

Alaska Region of Narcotics Anonymous  
 October 10, 2009

Attending: Alan Mc., Charlotte D., Debbie S., Doug P., Christy W., Mandy, Kathy W., Arlene L, Tony L., Cory C., Lou Ann P., and Anne H.

Opened with Serenity Prayer and reading of 12 Traditions and 12 Concepts.

Doug moved to accept minutes as written. Christy 2<sup>nd</sup>. Vote – Unanimous.  
 Agenda accepted.

**Chair** – Alan Mc. – No written report. I am stepping down because I need to focus on other areas. It has been a pleasure serving. We will need nominations for Chair at the January 2010 meeting.

**V Chair** – Cory C. – No written report. Willing to serve. Yeah to Arlene and convention committee.

**Treasurer** – Charlotte D.

Date	Check no.	Cleared	Payee	Check Amt.	Deposit	Description	Ending Balance
3/5/09	2047		Void	0.00			5,067.86
3/5/09	2046		Void	0.00			5,067.86
3/5/09	2045	x	Christine B	(219.06)			4,848.80
4/1/09	2048	x	Kevin H	(500.00)		Regional H&I	4,348.80
4/7/09	2051	x	Akeela House	(20.00)		Akeela House Rent	4,328.80
4/7/09	2050	x	Sandy P	(500.00)		Seward Campout	3,828.80
4/7/09	2049	x	Tony L	(200.00)		Airfare to Fairbanks	3,628.80
4/14/09		x	deposit		352.04		3,980.84
4/20/09		x	deposit		1,799.81	Fairbanks convention	5,780.65
4/22/09	2052	x	MARIE M	(500.00)		TRANSLATION TO YUPIK	5,280.65
4/22/09	2053	x	THE NOME NUGGETT	(580.00)		AD IN NOME	4,700.65
4/22/09	2054	x	CORRY C	(234.28)		PHONE BILL	4,466.37
6/24/09		x	deposit		105.72	AREA DONATION	4,572.09
6/26/09		x	deposit		750.00	Translation money from World	5,322.09
7/17/09		x	deposit		45.20	AREA DONATION	5,367.29
6/26/09		x	Wire Fee	(5.00)		Wire fee from World	5,362.29
7/18/09	2055		NAWS	(200.00)		Donation to World	5,162.29
7/18/09	2056	x	Kevin H	(495.00)		H&I Budget	4,667.29
7/18/09	2057		Juneau	(50.00)		Unity Day Connection Fee	4,617.29
7/18/09	2058	x	Rent	(20.00)		Rent for Regional meeting	4,597.29
9/14/09	2059		Switchboard AK	(293.03)		PHONE BILL	4,304.26
9/14/09	2060		AT&T	(130.76)		Conference calls	4,173.50
10/9/09			deposit		111.21	AREA DONATION	4,284.71
10/9/09			THE NOME NUGGET	(480.00)		AD IN NOME	3,804.71

**Secretary** – Lou Ann P. – No written report. Please send reports electronically if possible.

**Kenai RCM** – Christy W. –  
Kenai Area Meeting  
September 5, 2009

Present-

John J (Middle of the Road Group), Desirea W. (Activities Chair and fill in for DHF), Christy W. (Regional Committee Member, fill in for Clean Machine and H and I Chair), Taddie W., Mandy H. (Area Treasurer and Chairperson), Joe S. (It Works), Pedro M. (Committee member P and I), Danny M. (P and I Chair) Jon H and Robert H..

### **Reports**

#### **Groups**

*It Works* (Joe S.) The Group is still meeting 2 times a week. Attendance on Fridays is averaging 6-10 people and attendance on Tuesday has been as high as 25 recently. It Works Group donated 60.00 to the Campvention in June.

*Dopeless Hope Fiends* (Desi W.) Donation of 20.00 to area.

*Middle of the Road* (Jon J.) The Group was averaging 4-6 people attendance at the beginning of fishing season. It has recently dropped back down to 2 or 3 people. The group made a 5.00 donation to Area. John reports he will be attending the Radact Academy in October so will miss the next area meeting. The Meeting is in the Methodist Church basement in Ninilchik on Mondays at 8:00 PM.

*Clean Machine* (Christy W.) The group has continued to meet on Wednesdays but have moved to the Redoubt Conference Room on the lower level of Central Peninsula Hospital in Soldotna. The meeting is from 7pm to 8pm. Attendance has ranged from 5 – 10 people lately. The group has voted to donate on a 33% split to Area, Region and World. Currently that would be a \$100.00 split three ways.

#### **Committees**

*H and I* - The New Hope Group (Women's Meeting) at Wildwood Correctional Center is still having 4-12 people at the meetings weekly.  
Need to order new Guidelines book.

*P and I-* Pedro has been distributing schedules to the treatment centers. Danny was asked if he is still chair and it was ascertained that he will continue to chair the committee. A meeting was set for the Airport Coffee shop on September 20 and hereafter on the third Sunday of every month.

*Activities Committee-* The question was put forth to have a dance or not for Halloween. It was voted to use 100.00 for the dance. It will be a potluck. There maybe prizes for costumes. Details will be worked out at the Activity Committee Meeting on Sept. 19. Campvention was a success and we were invited back. They held our deposit to be reapplied next year. The new Campvention Chairperson will be voted for in January.

*Treasurer-* In the area account there is a total of \$3840.00  
The prudent reserve/seed money is 1500.00  
Available balance for budget 2340.00

A Motion was made by Mandy to pay for two Newcomer Rooms for the Convention in Anchorage. The motion was seconded by Desi and the GSRs passed it by a vote of 4-0 in favor.

A Motion was made by Mandy and seconded by Christy to have the next Area meeting on October 17. It was passed with a GSR vote of 4-0 in favor

A Motion was made by Christy to have the Area meetings every other month instead of monthly. An open discussion of the pros and cons followed and the motion was seconded by Danny. The GSR's voted 3-1 in favor of the motion.

There was a motion made by Desi to replenish the Activity Committees funds. It was seconded by Mandy and the GSR's voted in favor 4-0.

The Chairperson announced that we are looking to fill vacancies in both the Vice Chairperson and Secretary positions at the Area level.

There was a discussion of whether we would be interested in hosting a Convention in the near future and Christy was voted to chair a committee to look into facility availability and costs. Robert H. volunteered to help with that committee.

**Goldenheart RCM** – Anne H. – Golden Heart Report–  
Hi Family,

All of our service positions turn over every December, so the Golden Heart Area is in the process of accepting nominations. We accept nominations starting in September, vote in December, and the positions start in January. I plan on continuing my service position as RCM for another year. □ We are looking into contacting our local school system as a Public Relations effort.

Our groups passed the motion to join the Western States Zonal Forum.

ILS,

Anne H. [anne@annemholte.com](mailto:anne@annemholte.com), 374-3991

**Juneau RCM** – Robert G. attended Friday night pre-meeting and turned in written report. Kathy W. is CARying Juneau's conscience for voting purposes at 10/10/2009 meeting.

We are struggling trying to keep the doors open. Attendance is down. We did participate in the telephonic Unity Day meeting. Here is the letter from NAWS.

**15 November 2009**

Hello Robert,

This letter is to confirm your registration for World Unity Day. This year Unity Day will be taking place on **Saturday, 22 August 2009** during the 33rd World Convention of NA in Barcelona, Spain. The Unity Day Celebration will originate from the Barcelona International Convention Center at approximately **19:30h (7:30pm) Barcelona time and 10:30AM Pacific Time.**

**This letter is very important, as it contains the information you need to join the call.**

At approximately **10:15AM Pacific Time**, you must dial **(TOLL FREE) 800-706-9108**. A Paetec operator will come on the line and assist you with your hook-up. Please remember to be patient while waiting for your connection; there are a large number of callers, and it may take several minutes to link you up. You will have to provide the following information:

<b>CONTACT NAME:</b>	<b>Robert Gregg</b>
<b>LOCATION:</b>	<b>Juneau Area</b>

If you experience difficulties or get disconnected, redial the toll-free number **800-706-9108** and ask to be re-connected to the WCNA 33 Unity Day conference call.

Thank you for your registration. If you have any questions or require additional information, please call Johnny Lamprea at (818) 773-9999 x 149 or email him at [johnny@na.org](mailto:johnny@na.org) . After 11 August please email [toni@na.org](mailto:toni@na.org) or call me at 818-773-9999 ex 145

**Please email me, Toni Grove to confirm that you received this message**

Warm regards,

Toni Grove  
NAWS Staff  
818-773-9999 ex 145  
[toni@na.org](mailto:toni@na.org)

We had a breakfast meeting with great recovery.  
Please remit the registration fee of \$50 to;  
Robert Gregg  
5021 Powers St  
Juneau, AK 99801

Birthdays	July 25th	Tiff H. 5 years
	August 18 <sup>th</sup>	Allen 1 Year
	October 20th	Dean B. 12 years

Updated the Juneau area meetings with NAWS Inc. I am traveling and unable to attend the regional meeting.

**Anchorage RCM** – Doug P. – Report attached.

**RD** – Tony L. No written report. Looking forward to receiving the CAR from NAWS, probably in November 2009. I will send out to the fellowship. I am available to facilitate the Area Planning Tool workshop. It has been postponed in Anchorage until January/February 2010. Am in discussion with Kenai to do during their upcoming Learning Days. World is available for PI presentations. We need to plan ahead and they will bring their booth and literature. Need to make use of resources. It would be great at the School of Addiction event.

**Alt RD** – Robert G. – No activity to report.

**H&I** – Kevin H. (absent but report dropped off)  
I am working out of town & am unable to attend our convention or the regional meeting.

Regional H&I is grateful to this committee for approving the \$499 above our budget for an extra literature mail out. I'll be getting receipts to our treasurer in the next couple of weeks as I get back in touch.

One of the last literature boxes we mailed to Fairbanks(RCAOA(?)) was somehow returned to the Anchorage Area H&I person who let us know he used the literature I a few half way houses in Anchorage. We let him know our regional H&I budget for a year is what they get in a month and we would like them to replace it. Glad our literature is CArYing the message of NA wherever it is supposed to.

This month, October, this meeting my 1 year commitment to regional H&I is up. Hoping the groups/areas have brought a nomination(s) or that the regional Chair will appoint an interim H&I chair. If needed we will stay on a few months and help with the transition.

ILS,  
Kevin H.

**PI** – Christine B. – No report. Is relocating to New Mexico and we will need a new PI chair.

**Convention Chair – Arlene L. –**

My name is Arlene and I'm an addict. Welcome to the ARCNA XXV.

So far we have 281+ registrants and received \$20,458 approximately. There are 79+ newcomers.

Convention Information reports that there are at least 3-4 treatment centers attending the Convention. Approximately 60 plus and we expect more today.

Merchandising – I don't know all the details, but I'm guessing approximately \$3000+, in sales, by the time the Convention is over.

Entertainment will have their auction tonight. I anticipate it will go well.

Finally to secure our meeting space commitment, we needed to pay \$12,500 and paid half before our event. They wanted us to pay the balance by Friday but Vice-Chair and Hotels & Hospitality were able to negotiate full payment due Monday. Because Region, Area and the Convention Committee do not have credit, our Hotels & Hospitality was asked to use her credit card for credit card guarantee for the hotel. For next year, please use this as consideration because hotels require this.

If anyone has any questions or concerns, please ask one of us with a yellow badge.

It has been a great honor and pleasure to be Chair of a Quarter Century of Recover in Alaska. Thank you all for allowing me to be of service. We hope everyone has a great time.

ILS,

Arlene L. – ARCNA XXV Chairperson

**Old business:**

Budget – Tony L. suggested we table this until January 2010 when we will know the status of the 2009 convention financials. All in attendance agreed to this. However, Alan is going to send out copy of current budget to everyone.

Zonal Forum – Vote to join Western Zonal Forum. All RCMs ready to vote.

Vote – 4-0-0. Motion Passed. We are joining Western Zonal Forum. RD will contact them for details about meeting schedule and ask for a copy of their guidelines.

**New business:**

Nome Nugget Ad – Doug P. we should be receiving 25% discount. Charlotte D. will check the bills. Discussion on whether we should continue ad. Since there is no meeting in Nome at this time we will not continue. Doug P. will call Nome Nugget and cancel ad.

PI – it was suggested PI contact Joe C. from Anchorage and ask him for his current list of institutions and then we should pass this list on to the next regional PI chair.

CAR – Conference Agenda Report contains all of the motions from areas and regions around the world that have been sent to NAWS. At the conference, these are discussed and voted. The delegates bring their region's conscience to the conference. CAR will be posted at na.org. Tony L. will send a copy to each Alaska area. And, then it needs to be disseminated to the group level and areas should have workshops to discuss and vote. Then each area will bring their conscience to the regional meeting to determine Alaska Region's conscience.

At the CAR workshops, the RD/RCM should facilitate. The area RCM should meet with RD before workshop. Tony L. will organize RCMs and set-up a conference call to discuss.

Storage – Convention committee has asked for Alaska Region to check on a storage rental. We need to have a place to keep our convention items and this will in the long run save money because we are replacing items year after year because they can't be located.

Kathy W. stated Anchorage Area has storage that is pay for 5 months get 1 free and pay for 10 months and get two free. ??? needs to look into this.

### **Sharing session:**

Kenai passed guidelines and they will talk to Dennis A. about posting.

Anne H. – asked about service position rotation at Regional level. How does rotation work? Nomination comes from area when position is open and then voted on by quorum of RCMs. Chair can also pro tem for position.

### **Action items:**

Regional budget discussion for January 2010 meeting. Alan to send out budget. However, if someone else has copy of budget, please feel free to email out.

H&I – need nominations

PI – need nominations

Chair – need nominations

Next meeting – January 12, 2010 7 pm. Will be teleconferenced.