

**Alaska Region of Narcotics Anonymous
Meeting Minutes March 31st, 2012**

Began meeting with a moment of silence followed by the Serenity Prayer at 5:35 PM, 3/31/12.

Twelve Traditions read by Ellsworth W.

Twelve Concepts of Service read by Carol K.

Roll Call taken by - Vice Chair (pro-tem): Alan M.

Chair (pro-tem): Kathy W.

Secretary (pro-tem): Dave P.

Treasurer (pro-tem): Charlotte D. *Absent*

Anchorage RCM: Ellsworth W.

Anchorage ARCM: Carol K.

Golden Heart RCM: Tabby S. *Absent*

Kenai RCM: Donna A.

Juneau RCM: Shawn B.

Regional Delegate: Robert G.

Alt. Regional Delegate: Doug P.

Hospitals and Institutions: *Vacant*

Public Information: Anne H. *Absent*

Convention Chair: Rick M. *Absent*

Literature (pro-tem): Lou Ann P.

Peter P.

Tami M.

Amendments to the Agenda: None.

ADMINISTRATIVE COMMITTEE REPORTS

1. Chair –Kathy W. (Pro-tem)

Hello everybody!

- A. I would like to address the issue about voting at the last meeting. I'd like to thank Donna for bringing it to our attention that Kenai was at the October meeting and should have been allowed to vote. We had a quorum however, two of the four areas abstained and two voted yes which is not a passing vote. Fairbanks and Kenai were not prepared to vote for various reasons and needed to go back to their areas. Hopefully, we will be able to cover the re-voting this month.
- B. Why do we do service? I do service out of the love for our program and fellowship. I do not do service to be seen or heard or to be perceived that I am above. With that being said, my attitude at last month's meeting was unseemly and could be viewed as abrasive. Concept 4 talks about effective leadership and communication. Our 8th concept states that our service structure depends on the integrity and effectiveness of our communications.

2. Vice-Chair – Allen Mc. (Pro-tem)

Regional vice-chair Nomination

Thank-you I am truly humbled by the fellowships willingness to consider me for this position. It has been brought to my attention by my home group, several close friends and my sponsor that I am quicker to say yes than no and that I may be doing too much. As my wife says "when I begin to second guess myself it's a good indication that I shouldn't listen to my head". Its good advice and in

light of this I am withdrawing my nomination for regional vice-chair.

I will continue as pro-temp vice chair for the region however nominations for this position should be announced as open along with regional H and I. We have a large fellowship in Alaska and these positions are an important part for the region to do the work the groups have directed it to do.

In loving service

Alan M.

3. Secretary – David P. (Pro-tem) (Reading of the minutes, corrections, approval)

Motion to approve February 21st ARNA Meeting Minutes made by Ellsworth W. Seconded by Carol K.

4. Treasurer – Charlotte D. (Pro-tem)

Absent. Read by Kathy W. See attachment titled, "ARSC budget with 2012 tab" included in electronic version of minutes.

AREA REPORTS

Anchorage:

Ellsworth W.

The Anchorage area is doing well. We had 21 groups attending our last business meeting. I am ready to vote. I have 1 nomination, Dave P., for secretary.

Golden Heart:

Anne H. *Absent*

Juneau:

Shawn B.

Juneau Area doing well. Campout scheduled for April 21st, 2012. A Recovery Cruise is planned for August 2012.

Kenai:

Donna A.

Kenai Peninsula Area RCM Report

March 30, 2012

Kenai Peninsula Area Campvention is Friday July 27th, 2012 – Sunday July 29th, 2012.

Kenai Peninsula Area Campvention is held at Alaska Christian Retreat, mile marker 89 on Sterling

Highway. Look for Tesoro, Long Lake Muir Grocery. 1/8th mile past that, turn right on Deville Rd. Camp is at end of Deville Rd.

Hello everyone! This is the RCM from Kenai Area, Donna, addict.

Kenai Area is having a Campvention July 27th, 2012 – July 29th, 2012.

Our H&I is doing their (meetings) in the Wildwood Prison Pretrial and in Building 10 as well as other Places.

Mandy is the new P.I. Chairperson. We are going to participate in an event in Kenai this April.

We vote yes for all the people running for the vacant positions called for a vote.

God bless. In loving service,

Donna A., Kenai RCM

SUBCOMMITTEE REPORTS

Regional Delegate – Robert G.

No report.

Alt. Regional Delegate – Doug P.

ARD Report:

March 31, 2011

1. Workshops

We held workshops in Anchorage, Kenai, and Fairbanks

Alaska Region of NA hosted three workshops on the CAR (Conference Agenda Report) *Service System Proposal* during the month of March. The workshops were held in Anchorage, Kenai, and Fairbanks.

The *Service System Proposal* makes up the largest part of this year's CAR (Conference Agenda Report). It is also pretty complicated, which is why Region put on the dedicated workshops.

The April 3 Anchorage workshop was attended by 10 members representing 6 groups. These included Clean and Serene, Eagle River, Life Savers, Burning Desire, the NA Way, and Gong Show, which represents about 25% of Anchorage groups.

Nine members of the Kenai fellowship attended the April 10 workshop and represented 3 groups including Twisted Sisters, DHF, and Clean Machine. These were fifty percent of the Kenai groups.

The Golden Heart Area workshop on March 17 attracted 16 members representing 6 groups, or 75% of the Golden Heart Area groups. These were the North Pole Outlaws, Executive Group, Clean and Serene, Welcome Home, and Out To Lunch Bunch.

Growth in these Areas is amazing. In Kenai on Saturday night, I attended the Dopeless Hope Fiends and there were 40 or 50 persons. – five years ago there were about 7 members in attendance. Reportedly, the Men's meeting has 16 addicts or so in attendance. Fairbanks is rocking with growth as well -- there is a meeting seven days a week. And obviously the workshop attendance was amazing.

What a blessing this workshop has been for me. Thank you NA.

2. Expenses:

Workshop copies (Kinkos)	\$371.60
Fairbanks ticket (15,000 miles)	\$150.
Tank of gas to Kenai	<u>\$ 50.</u>
Workshop cost:	\$571.60

Assembly copies (Kinkos)	<u>\$308.90</u>
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Subtotal: \$880.5
(Advanced for workshops = \$480.
Balance due ARD \$400)

Facility Cost: \$440
Food (pizza, water, coffee) \$150

Total estimated Cost \$1470.50

Budget:

Assembly \$1000
Workshop Amendment \$480
Total Budget -= \$1480

3. I have not got ticket to World yet. Been waiting for prices to drop. Will get them in the next week, before 3-week advance.

Convention Chair – Rick M.

Absent

Report given by Kathy W.

Convention will be held at the Millennium Hotel in Anchorage on October 26th, 27th and 28th, 2012. A Convention fund-raiser to occur on April 13th, 2012. Theme and logo voted on on April 1st, 2012.

Hospitals and Institutions – Vacant

Public Information – Anne H.

Absent

Literature – Lou Ann P. (Pro Tem)

The 1Q ARSC newsletter was published. I will be starting on the next addition soon. If you have something you would like to see or have news, please send me your contributions or suggestions.

ILS,
Lou Ann P.

OLD BUSINESS

1. Chair – Kathy W. nominated from Anchorage – Vote

Anchorage: *Yay*. Golden Heart: *Absent*. Kenai: *Yay*. Juneau: *Yay*. Passed.

2. Treasurer – Charlotte D. nominated from Anchorage – Vote

Anchorage: *Yay*. Golden Heart: *Absent*. Kenai: *Yay*. Juneau: *Yay*. Passed.

3. Literature - Lou Ann P. nominated from Anchorage – Vote

Anchorage: *Yay*. Golden Heart: *Absent*. Kenai: *Yay*. Juneau: *Yay*. Passed.

4. H&I – Nominations:

None

5. Vice Chair Nominations:

None

6. Secretary Nominations:

Dave P. from Anchorage

Qualifications for David P.

for **Regional Secretary**

Qualifications:

- Clean date of February 16th, 1997.
- Actively working steps with my sponsor.
- Actively participate in my home group's activities.
- Willing to give my all to the position.
- Willing to ask for help, take direction and apply the Traditions of Narcotics Anonymous.
- Above all else, I am of the belief that I need to give back what was so freely given to me.

Past Service:

- GSR for: Gong Show, Clean & Serene, Eagle River Group
- Coffee Maker for: Gong Show, Clean & Serene, Eagle River Group, Fast Group, Walk Your Talk
- Set-up and Clean-up for: Gong Show, Clean & Serene, Eagle River Group, Fast Group, Walk Your Talk
- Key Holder for: Fast Group, Eagle River Group

7. Draft H&I Guidelines:

Motion to table made by Donna A. Seconded by Ellsworth W. Drafting of H&I Guidelines tabled.

8. 2013 Convention Bid – Fairbanks

Motion to table made by Ellsworth W. Seconded by Donna A. 2013 Convention Bid tabled.

9. Annual School of Addictions:

Ellsworth W. to take news back to Anchorage Area for discussion.

NEW BUSINESS

1. Next Regional Meeting:

6:30 PM, May 22nd, 2012 at Freedom Frog.

2. Convention email addresses: Each Area needs to be responsible for maintaining, checking and answering emails with regards to AK Regional Conventions.
3. Chair – Kathy W. asked to consider having Regional Meetings once every other month instead of quarterly.

ACTION ITEMS

(Items to take back to Area's for group conscience.)

- Information on Annual School of Addictions. ARSCNA will take care of funding. Funding to come out of Public Information Budget.
- Positions are open and needed for Regional H&I Chair, Regional Vice-Chair
- Draft for H&I Guidelines
- Secretary nominations

ANNOUNCEMENTS

- Valdez campout will be 1st weekend in June, 2012.
- Kenai Campvention; July 27th – 29th, 2012.

Motion to Adjourn made by:

Lou Ann P.