

Alaska Region of Narcotics Anonymous

January 17, 2017 6:30 PM

MEETING MINUTES

Moment of Silence followed by the Serenity Prayer

Reading of the Twelve Traditions – **Arlene L.**

Twelve Concepts of Service – **Dave L.**

Roll Call

- Chair – Lou Ann P., **present**
- Vice Chair – **vacant**
- Treasurer – vacant, **Lou Ann acting treasurer**
- Secretary – Summer P., **absent**
- RCM Anchorage – Arlene L., **present**
- RCM Golden Heart – Shawn M., **present**
- RCM Kenai – Dennis A., **present**
- Regional Delegate – Frank P., **present**
- Alternate RD – **vacant**
- H&I Chair – Doug P., **present**
- Public Information – **vacant**
 - Web Servant – Shannon D., **present**
- Convention Chair GH – Dave S., **absent**,
- Convention Chair Anchorage – Dave L., **present**
- At-large members attending: Alan Mc.

Amendments to the Agenda:

- Dave L., Convention Chair, wants to raise the Convention seed money. See New Business.

Approval of October 29, 2016 Minutes – **moved, seconded, and approved**

ADMINISTRATIVE COMMITTEE REPORTS

1. Chair – Lou Ann P.: Verbal report. She apologized about getting the minutes out so late. Recognized Doug for working on them.
2. Treasurer – **Balance in the account is \$12,760**. See “ARSC 2016 Expenditures and Budget Summary” spread sheet (attached), which gives a line item report of the 2016 expenditures, and a budget versus expenditure report for the budget cost types.

AREA REPORTS

- Anchorage RCM -- Arlene’s written report is attached.
 - There are challenges with the Valley groups making it to the Area meeting. There is an ad hoc group looking at “Skyping” into Area.
 - Anchorage Area hosted Thanksgiving and Xmas narathons. Low participation for Xmas.
 - 38th NA Anniversary in Alaska will be held on February 4 at Saint Anthony’s Church.
- Anchorage Alternate RCM - Vacant

- Golden Heart RCM – Shawn’s RCM report was missing at the time of the meeting. Verbal report included:
 - 10 groups in the Golden Heart Area now. There are meetings 7 days per week.
 - There are meetings in Barrow 3 times per week.
 - GH Area Subcommittees are filled.
 - There is an ad hoc phone help line committee, which is evaluating GH Area having its own phone line again. Currently GH uses the Regional help line.
- Golden Heart Alternate RCM -- vacant
- Kenai RCM – Dennis’ written report is attached.
 - There are 18 mtgs on the Peninsula.
 - Treasury balance is \$17,039.
 - Purchased \$500 worth of literature for newcomers.
 - Subcommittee chairs were elected in December.
 - Kenai Area failed to vote on the nominations or other business so Dennis abstained from voting on old business.
- Kenai Alternate RCM -- vacant

SUBCOMMITTEE REPORTS

- Regional Delegate – Frank P. rolled into RD at the end of the October Regional meeting per the ARSC guidelines.
- Alt. Regional Delegate – Vacant. ARD was subject to election. See below.
- Convention 2016 Chair, Fairbanks – Dave S: Absent. Dave L., Anchorage Convention Chair reported that the Fairbanks Convention gross was \$9809.86 per information he had from the “final 2016 convention committee meeting” recently. Thus the profit was \$3809.86. (Subsequent to the ARSC meeting, Dave S was contacted and he reported that he would provide final 2016 Convention Report “soon”.) Shannon lauded the consistency and timeliness of the 2016 convention committee reporting.
- Convention 2017 Chair – Dave L. (Anchorage): Dave reported that the executive committee was set.
 - Arlene L., V. Chair
 - Kathy S., Treasurer
- Hospitals and Institutions – Doug P. See attached written report.
 - Doug is engaged in a Department of Corrections mail out.
 - Has not purchased any “Project Primary Purpose” shirts through Kenai yet.
 - Working Steps Behind the Walls is going slowly.
- Public Information – Vacant
- Literature – Vacant

NEW BUSINESS

1. **Increase the Convention seed.** Background: the convention seed is \$6000, which is transferred from convention to convention while any funds earned over that amount are deposited with Region.
 Dave L. requested increasing the seed by \$2000. Dave L. was the treasurer of the 2015 convention and pointed out that at times it was hard to do business because of cash flow issues. For instance, the hotel needs a healthy deposit (like \$3000), merchandise needs significant funding in August (shirts cost

a lot), airline tickets for the speakers need to be bought in June and July –tickets for 3 speakers and a comedian could run \$3500 - \$4000.

Kenai and Golden Heart RCMs commented that Kenai and GH conventions recently did not need an increase in seed money. Also, that the hotel deposit could be “negotiated.”

The solution worked out was to put a convention contingency into the draft budget, see old business. When the Convention committee needs the money, they will request how much they need and state what they need it for. Funds will be disbursed accordingly. Whatever portion of the contingency turned over to the convention committee will be returned to ARSC with the profits of the Convention.

2. Kenai introduced motion to Waive Audrey B. Clean Time. Seconded by Anchorage RCM.

Motion reads as follows: *That the ARSC waive the clean time requirement for HI Chair (for Audrey B.) because of Audrey B’s experience in the field of H&I in Kenai.*

See Audrey’s experience in her qualification statement, which is attached. For information the clean time requirement is 5 years; Audrey will have 4 years clean in April. Audrey meets the service requirement, which is “2 years at the Area level”.

OLD BUSINESS

1. Alternate Regional Delegate Election: **Dave S. was elected ARD**, 2 yeas, 0 nays, and 1 abstain, Anchorage and Golden Heart voted yea, and Kenai abstained.
2. Public Information Election: **Doug P. was elected PI Chair**, 2 yeas, 0 nays, and 1 abstain. Anchorage and Golden Heart voted yea, and Kenai abstained
3. Hospitals and Institutions Election: **Election was tabled** until motion to waive clean time requirement for Audrey goes back to the Areas.
4. Bi-annual Budget Ad Hoc Committee Report is attached. Budget was discussed. Line item for “Convention Contingency” was added. Decision was made to send it to the Areas for approval. **Draft Budget to go to Areas for final approval.**
5. Revised Guideline Ad Hoc Committee: Anchorage completed the *Guideline Revision Poll*. Kenai and Golden Heart have not completed it yet. “Guidelines Revision Ad Hoc Committee Report” and the Anchorage poll results are attached. **Action tabled.**
6. Vice Chair nomination -- none
7. Treasurer nomination -- **Anchorage Area nominated Shannon D for Treasurer**. Shannon’s qualifications are attached.
8. Teleconference meetings – Various ideas were discussed including “Go To Meeting”, “Skype”, and “Zoom”. PR Chair agreed to set up something for the next meeting.

ACTION ITEMS

1. Vote on the Regional proposed 2-year budget. Draft budget is attached.
2. Vote on motion to waive the clean time for Audrey B. for Regional H&I Chair. Audrey’s qualifications statement is attached.
3. Vote on Audrey B. for Regional H&I Chair, if your Area has not already done so.

4. Vote on Shannon D. for Treasurer. His qualifications are attached.
5. Kenai and Golden Heart should complete the ARSC Guideline revision Poll. Poll is attached to the ARSC October 2016 Regional minutes. Contact Doug P. with any questions or for a copy of the poll. Anchorage poll is attached.

ATTACHMENTS

- ARSC 2016 Expenditures and Budget Summary (treasurer's report)
- Anchorage RCM (Arlene's) written report 1-17-17
- Kenai RCM (Dennis') written report 1-17-17
- Golden Heart RCM (Shawn's) written report 1-17-17
- Regional H&I Report 1-17-17
- ARSC 2017 – 2018 Budget Proposal Final
- ARSC Guidelines Revision Ad Hoc Committee Report 1-17-17
- ARSC Guidelines revision poll – Anchorage Results
- Regional Treasurer Qualifications, Shannon D.
- Regional H&I Chair Qualifications, Audrey B.

ANNOUNCEMENTS

Date of the next meeting is Wednesday April 19, 2017.

Date	Check no.	Cleared	Payee	Check Amt.	Deposit	Description	Ending Balance	Category
						balance from 01/29/16 Statement	\$13,618.55	
3/16/2016	2234	x	Brown's Insurance	\$ (250.00)		Insurance	\$13,368.55	Insurance
3/29/2015	2235	x	GH Area of NA	\$ (49.91)		Car Workshop	\$ 13,318.64	WSC Workshops
2/21/2016	2240	x	AT&T	\$ (95.03)		Phone line	\$ 13,223.61	Administration
2/21/2016	2241	x	Switchboard AK	\$ (87.18)		Help Line	\$ 13,136.43	Help Line
3/6/2016	2242	x	AT&T	\$ (67.27)		Phone line	\$ 13,069.16	Administration
3/6/2016	2243	x	US Postoffice	\$ (200.00)		Postmaster	\$ 12,869.16	Administration
3/6/2016	2244	x	Switchboard AK	\$ (55.00)		Help Line	\$ 12,814.16	Help Line
3/6/2016	2245	x	VOID	\$ -			\$ 12,814.16	
3/26/2016	2246	x	Frank Z.	\$ (60.00)		Outreach -- learning Days in the Val	\$ 12,754.16	Outreach
3/21/2016			ARCNA		\$ 3,993.56	2015 Convention Proceeds	\$ 16,747.72	Convention
4/3/2016	2247	x	NAWS	\$ (393.56)		Donation to NAWS	\$ 16,354.16	Donation to NAWS
4/5/2016	2248	x	RADACT	\$ (200.00)		School of Addictions Table	\$ 16,154.16	Public Information
4/17/2016	2249	x	Eric M. (Anch Area Lit)	\$ (93.00)		Outreach for Dillingham	\$ 16,061.16	Outreach
4/17/2016	0001	x	Doug P.	\$ (1,371.00)		Insurance payment to Phil Insuranc	\$ 14,690.16	Insurance
4/17/2016	0001	x	Doug P.	\$ (24.00)		Literature Lemon Creek	\$ 14,666.16	H&I
4/17/2016	0001	x	Doug P.	\$ (57.54)		Outreach Ketchikan	\$ 14,608.62	Outreach
4/17/2016	0002	x	Switchboard AK	\$ (66.80)		Help Line	\$ 14,541.82	Help Line
4/17/2016	0003	x	Lou Ann P.	\$ (500.50)		Airline Ticket Frank P. WSC	\$ 14,041.32	WSC
4/17/2016	0003	x	Lou Ann P.	\$ (4.50)		Stamps	\$ 14,036.82	Administration
5/10/2016	0004	x	Frank P./Lou Ann P.	\$ (662.81)		Reimbursement WSC Expenses	\$ 13,374.01	WSC
4/19/2016		x	Deluxe Checks	\$ (36.87)		Checks	\$ 13,337.14	Administration
6/24/2016	2300	x	Switchboard AK	\$ (155.00)		Help Line	\$ 13,182.14	Help Line
6/24/2016	2301	x	NAWS	\$ (702.54)		Hotel for Frank P. WSC	\$ 12,479.60	WSC
6/24/2016	2302	x	VOID	\$ -		Void	\$ 12,479.60	
6/24/2016	2303	x	ACS	\$ (5.00)		Help Line	\$ 12,474.60	Help Line
7/19/2016	2304	x	Postmaster	\$ (100.00)		H&I PO Box	\$ 12,374.60	H&I
7/19/2016	2305	x	Postmaster	\$ (100.00)		H&I PO Box	\$ 12,274.60	H&I
8/27/2016	2306	x	Switchboard AK	\$ (176.72)		Help Line	\$ 12,097.88	Help Line
8/27/2016	2307	x	ACS	\$ (5.00)		Help Line	\$ 12,092.88	Help Line
8/27/2016	2308	x	Lou Ann P.	\$ (9.40)		Stamps	\$ 12,083.48	Administration
8/15/2016			ARCNA		\$ 1,993.09	Kenai Area Donation	\$ 14,076.57	area donation
9/12/2016			Paypal Transfer		\$ 100.00	Paypal Transfer	\$ 14,176.57	area donation
10/27/2016	2309	x	VOID	\$ -			\$ 14,176.57	
10/27/2016	2310	x	VOID	\$ -			\$ 14,176.57	
10/27/2016	2311	x	Switchboard AK	\$ (140.78)		Help Line	\$ 14,035.79	Help Line
10/27/2016	2312	x	ACS	\$ (8.86)		Help Line	\$ 14,026.93	Help Line
10/27/2016	2313	x	AT&T	\$ (123.64)		Phone line	\$ 13,903.29	Administration
11/4/2016		x	donation fr Frozen Chozen		\$ 50.00	Frozen Chozen	\$ 13,953.29	area donation
1/7/2017	2314	x	AT&T	\$ (64.56)		Phone line	\$ 13,888.73	Administration
1/7/2017	2315	x	ACS	\$ (12.41)		Help Line	\$ 13,876.32	Help Line
1/7/2017	2316	x	Switchboard AK	\$ (300.77)		Help Line	\$ 13,575.55	Help Line
1/7/2017	2317	x	Doug P.	\$ (82.65)		Bethel starter kit	\$ 13,492.90	Outreach
1/9/2017	2318	x	Doug P.	\$ (732.66)		H&I Mail Out	\$ 12,760.24	H&I

Categories	subtotals	2016 budget	category balance
Public Information	(\$200.00)	\$500	\$300.00
Help Line	(\$1,013.52)	\$1,250	\$236.48
web host	\$0.00	\$12	\$12.00
Translation	\$0.00	\$0	\$0.00
Outreach	(\$293.19)	\$500	\$206.81
Entertainment	\$0.00	\$0	\$0.00
H&I	(\$956.66)	\$750	(\$206.66)
Administration	(\$601.27)	\$700	\$98.73
Donation to NAWS	(\$393.56)	\$750	\$356.44
Insurance	(\$1,621.00)	\$1,500	(\$121.00)
WSC	(\$1,865.85)	\$2,000	\$134.15
WSC Assembly or Workshops	(\$49.91)	\$1,500	\$1,450.09
WSZF	\$0.00	\$1,000	\$1,000.00
Total Budget	(\$6,994.96)	\$10,462	\$3,467.04

Income	
Convention	\$3,993.56
Area Donations	\$2,143.09
revenue total	\$6,136.65

**Income is assumed to be \$6000 from the 2015 Anchorage convention and
***Donation to NAWS is 10% of the estimated convention revenue of \$6000.
*includes pre-Assembly CAR workshops in FAI, Kenai, and Juneau, and Anch.

Revenue	Expenses	Expenses Exceed Rev
\$6,136.65	(\$6,994.96)	(\$858.31)

	Discrepancy between statements and report
GH Area of NA Check 2235	\$12,474.60
	\$12,524.51
	(\$49.91)

\$ -1013.52

Regional RCM
Anchorage, Ak 99508
Jan 17, 2017 Report for ARSC

My name is Arlene; I'm an addict. At the Jan 9th, 2017 AASC meeting there were a quorum of the groups were present, none from Wasilla and Palmer were present or called in.

Michael P. gave his last report for Area H&I as he is leaving for Japan. They meet the 3rd Tues at Wings & Things. Area Activities Xmas NArathon not attended by very many people. The 38th NA Birthday will be Sat, Feb 4th. 2016 at St. Anthony's, I have 4 tickets if anyone needs one. Tickets \$20.

Valley GSF has a Celebrate Workshop Saturday Jan 21st 4pm at the Matsu Alano Club.

We have a nomination for Shannon D. for Region Treasurer.

Anchorage Area voted for Dave S. Golden Heart for Alternate Regional Delegate.

Anchorage Area voted for Regional Public Information.

That was everything I can remember.

In loving service. Arlene L. Anchorage Regional RCM

KENAI PENINSULA RCM REPORT JANUARY 2017

Greetings from KPASC.

The area continues to flourish with more groups opening and attendance always seem to be going up. We now have 18 meetings per week on the peninsula.

Treasury Report

Our balance as of today, stands @ \$17,039.16. In the past few months we have purchased a literature rack and literature for the Homer needle exchange. Purchased an extra \$500.00 dollars in books to be given away free to the newcomer that cannot afford one. We have also made sure that all groups have a good supply of literature for their groups. We sending off a contribution to NAWS and will be making another contribution to the region each in the amount of around \$1000.00.

All subcommittees are functioning well and we just had a change of chair people at our last area meeting which we do every November/December.

Unfortunately, the groups have not been as efficient at bring back votes for the region so I will be abstaining from all voting at this meeting.

I do have a motion for new business.

In Loving Service

Dennis A

Golden Heart Area Regional Report

January 17, 2017

- There are ten groups now active with two to three meetings a day seven days a week. The new Barrow group is meeting three times a week. Welcome to all the new GSR's (Group Service Representatives), committee chairs and subcommittee chairs. We appreciate your service. GHANA (Golden Heart Area Narcotics Anonymous) has all committee positions filled. The last Area service meeting I shared that we needed help filling Regional Service Committee positions and the clean time requirements were located at www.AKNA.org, Region, ARSCNA guidelines. I also shared the shortcut to the GHASC guidelines and Guide to local Service posted on website. I asked all new GSR's to familiarize themselves with these documents to know the rights and responsibilities of their new positions. I sent a copy of my report to all the GSR's with email addresses. I will try to make it to all the groups next month and introduce myself, explain my position, and ask if there is any way that Region can help them better carry the message to the Addict that still suffers.
- GHANA currently has two H&I (Hospitals and Intuitions) commitments at both FCC facility, men's only as well as the Ralph Perdue Treatment Center. H&I is continuing to reach out to members for support filling the women's FCC facility. H&I is working on permission to return to North Star Center. PR (Public Relation) is seeking interest from the groups to host a local cell phone help line. There was a subcommittee created to start a local phone service. I told Area that Region is working on that and that maybe we could pool our resources to this project.
- Golden Heart Area returned agenda items to groups for vote. I am ready to vote all these items.
 - Dave S. Alternate Delegate-Passed
 - Doug P. PI Chair-Passed
 - GHANA voted to waive clean time requirements on Audrey and voted her in as H&I Chair.

Thank you, for the opportunity to serve,
Shawn M. RCM (Regional Committee Member) Golden Heart Area.

Alaska Regional H&I Report

January 17, 2017

Hello,

We have ordered literature with the 2016 H&I budget. It should be here this week. I sent an email to Autumn Veal, the Addictions coordinator for State of Alaska Department of Corrections asking her to confirm the Parole Officer contact information for each correctional facility. We had a helpful response too.

Project Primary Purpose. I am remiss on this. The plan is to buy 30 tee shirts with the logo, as submitted by Kenai at the last Regional meeting and "Project Primary Purpose". Funds will come out of the 2017 H&I budget. I plan to pass this off to Audrey as she is heir apparent for this position.

Working Steps Behind the Wall – This activity has seen no correspondence. Lou Ann and I have responded to interested males and females. There just has been no response to the response. I will do a cover letter to the literature mail out informing the institutional PO about the program.

I attended NAWS Webinar – Service in geographically challenging Areas.

ILS

Doug P
244-6030

ARSC 2017 - 2018 Budget Proposal Final
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2017 and 2018 Draft Budget				
2017				
category	2017 budget	Change from 2015 budget	expense	budget balance
Public Information	\$350	-\$150		
Phone line	\$1,200	-\$50		
web host	\$12	\$0		
Translation	\$0	-\$500		
Outreach	\$1,200	\$700		
Entertainment Project	\$0	\$0		
H&I	\$1,000	\$250		
Administration	\$600	-\$100		
Donation to NAWS***	\$300	-\$150		
Insurance	\$1,700	\$200		
WSC	\$0	\$0		
Assembly or workshop	\$250	-\$250		
WSZF	\$2,000	-\$1,000		
Covention Contingency****	\$2,000	\$2,000		
Learning Days				
Total expenditures	\$10,612	\$2,950		
Income**	\$5,000			
**Income is assumed to be \$3000 from the 2016 GH convention, and \$2000 in Area donations.				
*** "Donation to NAWS" is stipulated in the guidelines as 10% of convention profit.				
**** Convention Contingency funds are meant to assist Convention but will be returned to Region after the convention with profit.				

2018				
Category	Budget	Change from 2016 budget	expense	budget balance
Public Information	\$350	-\$150		
Phone line	\$1,200	-\$50		
web host	\$12	\$0		
Translation	\$0	\$0		
Outreach	\$500	\$0		
Entertainment Project	\$0	\$0		
H&I	\$800	\$50		
Administration	\$600	-\$100		
Donation to NAWS***	\$600	-\$150		
Insurance	\$1,700	\$200		
WSC	\$2,000	\$0		
WSC Assembly or Work	\$1,000	-\$500		
WSZF	\$2,000	\$1,000		
convention contingency				
Learning Days				
Total	\$10,762	\$300		
income**	\$8,000			
**Income is assumed to be \$6000 from the 2017 Anchorage convention and \$2000 in Area donations.				
***Donation to NAWS is 10% of the estimated convention revenue of \$6000.				
*includes pre-Assembly CAR workshops in FAI, Kenai, and Juneau, and Anch.				

Pink color denotes an increase in budget \$20
blue color denotes an increase in budget -\$20

DRAFT BUDGET AND INCOME PROJECTION 2015 & 2016	
2017	\$10,612
2018	\$10,762
TOTAL 2-yr BUDGET =	\$21,374
Estimated Funds in acct at end of 2016*	\$13,500
projected revenue from Conventions and Donations**	\$12,500
Account balance plus estimated 2014 and 2015 revenue =	\$26,000
BALANCE OF FUNDS after the 2016 and 2017 Budget Cycle =	\$4,626

2017 – 2018 Budget Draft

In looking at the draft budget for 2017 and 2018, note the third column shows the change in budget from the previous even or odd year. Blue is a decrease in budget, and pink is an increase in budget. Overall the budgets have increased. The 2017 budget includes a convention contingency, which should be returned by the Convention committee after the 2017 convention. More realistically the 2017 budget is up \$950 from the \$2015 budget, and the 2018 budget is \$300 more than the 2016 budget. Some discussion of the budget line items are shown below.

Public Information – PI committee is responsible for phone line, Region’s on line presence, and translations. PR Budget total is \$1550 per year which includes *Public Information, Phonenumber (helpline), and Translation.*

- **“Public information”** budget line item covers regional public relations efforts including cost associated with communicating with Areas and groups, responding to the public, presentations to the public, and health fair booths. For instance, Region typically funds costs associated with a booth manned by Anchorage Area at the Annual School of Addiction.
 - **Goal:** to become part of the statewide conversation on drug addiction. We want to become part of the solution.
 - **Goal:** to communicate with institutions on behalf of the
 - **PI Budget:** \$350 per year.
- **Phonenumber** is the regional help line and includes ACS and Switchboard. Switchboard is the helpline answering service, where a person redirects the caller to a help line volunteer in the community they are calling from or to a regional help line NA member. We have Barrow coming on line and Anchorage wants to use it teleconference with the Valley.
 - **Goal:** to be responsive to the public who are looking for help whether this be (i) the addict or (ii) institutions looking for information about NA.
 - **Budget:** \$1200 per year.
- **Translation** – no budget for translation currently.

Outreach: The primary purpose of Outreach is starting and/or supporting meetings in hub communities in Alaska where there are few if any meetings. Currently we have no meetings in Bethel, Kotzebue, Sitka and Nome. The status of meetings in Dillingham, Kodiak and Ketchikan is unknown. (there is no communication with a group of any kind anyway). Juneau is not currently an active Area and we should do what we can to sustain the fellowship there.

Outreach is sometimes used interchangeably with Fellowship Development. FD would include PR and H&I workshops, and traditions and concept work.

Outreach Budget:

2017: starter kits (\$300) + rural fellowship development (\$900) = \$1200

2018: starter kits (\$300) + PR communication, etc. (\$200) = \$500.

- **Outreach and PR in Hub communities:** Includes Bethel and Ketchikan travel to do some fellowship development there. We need to reach out the these communities. Cut

any travel in 2018 during the Conference year so budget \$500. Public Relations and H&I

- **The starter kits** for new meetings come out of the Outreach budget. The starter kit includes a Basic Text, It Works How & Why, a Step Working Guide, and Just for Today, and 10 White Booklets, and a few Introductory Guide to NA. Maybe a Working Step 4 in NA pamphlet.. Value is about \$60 plus postage. (budget = \$300)

Entertainment: There is no proposed budget for entertainment.

Literature: No Budget.

H&I: This budget is \$1000. Includes \$650 in literature mail out and then \$150 for the Postage. \$815 was the cost in 2014, and \$986 in 2015. 2015 was over budget because of H&I work in the Valley. \$185 is for doing H&I and Working Steps Behind the Walls outreach and training. This is a \$250 bump over the last cycle.

Administration: Includes teleconference phone line, post office rent, meeting rent, stamps occasionally. This has been averaging between \$500 and \$600 last few years. Budget is \$600.

Insurance: This is the Regional, Area, and Group liability insurance policy for Alaska. It covers all of our events and Groups. Cost has been running \$250 brokerage, and \$1371 to Philadelphia insurer. \$1700 covers it.

WSC (Biannual World Service Conference) – This funds the Alternate Delegate travel and lodging to the WSC every two years. This is NAWS Conference where all the delegates from all Regions meet to carry conscience to “World”. It extends for two weekends and the week between. Expense occurs every other year (even years – 2016).

WSC Assembly or Workshop – During conference years, this budget funds the CAR workshop in Kenai, Anchorage, Wasilla, and Fairbanks. Some of this money intended for travel to other communities than the Delegate (or ARD) resides in. Some of it is for workshop supplies and rent as required. Full budget is \$1000, a conference year; it is \$250 during non-conference year.

WSZF (Western States Zonal Forum) - Alaska is a member of the WSZF. WSZF meets annually. WSZF meeting is 3 days –Friday, all of Saturday, and Sunday until noon. During the Conference years, it reviews the CAR and someone from NAWS attends as well. Budget here is \$1000 each for the ARD and RD, \$2000 per year. Fellowship voted on this in 2016. Motion to fund the ARD to WSZF passed, which increases this budget to \$2000 each year.

Convention Contingency – Anchorage 2017 Convention committee sought additional “seed” money because convention 2015 had cash flow issues. Instead of increasing the \$6000 seed, it was decided to put \$2000 into the 2017 budget to help alleviate cash flow issues during 2017 convention planning, which funds would be returned with profits to the Region when the Convention was over. The convention contingency budget line item looks like it “inflates” the budget, but actually the funds are not an “expenditure” so much as a kind of loan. There is a small risk associated with the “loan” in the event that the Anchorage 2017 convention does not earn back the seed plus the loan.

Regional Guidelines Revision Ad Hoc

January 17, 2017

After reviewing comments from reviewers in Anchorage and Kenai, there were a handful of issues or disagreements that came up. On the heels of the last ARSC meeting in October, I sent out a poll and requested the Areas complete.

We have Anchorage conscience on these though I have not seen anything back from the other Areas. What we found in Anchorage is attached. The Anchorage vote had strong majorities except for

- The provision allowing Areas to remove a convention chair, which passed 7-4 (a 63% majority, whereas strong majority must exceed 67%.)
- And the provision requiring a unanimous vote to waive clean time, which failed with a weak majority by 5 to 6.

If the Areas can reach consensus on these six (6) items, then I believe we have the wherewithal to submit the full revision to the Areas for final approval. Tony A had suggested we vote on a list of changes, cafeteria style. This approach is a modified version of that, where the Areas vote on the most contentious proposed changes. The rationale for this is that the difficult decisions will get buried amidst the multitude of no-brainers and decisions for which reviewers have only had unanimous consensus thus far.

ILS

Doug P

Attachment:

Guideline Poll of six-issues - showing Anchorage Results.

Regional Service Committee

Part i, Part 7 – Conditions of Nomination(s)

Subpart a (iii) introduces a provision to approve waiving clean time. The language is as follows:

“RSC should not waive clean time unless there is unanimous approval to waive the clean time”. There is no provision for waiving clean time currently. “Should” is advisory. “Shall not” would be prohibitive, so as it stands now, “RSC should not waive clean time”, a simple majority is required to waive clean time.

<i>Fails</i>	5	Yea,
<i>w weak</i>	0	OK, can live with this change
<i>majority</i>	6	No,

Comment: _____

Part I, Part 11 – regarding groups that are not within an Area, The following provision gives groups the means to make a motion at the ARSC meeting.

“Groups outside of “Areas” may be heard, but do not vote. Chair may introduce a motion on behalf of Group or Groups that are geographically outside of an existing Area. Such a motion would still require a second and would be treated like any other motion.”ⁱ

Groups outside of Areas do not have a voting presence. They can speak but cannot introduce a motion. This gives them that ability.

<i>Pass</i>	10	Yea,
<i>w strong</i>	0	OK, can live with this change,
<i>majority</i>	1	No

Comment: _____

Part I, Part 11 – Removal from the ARSC Quorum. In the course of reviewing the Guidelines, Kenai suggested “would like to see this part I (11) guideline removed”. This is what it reads now:

“If an Area is not represented at two consecutive ARSC meetings then they cannot vote at the next RSC meeting in which they are present.”

The reason for this motion is the quorum count is important to getting business done. If there are 4 Areas and only 3 show up, then they are saddled with achieving unanimity to get anything done. Kenai, in a spirit of unity and cooperation, suggested that it read:

“If an area is not represented at two consecutive ARSC meetings, the Chair or Vice chair will contact the area and open a line of communication as to why no RCM has been present and determine if the Area needs help in reestablishing itself back into the Region.”

A compromise is as follows:

“If an Area is not represented at two consecutive ARSC meetings then they cannot vote at the next ARSC meeting in which they are present. In this event, the Chair (or someone designated by the Chair) is tasked with reaching out to the Area to determine why the Area is not participating at Region, and what assistance the Region might provide to help the Area to reestablish itself in the Region. The Chair would provide a brief report of this effort at the next Regional meeting.”

<i>Pass</i>	9	Yea,
<i>w strong</i>	1	OK, can live with this change,
<i>majority</i>	1	No

Comment: _____

The full section of the Revised Convention Section of the Guidelines is reprinted below. There is disagreement about the highlighted lines. Other elements of this section are either standard practice or have been overtly adopted by ARSC.

Part 3 – Should the guidelines state that we should have convention in the Fall?

Convention shall be held in September, October or November each year

Some have responded the Fall convention is traditionally in the Fall and like it. Other reviewer recalls a time when we had a convention in the Spring, and 2 years ago we had a hotels and hospitality chair advocating for a Spring. Since Region typically has a convention every year, it would screw up the seed money and timing to have the event in Spring.

Pass **9** Yea,
w strong **0** OK, can live with this change,
majority **2** No

Comment: _____

Part 6 – This section includes the previously adopted practice of an Area electing the Convention Chair.

“The host Area shall elect the Convention Chair who meets the qualifications set out in part (7)(v) and (7)(vi) of these guidelines. At the same time, the host Area may remove a Convention Chair by a 2/3 vote of the host Area groups.”

The provision to remove the chair has been added. Since the Area elects the Chair, this gives the host Area the ability to remove the chair by 2/3 majority of the Area groups.

Pass **7** Yea,
w weak **0** OK, can live with this change
majority **4** No

Comment: _____

Part 7 and Part 9 – Should the Convention Chair be accountable to the Area and the Region?

The convention chair is accountable to the host Area and the ARSC.

Part 9 just expands on how the convention Chair would be accountable. “While the convention is a Regional event, the host Area is in the best position to respond to Convention committee needs and issues as they arise, monitor Convention progress, and coordinate Convention events with local Area events. On the other hand, the ARSC is less able to respond because it meets less frequently than the host Area, and the possible need by RCMs to take decisions back to their Areas delays ARSC response time further”.

Pass **11** Yea,
w strong **0** OK, can live with this change
majority **0** No

Comment: _____

XII. CONVENTION SUB-COMMITTEE

1. Use the approved WSO Convention Guidelines. -The purpose of the ARSC Convention is to celebrate recovery. This purpose does not override NA's primary purpose. ⁱⁱ
2. Convention subcommittee is a subcommittee of the ARSC.
3. Convention shall be held in September, October or November each year ⁱⁱⁱ
4. Convention is hosted in turn annually as follows: Kenai, Anchorage (2017), Golden Heart, and Anchorage, and Kenai, etc. ^{iv}
5. Annually, at the October meeting, the next year's Host Area should commit to hosting the convention. If the Area whose turn it is to host in the cycle declines to host, then the next Area in turn shall have opportunity to host, unless Golden Heart or Kenai decline to host, in which case Kenai or Golden Heart may elect to host instead of Anchorage, who would have just hosted. ^v
6. The host Area shall elect the Convention Chair who meets the qualifications set out in part (7)(v) and (7)(vi) of these guidelines. At the same time, the host Area may remove a Convention Chair by a 2/3 vote of the host Area groups.
7. The convention chair is accountable to the host Area and the ARSC. While the convention is a Regional event, the host Area is in the best position to respond to Convention committee needs and issues as they arise, monitor Convention progress, and coordinate Convention events with local Area events. On the other hand, the ARSC is less able to respond because it meets less frequently than the host Area, and the possible need by RCMs to take decisions back to their Areas delays ARSC response time further.
8. The Convention Chair (or designee) shall provide a report to the ARSC on behalf of the Convention Committee at its regularly scheduled meeting.
9. The Convention Chair (or designee) shall attend the host Area committee meetings and update the host Area committee on convention planning and progress, and to coordinate activities. The host Area groups (fellowship) shall support the convention committee by providing the human resources and ideas necessary to put on the convention.
10. The ARSC shall provide the convention seed money to host the convention. This is maintained in the Convention bank account, which typically does not change between conventions.
11. Convention chair (or designee) will submit a Convention report and transfer all funds in excess of the seed money to the ARSC treasurer within 45 days of the Convention. If the Convention earned no proceeds above the seed money, the ARSC will make the seed money whole for the next convention committee.

^{iv} This was adopted by resolution in 2014.

^v Sometimes the smaller Areas are not up to hosting a convention. If Anchorage has just hosted the convention, then it is appropriate to hold it elsewhere the following year, so if GH declines, it should go to Kenai or vice versa.

Shannon D for Regional Treasurer

"I am writing to accept a nomination for the Region Treasurer position.

I meet the clean time and minimum service commitment requirements to accept this role. My clean date is January 3, 1988. Currently Clean & Serene in Anchorage is my home group. I have been active in Anchorage area and region service since June 2012 serving as the Region and Anchorage area Webservant under the supervision of Region Public Information and Region Chair. My service responsibility is to be active with updating the Alaska Region's website, which includes updating event calendar; convention page; and all areas' information to include meeting schedules, newsletters to inform the Alaska membership and public of Alaska Narcotics Anonymous.

In addition to being clean and serving the Alaska NA community I have a sponsor and have worked the 12 steps. I meet with two to three men regularly to remain accountable in my own actions with how I live and make decisions regularly so that I can maintain a heart of service. Coincidentally with working the 12 steps I also actively sponsor several men from time to time.

I understand that as a servant at the region level I serve the individual members through their home groups' conscious as it is carried from the group level to area then to the region.

I believe I will benefit the Alaska Region in the position of Treasurer for the upcoming term."

ILS

Shannon

To the ARSC and Narcotics Anonymous members around the state:

My name is Audrey M. and I was recently nominated for the Hospitals & Institutions Chair position at the Regional level of service. I am honored to be considered for this position. My qualifications are as follows:

1. I have served as the H&I Chair on our Area Service Committee here on the Kenai Peninsula for 2 terms.
2. During my terms of service, our committee implemented a local annual Learning Day event to help educate the members of our area about what service is, what it means to be of service to NA, the different ways to be of service, what it is each service committee does, as well as how service affects personal recovery and the lives of those we serve.
3. In the last 3 years, with Learning Day and other activities and outreach, our committee has successfully grown from approximately 3 members to a consistent 10 or more attending our monthly committee meetings. We have also grown in the number of people we have that have completed orientation.
4. I have assisted the committee in reaching out to other institutions so that we can carry our message to other addicts that may not have access to Narcotics Anonymous. When I began service in H&I, our committee was doing H&I presentations in 2 facilities (once each week per facility). We are now successfully carrying the message into 4 facilities with multiple presentations each week in multiple facilities.
5. After being approached by the staff at a facility, for approximately 1 year, the Kenai Area H&I Committee facilitated and maintained an H&I presentation at a treatment facility in the Anchorage area.
6. I've served in other positions in NA including serving on other committees, was the chair of our annual Campvention event, as well as service at the group level since coming into the program.
7. My clean date is April 11, 2013.

I do my very best to apply the Traditions in all that I do inside and outside of the rooms of Narcotics Anonymous and with every service position that I've held thus far. If I am selected for this position, I will take the commitment seriously, apply the Traditions and the Concepts to the best of my ability, stay open minded and teachable, and will follow the guidelines as they are laid out for this position.

Thank you for the opportunity to be of service,

Audrey M.