

Meeting Minutes

Alaska Regional Service Committee
Meeting January 23, 2007

An ARSC meeting was held on line

I. Meeting opened with serenity prayer at 7:13pm.

II. In Attendance:

Nancy B, Chair	present
Ron L, Treasurer	present
Sean C., RCM Anchorage	present
RCM Golden Heart	absent
RCM Kenai	absent
Robert G., Juneau (RCM)	present
H&I, Geoff V.	present
PI, Doug Poage	absent
Convention, Geoff V.	present

III. Reports

Chair Report --

The Regional guidelines states that an Area who shows to 2 consecutive Regional meetings is eligible to vote. Juneau was represented at the last Regional meeting and today's (meeting). This would mean we have a quorum of 2 out of 3 Areas present. Does anyone disagree? [no disagreement]

PI Report -- See report, following minutes.

H&I Report

Brothers & Sisters:

It is a new year and I'm energized by the opportunities before us. We have sent a literature package off to Hiland containing Basic Texts, How & Why, Just For Today, White Booklets and various IP's. have another package ready to send to Arizona as soon as I get the proper address.

Last year; we spent a little over \$700 moving literature on to those less fortunate than we. Those funds came from an anonymous donation and the stock here is depleted.

I would like to present a budget of \$500 (donor will match region budget up to \$500) for literature, postage and whatever the new outreach program presents us with. I can scale back that budget by not moving the texts but staying with White Booklets and IP's; do not wish for us to be as broke as we were at the last 3rd of last year.

I am always looking for your insight and input if you have any ideas bring them to my attention - please

Taking the Fifth-- Spike

Convention Report

Dear All;

We have had our first organization meeting and followed that up on the 11th of this month with a sequence, timelines and budgetary meeting. It looks like we are moving on with the 19th-20th&21st for the dates of the 23rd ARC.

We have set our seed needs at \$5,000 and will move the balance of funds on to the Region upon our treasurers ability to carve out time to hook up with the dual signature deal (Balance should come in at a little over \$5,000).

The seed last year was \$4,735 and although Anchorage Area motioned for a \$6,000 seed; the convention committee choose the 5.

We have had the e-mails laced with innuendos and quotes from the scriptures, I will not qualify them. This 'Committee' is laden-not burden with experienced and trusted servants.

We look forward to providing our sisters and brothers in recovery with a great event (I hope as good as we had last year) that portrays the message and continues to help the addicts looking for inspiration. We wish to be as profitable as possible (this is not our purpose but it would be nice as the convention is the only fund raising event region really has to build a monetary base with which it can carry the message throughout the state).

We will forward the minutes of the convention committee meetings on to all and ask all for their support and positive affirmations.

In N A' s Service - Geoff

Treasurer's Report

There is \$467.11 bank account balance. There are outstanding payables (i) \$140.90 (ACS) and (ii) \$8.00 (Switchboard).

Also, the financial report is posted on the Regional part of the web page.

Anchorage Regional Committee Member Report

Ready to vote on Treasurer. AASC has two motions to bring.

Juneau Regional Committee Member Report

I talked to Tiff (who was representing Juneau at the Convention meeting) about representing us tonight and she said “GO”.

Juneau is hanging in there with five meetings a week. There is a new meeting “Smells Like Teen Spirit”, which meets 4 pm to 6 pm on Friday. We have had no activities since September. We will probably have a campout in May.

IV. Old Business

1. Ron elected treasurer. 2 yea votes

V. New Business

1. Anchorage Area introduced motion to: **“increase the Convention seed money to \$6000.**

Nancy stated that she had distributed emails asking Areas to be ready to vote on on this motion in order to keep the Convention moving forward. Nancy polled the RCMs if they were ready to vote on the motion. They both responded yes. Nancy asked if anyone disagreed with voting on the motion “tonight”. None did.

Motion passed: 2 yea votes.

[Nancy directed Geoff to relay to the Convention treasurer to cut a check from convention minus \$6000. Ron advised Convention to mail it to his home at 1619 27th Ave, Fbks, AK 99701 or make the deposit to the account in Anchorage.]

2. Anchorage Area moves to **“earmark \$2500 for the purpose of Outreach by ARSC”.**

Both Areas were ready to vote on the Outreach funding motion.

Motion passed: 2 yea votes.

VI. Sharing Session:

- [Geoff] Convention has logo contest. Please submit by Feb 15th at noon.
- [Geoff] We (ARSC) need to consider a budget next time.
- [Geoff] Welcome Juneau. H&I provided literature to Lemon Creek. H&I is open to Juneau’s input on how it can best serve.

VII. Closing

Chair's summary: Ron was voted in. Convention seed is now \$6000. Region has set aside \$2500 for Outreach. Draft operating budgets have been introduced (see attached PI report).

Close with the NA 3rd step prayer.

Addendum:

ARSC PI Report

January 23, 2007

Hello members,

It has been busy. Some has been done. There is lots to do.

1. Web page –

- Bob R, who's home group is *One Day Today* in Anchorage, has been assisting on the web page. He brings knowledge and skill to our committee. Bob is committed to serving for one year.
- ARSC bought a Contribute license for Bob R to use and access the web page with. Contribute is web page software that made it possible for even me to do web maintenance, which I have been doing for about a year. This cost \$150.
- We transferred the web page host server from All Alaska Website Service to BlueHost. BlueHost is available to provide technical support 24/7, will register our domain name for free (AKNA.org is our domain name.), and will provide 2500 email addresses to boot. The host rental fee is \$82 per year for 2 years (or \$96 per year one year at a time) which is less than the \$100 per month we had been paying. Thanks go to Bill S. for cooperating in the transfer; the "AKNA.org" was registered to him and listed as owned by him; he acknowledged it was intended for the addicts of Alaska. Again, the new host fee for 2 years paid in December was \$164.
- Primarily we are using the web page for Region. There is a lot the Areas could do on the web page and we have begun trying to make our web page a tool of the areas by posting minutes. For instance, H&I could post a pool of panel speakers, much more so the panel leaders, on an H&I subdirectory. There is a lot to do and we are forging it carefully.

- We are using the *Public Relations Handbook* to guide our activities on our web page. Also we are honoring the World NA intellectual property rights and limit what we post on our page accordingly.
- I have spent the \$830 Web budget that Region provided last year. –

Previous web improvement expenditure	\$510
Contribute license (ARSC owned)	\$150
Web host rent for 2-years paid on 12/06	<u>\$164</u>
Total expenses	\$824

2. Phone Line –

- I called the regional toll free number (Switchboard) and they were using an old schedule; I updated the meeting schedule and advised the switchboard operators to direct addicts to call the local hotlines if they were in those areas.
- I called Switchboard recently and asked who they were directing addicts to when a request came in for a live addict to talk to. The answer was they needed an updated list.
- I will work on this project; this plays into the hands of outreach; as we make a push in a certain area, we may get more calls.
- Switchboard would works as follows: the addict calls in. Switchboard takes his/her number and advises the caller that a recovering addict will call him/her back. Switchboard phones a list until someone fields the request. Said person returns the phone call to addict.

3. Outreach --

- We conducted an outreach planning meeting Saturday January 21. I meant to have the minutes for that meeting done but I have not had time yet.
- “We” currently is limited to the ad hoc sub sub committee that met Sat.
- Briefly, the meeting included discussion about Outreach basics, from the Outreach handbook. The primary purpose of outreach is to help struggling groups. This makes sense because meetings are our primary venue for recovery.
- We have several issues: road system communities and remote communities, those with and without meetings. And then we have struggling meetings and groups even within our organized areas.
- We will prepare a plan within 60 days. I plan to hold another meeting on February 17th.
- This should be a regional effort, and I think we need to hold reach out / learning days in Golden Heart at least.

4. Regional Delegate –

- I was talking to Robert in Juneau about doing the RD job for us. He has 20 years recovery, is active in his home group and others in Juneau, Anchored a meeting in Nome for like 5 years, where attendance at times was so spotty he and his wife often listened to speaker tapes, he went to the last convention in Golden Heart, and he

understands NA and our traditions. Anyway I do not know how to make this happen because the position.

- The Regional guidelines say “knowledgeable in all areas of policy”, well Robert is not. (frankly like who is – all that we can really expect is some knowledge of traditions, concepts, and steps) But Robert asked for a set of guidelines. We do not have a digital copy. Robert suggested that I scan a copy and email. What a concept. This was last Friday, January 19th.
- In Robert’s behalf, he pointed out how impractical it would be to have him be the RD, and just how logistically problematic it is. He is probably right. We would have to get him up here for the Golden Heart blow out meeting at least, even if he could float his own boat for the convention.
- It would sure be nice to have Juneau join our region. Then Robert could at least be an RCM.

5. Budget –

- We need a budget. Maybe Ron will put one forward. I will put out the following thoughts because I will not be at the meeting.
 - a. Regional Delegate cost to attend conference -- \$1000
Includes plan fare and per diem.
 - b. State wide phone costs (\$40/mo x 12 mo) -- \$500
 - c. Outreach campout -- \$500
 - d. H&I literature (Geoff spent this last year) -- \$750
 - e. PI budget (quarterly mail out, mail box) -- \$250
Website is paid up.
 - f. Prudent Reserve \$500
 - g. Outreach (less the campout costs) \$2000

Subtotal = \$5500

These are just my thoughts from my experience last year. Outreach budget is of course based on the motion from AASC.

6. Newsletter –

- I want to put out a newsletter quarterly or so. This is consistent with the 8th concept regarding how our service structure depends on the integrity and effectiveness of our communication.
- I am low on manpower and time.
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Well, I know I have forgotten stuff. I have done a so so job mailing stuff out. I forgot to do a region-wide mailer of the basic text revision project.

I am optimistic and so delighted by the assistance I have been supplied with in this position. I have been pleased with Nancy at allowing the purchase of the Contribute license in December because we were still under the web budget. This was reasonable, and one does not appreciate it until one has had to deal with the lack of it. I am very

grateful to Bob R. for his help not only for his technical skill on the web page, but for his thoroughness and carefulness in the job he does. I am lately very pleased by the showing at the Outreach planning meeting, which makes me optimistic for this effort in the future.

Sorry I can not be at the meeting.

In loving service,

Doug P

244-6030