5pm. I am also gathering responses from each area about what is needed for our rural areas to grow and presenting that to the zone.

**World conference-** I was able to participate in a Strength, Weaknesses, Opportunity, & Threats (swot) analysis for the world conference. I met with hundreds of delegates from all over the world via zoom.

**Events-** There are many great events coming up in each area. Be sure to stay up to date by visiting <http://akna.org/events.html> Juneau is having a camp out and we need to decide how we are going to support them. I'm trying to gather the details about when and where.

If you're interested in any of the topics I've introduced today there is more detailed information in my report and I'm available to talk, answer questions and brainstorm together.

You can call me at 907-252-5336

**In Loving Service,** Mandy H Alaska Regional Delegate

**WSLD-** If we have a hosting area and chair by November there is no reason we cannot put in a bid. The steps to proceed are listed below.

1. Place card holder or bid presented on site November 2019
2. Pick the hosting area by motion
3. Nominate chair
4. Put in the bid if we have not already done so.
5. Committee meetings held via zoom so members from each area can participate.
6. Steering committee may be at committee meetings as well
7. Execute operation unity, mentorship, and fellowship. Have a great event.

I am attaching a proposal bid example and the budget from this year.

Guidelines say that it needs to be in a city with a major airport. Any elected representative by the region can present the bid or place card holder while in attendance.

**Outside facilitator** when I was at the zonal forum a WSO representative introduced the project planning process and facilitated it. It was amazing to watch how effective facilitation can increase unity, productivity, service efforts and a group conscious. I'd love to introduce this to our areas within the Alaska region.

I had initially come up with the idea that areas conduct inventories and having an outside facilitator come up to facilitate the process unbiasedly which is common practice in other regions. I contacted the WSO representative Steve that introduced this at the zonal conference and have come up with another less expensive option that could give us similar results. I will list options and steps in detail below

### **Option 1**

1. Each area decides if they want to participate
2. Each area does an inventory independently
3. From the inventory, each area picks a few major concerns
4. Fly up a facilitator- Possibly from Seattle or San Diego
  - A. To Anchorage round trip  
From Cali \$500 or  
From Seattle \$220
  - b. To Kenai round trip \$200
  - c. To Fairbanks round trip \$200
5. Each area has one member to house the facilitator for one night

6. Areas invite all members interested in attending and being a part of the process.

We may be able to provide this to our region for \$1000 or under if we decide to.

### **Option 2:**

We could host a regional assembly to do a project planning process at the regional level and invite all the areas to participate with the brainstorming. This would be a two-day event, and regional trusted servants would need to attend. We could schedule some fun activities around the project planning. Zoom would be set up and run during the project planning portion for members that cannot make the trip.

The more members in attendance the better because it would allow them to witness the process of facilitating and project planning and help each area conduct business more effectively. We would begin with issues at region then work down to solutions and a plan of action with a person of accountability and follow update.

It will be beautiful to witness this as trusted servants. Then take back to your area and facilitate area inventory in this manner. It would also help our region become more focused, productive and unified.

If we filled out a form and submitted it to the world board and it's accepted a WSO representative would fly up and facilitate at no cost to us.

If this option is the one you all like we need:

1. A person who is willing to be a point of accountability and take up the work and report to regional committee meetings.
2. A Zoom meeting that includes a workshop on planning could be a good start. Steve is willing to facilitate that from the WSO.
3. A location to host the assembly
4. A date
5. Interest from each area
6. **Submit the request form**
7. If it is accepted, we will need people from each area to help with the planning and work
8. Region and areas will need to decide if they want to contribute some financially and how much
9. Plan a dance or dinner around the training and someone to run zoom.

*Note from Steve Rusch, NAWA Staff*

It is exciting to hear that your region is considering using planning as a means to improve service delivery efforts.

*A Zoom meeting that includes a workshop on planning could be a good start. I am willing to facilitate that from here at the WSO.*

Once that is done, a planning session typically includes a pre-planning exercise or scan, similar to the SWOT that the World Board recently completed. With that information, the planning session will typically take an entire day (6-8 hours), with the result of the first effort being a project or two. Keeping the expectations reasonable at the start is helpful. As the committee gets familiar with the planning cycle, more work can be taken on. Spacing the initial planning work over two days can be beneficial too. It allows the trusted servants to do work between sessions that will keep the planning organized and focused.

Generally, we are willing to support local planning. I invite you to submit a NAWS Participation Request Form if you intend to move forward and want our help in facilitating. Participation requests are considered by the World Board and depend on some variables.

Here is a link to the form: <https://www.na.org/?ID=ws-req-form>

And here is the excerpt from *A Guide to World Services* that identifies the request deadlines:

*Travel requests (considered by quarter) (submit at least 45 days before each quarter)*

*15 May for July-September*

*15 August for October-December*

### **Option 3**

Each area can conduct an inventory and invite a person that knows the planning process from another area to facilitate. The facilitator does not offer insight or information. They only facilitate the process.

What this would offer:

1. A chance to address issues with an unbiased facilitator. Remember facilitators do not tell an area or region what to do they facilitate the process of discussing, prioritizing and resolving with a point of accountability follow-up plan and end date.
2. This would also be an opportunity for members to witness how effective facilitation allows for unity and flow of ideas without a lot of disagreement.

3. Committee chairs and members can replicate this process if they choose by using their knowledge witnessing it and the planning process highlighted on the NA website. This will eliminate a lot of disunity and allow each voice to be heard during our committee meetings.

### **Fellowship development -unite sub-committee chairs together to collaborate via zoom**

Hello RCM'S

I would like to set up a zoom meeting where each of you can invite your H&I chairs/ PR chairs and subcommittee members to attend and meet with other regions committee chairs. This will serve as a way to collaborate with other regions, share ideas and ask questions. Please pick a date that works best for your area trusted servants. Everyone interested is welcomed to attend.

The way the zoom meeting will be structured is:

- *Our guest regions will share what they are working on within H&I and PR.*
- *What is working well and what has not worked well.*
- *Our Alaskan areas chairs can share what they are working on and what they are struggling with.*
- *Then we will open it up for questions & answers.*

I am listing two different dates and times to choose from that do not conflict with other online meetings. **Please email me back which one works best for your area.**

#### **Option 1**

Friday May 24<sup>th</sup>

5-6 pm H&I

6-7 pm PR

#### **Option 2**

Sunday May 26

3-4 pm H&I

4-5 pm PR

### **Alaska Regions request to the zonal work group-Fellowship development**

At the last regional meeting I asked each area to send me how the zone can support their efforts to support rural areas in Alaska and these are the responses I gathered.

- Translation of our literature
- We need to go out to these areas and share our message. Zoom does not show the hope in our eyes the gratitude in our hearts and most important our empathy for the addict.
- Nome, AK could use some literature

- Help to define the Regional literature chair role.
- Support with doing presentations (PR).
- Support for our outreach.
- The zone could help do Regional and Area inventories.
- The zone can provide experience with translation and the pathways and needs about translation.
- The zone can help us be (and practice) being connected as groups, areas, region, zone and to the greater world with the use of technology and in person gatherings.