

Alaska Region of Narcotics Anonymous

July 17, 2010 meeting called to order at 1:08 PM – North Pole, Alaska

In attendance: Doug P., Lou Ann P., Robert G., Anne H., Many H., Charlotte D., Christine B., Tammy McQ, Tiffany and Corry from Juneau

Absent: Corry C., Kevin H., Tony L.

We opened with a moment of silence and the Serenity Prayer followed with the 12 Traditions and 12 Concepts of NA.

Lou Ann P. presided over the meeting in the Chair's absence.

March 2010 minutes were approved.

Chair's Report:

Thank you to all we serve and serve with. I sat in on a convention meeting, things are moving right sling, Anne with PI will have information for the event itself. If you have not registered please do so and spread the word...

It is an honor to be of service to the very people who save my life on a daily basic. Thank you. Corry C.

No vice chair report.

Treasurer report from Charlotte D.

Categories	Subtotals	09 budget	10 budget	Category subtotal
PI	(1,698.60)	570.00	1,372.00	243.40
Outreach	(1,470.00)	1,650.00	1,000.00	1,180.00
Translation	(1,250.00)	200.00	750.00	(300.00)
Entertainment	(1,000.00)	500.00	500.00	0.00
Administration	(598.04)		470.00	(128.04)
WSO Donation	(908.00)		708.00	(200.00)
WSC	(2,038.71)	0.00	1,950.00	(88.71)
WSZF	(1,000.00)	0.00	1,000.00	0.00
Other	(250.00)			(250.00)
Convention income	11,420.48			11,420.48
Convention	(1,548.65)			(1,548.65)
H&I	(995.00)	500.00	750.00	255.00
Income	1,457.13			1,457.13
Total =	120.61	3,420.00	8,500.00	12,040.61

Date	Check no.	Cleared	Payee	Check Amt.	Deposit	Description	Ending Balance	Category
3/5/09	2047		Void	0.00			5,067.86	
3/5/09	2046		Void	0.00			5,067.86	
3/5/09	2045	x	Christine B	(219.06)		PI mail out	4,848.80	PI
4/1/09	2048	x	Kevin H	(500.00)		Regional H&I	4,348.80	H&I
4/7/09	2051	x	Akeela House	(20.00)		Akeela House Rent	4,328.80	administration
4/7/09	2050	x	Sandy P	(500.00)		Seward Campout	3,828.80	Entertainment
4/7/09	2049	x	Tony L	(200.00)		Airfare to Fairbanks	3,628.80	other
4/14/09		x	deposit		352.04		3,980.84	income
4/20/09		x	deposit		1,799.81	Fairbanks convention	5,780.65	income
4/22/09	2052	x	MARIE M	(500.00)		TRANSLATION TO YUPIK	5,280.65	translation
4/22/09	2053	x	THE NOME NUGGETT	(580.00)		AD IN NOME	4,700.65	Outreach
4/22/09	2054	x	CORRY C	(234.28)		PHONE BILL	4,466.37	PI
6/24/09		x	deposit		105.72	AREA DONATION	4,572.09	income
6/26/09		x	deposit		750.00	Translation money from World	5,322.09	income
7/17/09		x	deposit		45.20	AREA DONATION	5,367.29	income
6/26/09		x	Wire Fee	(5.00)		Wire fee from World	5,362.29	administration
7/18/09	2055	x	NAWS	(200.00)		Donation to World	5,162.29	WSO Donation
7/18/09	2056	x	Kevin H	(495.00)		H&I Budget	4,667.29	H&I
7/18/09	2057	x	Juneau	(50.00)		Unity Day Connection Fee	4,617.29	other
7/18/09	2058	x	Rent	(20.00)		Rent for Regional meeting	4,597.29	administration
9/14/09	2059	x	Switchboard AK	(293.03)		PHONE BILL	4,304.26	PI
9/14/09	2060	x	AT&T	(130.76)		Conference calls	4,173.50	administration
10/9/09		x	deposit		111.21	AREA DONATION	4,284.71	income
9/23/09	2061	x	Doug	(140.00)		po box rent	4,144.71	administration
10/4/09	2062	x	ARCNA	(150.00)		registration packet	3,994.71	Outreach
10/9/09	2065	x	THE NOME NUGGETT	(300.00)		AD IN NOME	3,694.71	Outreach
11/7/09		x	deposit		11,420.48	Anchorage Convention '09	15,115.19	convention inc.
11/7/09		x	deposit		11.52	AREA DONATION	15,126.71	income
11/12/09	2063	x	Heidi	(832.15)		Hotel for Speakers Conv. '09	14,294.56	convention
11/13/09	2064	x	Switchboard AK	(112.94)		PHONE BILL	14,181.62	PI
11/15/09	2066	x	Ross	(716.50)		Storage unit for Convention	13,465.12	convention
1/3/10	2067	x	THE NOME NUGGETT	(440.00)		AD IN NOME	13,025.12	Outreach
1/3/10	2068	x	Switchboard AK	(114.65)		PHONE BILL	12,910.47	PI
1/12/10	2069	x	Alan	(46.98)		phone for regional mtgs	12,863.49	administration
1/24/10	2070	x	Tony L	(1,000.00)		RD Travel to Zonal Forum	11,863.49	wszf
2/5/10	2071	x	MARIE M	(750.00)		TRANSLATION TO YUPIK	11,113.49	translation
2/16/10	2072	x	Switchboard AK	(55.25)		PHONE BILL	11,058.24	PI
3/16/10		x	deposit		82.05	AREA DONATION	11,140.29	income
3/16/10	2073	x	Switchboard AK	(55.75)		PHONE BILL	11,084.54	PI
3/16/10	2074	x	AT&T	(137.00)		Conference calls	10,947.54	administration
3/16/10		x	deposit		24.87	AREA DONATION	10,972.41	income
7-Apr	2075	x	Robert	(1,950.00)		ARD TRAVEL TO WSC	9,022.41	WSC
7-Apr	2076	x	Tony L	(391.00)		TRAVEL TO FBX	8,631.41	PI
20-Apr	2077	x	Switchboard AK	(55.00)		PHONE BILL	8,576.41	PI
20-Apr	2078	x	AT&T	(89.54)		Conference calls	8,486.87	administration
10-May	2079	x	Switchboard AK	(56.82)		PHONE BILL	8,430.05	PI
10-May		x	deposit		249.37	Donation	8,679.42	income
27-May		x	deposit		100	donation	8,779.42	income
24-May	2080	x	Robert	(88.71)		ARD TRAVEL TO WSC	8,690.71	WSC
31-May	2081	x	Sandy P	(500.00)		Rally in the Valley	8,190.71	Entertainment
3-Jul	2082		Switchboard AK	(110.82)		PHONE BILL	8,079.89	PI
3-Jul	2083		AT&T	(8.76)		Conference calls	8,071.13	administration
3-Jul	2084		World	(708.00)		Donation to World	7,363.13	WSO Donation

Kenai RCM – Mandy H.

Looking forward to Campvention August 20-22. Details on akna.org. Nothing new to report.

Juneau RCM – Tiffany H. and Juneau Alt RCM Cory S.

Activities reports a successful campout July 10th and 11th at the Eagle River Methodist Camp!

Juneau Area voted to take Game Night off the schedule for now

We have decided to hold the area meetings the second Monday of the month at Udder Culture at 7p.m.

Thanks Tiff & Cory

Anchorage Area – Doug P.

Anchorage RCM report to ARSC

July 17, 2010

Anchorage Area 46 meetings per week. Anchorage also has some new meetings:

- Our Gratitude Speaks, 6:30 am on Tues and Thrs at Alano Club
- The Valley NA Nooner, @ noon Mon, Weds, and Fri. @ Covenant Church in Wasilla
- No More Bent Blinds, Sat @ 5:30pm, Baily Str in Palmer
- Eagle River Group added two more meetings per week, Mon and Weds as well as Friday @ 6:30pm
- No More Excuses, a women's meeting on Thrs night

There has been quite a bit of entertainment – Memorial Day and Eagle River. The Valley was pivotal in pulling off Rally in the Valley, which was subsidized by Regional. Sandy among others helped drive that. NA Way, Sat night group, hosted a Spaghetti Feed / meeting in June. And Tammy is the new, as of June, Activities Chair. PI had a booth at school of Addiction with very good success. (We also spent quite a bit of money in literature). The PI committee has a core of dedicated servants lead by Susan (Chair) and includes Jeff B, Joe C. and some new blood lately.

Jeff L is serving a second term as H&I Chair. They have broken the Highland Correctional Center barrier lately. Terry is the V. Chair and between them they have brought some organization to the committee without being too heavy handed. We have not been that solvent lately; treasury down under \$800 in June but bouncing back up in July to \$1200.

Anchorage has a nomination for Regional V. Chair, Kathy W. Service

Qualifications: She has a working knowledge of the twelve steps, twelve traditions and twelve concepts. She has a working knowledge of the Anchorage Area and Alaska Regional guidelines as well as Robert's Rules of Order. She has 24 years of continuous clean time. Kathy has a sponsor, a loving HP in "my" life and attends meetings regularly. Kathy works with others and does not turn down a reasonable NA request. She is a strong believer of giving back, which was freely given to me. Home Group: Walk Your Talk, Clean Date: 4/27/1986. Group Level Service positions held: Ash tray cleaner, coffee maker, treasurer, secretary, literature and GSR and any other service my home group needed at the time. Area Level Service Positions held: Chair, Vice-Chair, Secretary, Treasurer and have been a member of all subcommittees at some point in the past 24 years. Regional Level Service Positions held: Convention Committee Chair, Vice Chair, Programming, Registration, Convention Information and have been a subcommittee member on all of the subcommittees at some point in the past 24 years. Kathy has also been the Regional literature rep, RCM and alternate RCM for the Anchorage Area. She does not take her service commitments lightly. "I set myself to a high level of accountability and if I accept a nomination I will follow through to the best of my ability to fulfill that obligation. I see myself as an asset to our service structure and have the ability to follow the spiritual principles of our traditions and put NA as whole above personalities. I believe that the most important service positions are

the greeter "Welcome to NA," that first person the new comer sees and the coffee maker."

Anchorage Area is bringing a motion: That Region give 10% of the proceeds from all future conventions (after seed moneys to fund the next convention) to World. This would be a Regional Guideline change. Intent; to have the Alaskan Region become self-sustaining.

Golden Heart – Anne H.

Hi Family,

Golden Heart Area is going well. We have been busy planning The Blow-Out. Hope many of you are here.

Our Area wants to get rid of our Phone line and utilize the Regional Phone line. It costs over \$80/month and is draining us financially. How does the Regional Phone line work? We would like to receive the calls for Fairbanks if possible. We also have members expressing an interest on volunteering on the Phone line. Please put this agenda item under New Business.

ILS,
Anne H.

RD – Tony L. - Absent

Alaska RD Regional report 7/15/10

Still no news from convention committee about a spot a convention. Completed RD report. Would like to, and I am available to provide info if requested by any body of Narcotics Anonymous. Very disappointed at the lack of interest from the fellowship. Convention committee seems to ignore my request as no one has responded.

Thanks Tony L. 907-748-2773

Alt RD – Robert G.

ARD report
July 17, 2010

Howdy Family,

I submitted my expense report with receipts on May 16th for the WSC I attended on your behalf. I exceeded my budget of \$1,950 by \$88.71, which I have been reimbursed. I did reduce my per diem from the WSC rate from \$55 to \$42 to minimize costs (a savings of \$117). My written report is posted on our website. I did make a list of acronyms and their definitions used on the first page of my seven-page report. My goal was to prepare an outline of what I participated in, and an

overview of the topics covered in a chronological order. If anyone has feedback on how the report would work better for them please let me know.

In regards to rotation of the regional delegates I believe that most regions rotate positions on a two cycle as the NA " Guide to Service" recommends. I am basing my statement on personal knowledge, rather than any study I have seen. The benefits of active rotation are;

1. Allows for fresh ideas at both region and world level.
2. Avoids stagnation of service.
3. Breeds' excitement for service for those who participate.
4. Allows members who desire to have the "WSC" experience to serve.

At this time I am willing and familiar with the process to serve as the Regional Delegate when and if asked.

In addition there will be some upcoming service structure workshops this fall. In Loving Service.

Robert G.
Levergun@gci.net

Convention Chair – Lori W. (absent) Charlotte D. (V chair reporting)

Convention plans in full swing. Last fundraiser is NA's Got Talent – Lip Syncing on August 13. Anne H. said she would check website and add if needed.

HI – Absent need nominations

PI – Anne H.
Hi Family,

I have been updating the Regional website and have been enjoying the task.

The Rally in the Valley campout was a success. The budget line item for "Entertainment/Annual Outreach Campout" for \$500 was given to Sandy P. She will provide an accounting for the expense.

I sent out an email two weeks ago to about 50 addicts throughout our Region in the hopes of getting members to support the efforts of Regional PI. Through the email and canvassing the NA campouts this summer, I have rounded up 4 or 5 members willing to help (yay!).

We will be having a Regional PI meeting this Thursday, July 22nd, @ 8:30 PM. I do not know how to host a teleconferenced meeting and will need assistance!

Tentative agenda items:

- Regional meeting list accuracy

- Updating NAWS database
- Contacts for isolated meetings
- Online meeting (Tami M.)
- Mail out campaign (Jeff B. - Stuffing party @ Regional convention)

Please let me know if you have any other agenda topics or would like to help out.

ILS,
Anne H.
907-347-9623

Old Business

Vice Chair nominations – Anchorage Area is nominating Kathy W. for V Chair position. Qualifications are in Anchorage Area report.

H&I – We need nominations from the Area's.

New Business

Corry C. is going to pro-temp Angela C. as treasurer because Charlotte D. will be stepping down at the Regional Convention meeting. Areas may bring nominations for treasurer to the October meeting.

Golden Heart discussed getting rid of their phone line and using Regional's line instead. Discussion about this and Doug P. suggested Anne H. contact Christy at Switchboard Alaska to discuss. Treasurer is going to email phone bill to Anne for review.

Anchorage brings the following motion:

That Region give 10% of the proceeds from all future conventions (after seed moneys to fund the next convention) to World. This would be a Regional Guideline change. Intent; to have the Alaskan Region become self-sustaining.

Discussion followed about clarity of motion and a motion was made to amend by Anne H. and Doug P. seconded the motion.

Motion amended to:

That Region donate 10% of the proceeds from all future conventions after all expenses and seed money has been deducted.

Motion passed unanimously.

Back to Area's for group vote:

- Kathy W. V chair nomination
- Anchorage Area motion concerning donation to world.

Next Meeting October 2, 2010 – Alyeska Resort ARSC Regional Convention. Notice about time and location will go out with the agenda.