

Alaska Region of Narcotics Anonymous
 January 18, 2010 meeting called to order at 7:00 pm.

Attending: Alan Mc., Charlotte D., Doug P., Robert G., Christy W., Tony L., Christine B., Cory C., Lou Ann P., and Anne H.

Opened with Serenity Prayer and reading of 12 Traditions and 12 Concepts.

Lou Ann P. read the minutes from October 2009, Doug P. moved to accept the minutes as written. Anne H. 2nd the motion and the minutes were approved.

Chair – Allen M. thanked everyone for the opportunity to serve and thanks for the concern for his son’s medical issue at the earlier scheduled meeting.

Vice Chair – Cory C. - Looking forward to service in 2010. Nothing else to report.

Secretary – Lou Ann P. - Apology for not bringing the host code to the last scheduled meeting.

Treasurer – Charlotte D. - Report attached. Bills are current and mail has been picked up.

Date	Check no.	Cleared	Payee	Check Amt.	Deposit	Description
3/5/09	2047		Void	0.00		
3/5/09	2046		Void	0.00		
3/5/09	2045	x	Christine B	(219.06)		
4/1/09	2048	x	Kevin H	(500.00)		Regional H&I
4/7/09	2051	x	Akeela House	(20.00)		Akeela House Rent
4/7/09	2050	x	Sandy P	(500.00)		Seward Campout
4/7/09	2049	x	Tony L	(200.00)		Airfare to Fairbanks
4/14/09		x	deposit		352.04	
4/20/09		x	deposit		1,799.81	Fairbanks convention
4/22/09	2052	x	MARIE M	(500.00)		TRANSLATION TO YUPIK
4/22/09	2053	x	THE NOME NUGGETT	(580.00)		AD IN NOME
4/22/09	2054	x	CORRY C	(234.28)		PHONE BILL
6/24/09		x	deposit		105.72	AREA DONATION
6/26/09		x	deposit		750.00	Translation money from World
7/17/09		x	deposit		45.20	AREA DONATION
6/26/09		x	Wire Fee	(5.00)		Wire fee from World
7/18/09	2055	x	NAWS	(200.00)		Donation to World
7/18/09	2056	x	Kevin H	(495.00)		H&I Budget
7/18/09	2057	x	Juneau	(50.00)		Unity Day Connection Fee
7/18/09	2058	x	Rent	(20.00)		Rent for Regional meeting
9/14/09	2059	x	Switchboard AK	(293.03)		PHONE BILL

9/14/09	2060	x	AT&T	(130.76)		Conference calls
10/9/09		x	deposit		111.21	AREA DONATION
9/23/09	2061	x	Doug	(140.00)		po box rent
10/4/09	2062	x	ARCNA	(150.00)		registration packet
10/9/09	2065		THE NOME NUGGETT	(300.00)		AD IN NOME
11/7/09		x	deposit		11,420.48	Anchorage Convention '09
11/7/09		x	deposit		11.52	AREA DONATION
11/12/09	2063	x	Heidi	(832.15)		Hotel for Speakers Conv. '09
11/13/09	2064	x	Switchboard AK	(112.94)		PHONE BILL
11/15/09	2066	x	Ross	(716.50)		Storage unit for Convention
1/3/10	2067		THE NOME NUGGETT	(440.00)		AD IN NOME
1/3/10	2068		Switchboard AK	(114.65)		PHONE BILL

Kenai RCM – Christy W. – Good turn out at last Area meeting with participants from Seward and Ninilchik attending. John from Ninilchik needs starter packet and would like PI to supply.

Goldenheart RCM – Anne H. – Golden Heart Report–

Hi Family,

The Golden Heart Area is doing well. We have 6 groups that meet 7 days a week. Our group attendance range from 4 to over 30 members. We have one H&I commitment, Friday nights at the FCC (Fairbanks Correctional Center).

Our Area recently turned over all positions. The positions are held by:

Area Chair – Matt S.

Area Vice Chair – Vacant

Treasurer – James M.

Secretary – Malia C.

RCM – Anne H.

RCM Alt. - Vacant

Public Relations Chair – Tabbey S.

Literature Chair – Robert B.

Activities Chair - Vacant

We are looking forward to participating in the CAR. We are looking into a facility, and would like either the RD or RDA to come here for a CAR Workshop on a Saturday in either February or March. We are planning to hold an Area activity in conjunction with the CAR Workshop.

We have not had an Activities Chair or committee in over 10 years. We are discussing the idea of a monthly activity sponsored by each group on a rotating basis.

Golden Heart Area is submitting a nomination for Regional Public Information Chair:
Anne H.

Clean Time: 20 years (on 1/13/2010)

Qualifications: Anne comes from the Chesapeake & Potomac Region (Washington DC). She had been involved in her former Region since she had 2 years clean (16 years). In that time she has served in the following capacities:

Regional Public Information Chair -5 years (not consecutive)

Regional Webmaster – 12 years (consecutive)

Regional PI Committee Member – 12 years

RDA – 2 years

RD 2nd Alt – 2 years

Regional Policy Chair – 2 years

Regional Policy Vice-Chair – 2 years

Regional Treasurer – 2 years

Anne has also held a variety of Area and Group positions concurrent to her Regional positions, including Area Public Information Chair for 4 years (not consecutive) and Area PI Vice Chair. She is currently the RCM for Golden Heart Area and a member of the Golden Heart Area Public Relations Committee.

And finally, our Area is in favor of sending one representative (RD or RDA) to the NWZF.

ILS,

Anne H., anne@annemholte.com, 347-9623

Juneau RCM – Robert G.

January 12, 2010

All is well; we received a new literature order, including some of the newer IP's "By young Addicts for Young Addicts". We held a meeting on January 9th. The area is not so fond of Worlds fund raising, and may not support the new IP about money or any donations to World.

Anchorage RCM – Doug P. Anchorage Area doing great with lots of meetings and we just celebrated 31 years of NA in Anchorage on January 15, 2010. We are bringing nomination for Regional Chair - Cory C. is current vice chair. Qualifications are as follows:

Regional Chair Nominations – Frozen Chosen nominates Corry C.

Her qualifications are clean date November 28, 2002. My home group is the morning after group, of

N.A. meets Sundays at 9:30am at the sunrise grill. My service at area level: has been coffee maker for

the fast group, GSR of fast group, I carried the message into highland mountain for two years I've served

on the phone line for 5 years, been on various committees for entertainment. My service at region: I'm currently the vice chair, served on the outreach committee. Arts and graphic chair, entertainment chair for past conventions, I have a sponsor, I am a sponsor, and I work the steps, traditions, and concepts to the best of my ability. Look forward to serving this wonderful region. In loving service, Corry

Attached budget was approved to send back to the groups. Changes made pursuant to meeting discussion include: (1) The 2010 World Conference budget was increased by \$500 to cover the full cost of our alternate delegate. (2) The 2011 zonal forum budget was increased by \$500 to cover some of those expenses; other expenses (air fare) will presumably be picked up by Zonal Forum Regions next year.

<u>Draft 2010 Budget</u>		
PI		\$600 See breakdown below
	Translation project	\$750
Outreach		\$1,000 See breakdown below
H&I		\$750 Literature
Entertainment		\$500 Annual outreach campout.
Administration		\$350 see below
Donation to World		\$1,000
NA World Conference		\$2000 Raised from \$1500 at mtg
Zonal Forum		\$1,000
prudent reserve		\$550
2010 Budget Total		\$8,000
<u>Draft 2011 Budget</u>		
PI		\$600 See breakdown below
Outreach		\$1,000 See breakdown below
H&I		\$750 Literature
Entertainment		\$500 Annual outreach campout.
Administration		\$350
Donation to World		\$1,000
NA World Conference		\$0 no expense in 2011
Zonal Forum		\$500 Raised from \$0 to \$500 at ARSC meeting.
prudent reserve		\$800
2011 Budget Total		\$5,000

Line item explanation of the above budget.

<u>PI</u>		
Mail out to all regions and NA communities.	\$180	mail out within communities.
Regional mail box	\$120	due every September
Workshop efforts	\$300	
Total PI Budget =	\$600	

Translation Project	\$750	Yupic white booklet (IP #1 and Serenity Prayer) translation. \$500 paid in 2009. \$750 due when it is done.
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<u>Outreach</u>		
Starter kits	\$250	5 each -- basic, it works, lps, work books, readings, white books; each set at \$50 each
Outreach overhead	\$100	
Copying and paper costs	\$100	
Convention packages		assist rural attendees with package information mail out to communities, 3 addresses in 100 communities @\$1 each
Statewide mailout	\$300	
Service to remote communities	\$250	
Total Outreach Budget =	\$1,000	

<u>Administration</u>		
Teleconference Regional mtg cost	\$300	Est. cost is 14 cents per port per minute x 10 ports (or callers) x 60 minutes per mtg x 4 mtg per year
Executive committee and treasurer expenses	50	
Total Admin budget =	\$350	

<u>Biannual World Conference</u>		
RDA travel	\$2000	

<u>Western Zonal Forum</u>		
RD travel	\$1,000	

RD – Tony L. – No written report. I am attending the Western Zonal Forum and looking forward to bringing back information about upcoming CAR. It would be beneficial to have Alt. RD attend conference.

Alt RD – Robert G. –

ARD Report

January 12, 2010

In October I contacted Doug C. (member of Western States Zonal Forum (WSZF)) and spoke to him about our recent regional motion to join WSZL. He asked me to send an email to him, which I did, and included Doug P, and Tony L. Two weeks passed and no contact, I re-sent the email. This got the ball rolling and Alaska Region is now in contact and a group member of WSZF.

I am requesting approval from the region that I not attend the upcoming World Conference of NA (WSC).

- The normal course is that the ARD goes to one WSC and learns the ropes of being the RD.

Our situation is different in that the RD is serving two terms.

- My second attendance in a learning capacity will have very diminished returns.

I understand and am knowledgeable of the business rules and routines of WSC, which do not change much from conference to conference.

Most of our business is concluded on a conference cycle and does not carry forward to the following Conference.

Any items that do carry forward can be found on NAWA website.

- The region would save \$2000 in travel costs.

I will follow the direction and conscience of our members.

ILS

Rg

H&I -Kevin H.

Kevin cannot attend tonight's meeting but will stay on in the position this year until another nomination comes forward and of course help with the successful transition of a new chair. Sandy will stay on as Regional H&I Secretary. We are in the process of planning another mail out to the last of the institutions we have yet to send literature too. We still have some funds to use that you've given us previously and we are not requesting this year's budget at this time. Would be nice if a new chair had it to use. More later.

In Loving Service,

Kevin H.

P.s. Congratulations to Mandy and the Kenai Area on their new little dopeless hope fiend baby girl!

Sandy Powley

PI - Christine B.

Public Information Report

January 12, 2010

The Public Information Subcommittee has not met, as a committee, for more than eight months. I apologize for the lengthy sabbatical, but I had pressing matters down in the lower 48.

One major area where I have not followed through is the creation and support of an on-line meeting via the Website. In the meantime, we continue to maintain a link to the Earth Group of NA on the Outreach page of the Website. We are set up to get our own on-line meeting up and running and I'm sure that the next PI chairperson will be able to pick up where we left off and run with it.

AKNA.ORG Website – The Regional website remains as up-to-date as the information we are given. Bob R, our regional website Webmaster has worked tirelessly on the website. I am most grateful for his service, dedication and adherence to the traditions. It remains difficult to glean information about goings on around the Region. As always, if your area has any upcoming events, area minutes, announcements, etc., please get that information to us. We will gladly post all appropriate information on the specific area's web page. Information can be emailed directly to webservant@akna.org. A link to that address is provided on the Contacts page of the Website.

The Regional Meeting Schedule is up-to-date and available on the website. It is printed on an as needed basis (usually for mail outs). As it happens, the answering service for the regional phone line did not have a current schedule. Thanks to Jeff B. for getting a copy of the current Regional Meeting Schedule and showing them how to access said schedule on our website.

Outreach - I have the remainder of some meeting starter kits, which I will be happy to turn over to the next PI chairperson.

Translation Project: Doug P. checked in with the translator recently. She had not yet completed the project. The money that was received from World for this project remains in the Regional account – the translator will be paid upon completion.

It has been a pleasure almost serving as the Regional PI Chair. ☺ I would like to personally thank Doug P., Lou Ann P., Anne H., and everyone else who participated in the learning days and other public information events around the region, over the last year.

In loving service,
Christine

Convention – Lori H. - No report but Charlotte D., who is V Chair for convention reported the convention committee is meeting every two weeks. No date has been set for convention and hotel has not been selected. This is a top priority. Logo contest is going on until February 1 and will be picked at the convention fundraising event on February 5.

Logos can be delivered to anyone on the convention committee. Information is available on the web site.

Old Business –

Nominations

- Anchorage Area nominates Cory C. for chair.
- Goldenheart nominates Anne H. for PI.

Alan M. Pro temps Cory C. as chair.

Discussion about possible conflict for Anne H. as both RCM and PI. The guidelines do not preclude her from serving in both positions. She will recuse herself from any votes where there may be a conflict of interest.

Still need nomination for H&I.

2010 Budget

Much discussion about the draft budget submitted by Doug P. Everyone thanked Doug for pulling this information together. Goldenheart RCM asked what region had actually spent the last few years. Doug P. had used actual figures that were available in the budget development, but we don't have all of the information by cost category. Currently, we have a better tracking system and going forward, our information should be more accurate.

Robert G. moved to accept budget with the following changes. This was 2nd by Anne H.

Changes to proposed budget are: Line item for NA World Conference should be raised from \$1500 to \$2000 to better reflect cost of travel, food, and lodging. And, to add for the 2011 budget \$500 to cover costs to Western States Zonal Forum.

Doug P. brought motion from Anchorage Area to donate 10% of net profit from Regional Convention to NA World. This motion was discussed, but did not receive a 2nd to move forward. Robert commented that the motion was confusing: was the 10% in addition the budgeted \$1000 or in lieu of it. Good point.

New Business:

- Delegates to Western Zonal Forum

Discussion centered on whether we should send one or two delegates to Zonal Forum. Doug P. brought motion to send (fund) one delegate (RD) to Western States Zonal Forum. Seconded by Robert G. Discussed and voted on by all RCMs. Unanimous to send only RD to WSZF. \$1000 dollar budget approved to send RD to WSZF.

- Delegates to World Service Conference

Robert G. moved that unless RD is unable to attend WSC 2010 – the Alt RD should not attend. Seconded by Christy W. Kenai.

[Copied from Robert's report above: I am requesting approval from the region that I not attend the upcoming World Conference of NA (WSC).

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- The region would save \$2000 in travel costs.]

Tony L opposed not sending the alternate RD, voicing that the ARD provides continuity and helps with the busy schedule. Anne H. thinks Alt. RD should attend World Conference. Discussed by all. (

- Motion to host 2011 Alaska Region Convention

Christy W. asked about what is needed and time frame for requesting the 2011 convention to be held in Kenai Area.

Christy W. moved that the Kenai Area host the 2011 Regional Convention. Seconded by Doug P.

Action:

- Vote on nomination for ARSC Chair – Cory C.
- Vote on nomination for ARSC PI – Anne H.
- Vote on motion to only send RD to World Conference
- Vote on motion for Kenai Area to host 2011 Alaska Regional Convention

Next meeting will be held at 7 PM on March 19, 2010.

Meeting adjourned at approximately 9:30 PM.