

Alaska Region of Narcotics Anonymous

Saturday June 16, 5pm

ZOOM Meeting ID: 835-729-936

Phone Numbers: 408-638-0968 (please use this one), 877-853-5247, 646-876-9923, 877-369-0926

Moment of Silence followed by the Serenity Prayer and Reading of the Twelve Traditions and Twelve Concepts of Service

Roll Call

Chair Tony **present**

Vice Chair

Secretary Paul (Pro Tempore) **present**

Treasurer

Anchorage RCM Susan **present**

Anchorage Alt RCM

Fairbanks RCM Shawn **present**

Fairbanks Alt RCM

Kenai RCM

Kenai Alt RCM

Regional Delegate Frank **present**

Alt Regional Delegate

Convention Chair

Public Information

Literature

Outreach Paul

Reports

Golden Heart Area of Narcotics Anonymous Regional Report

June 16, 2018

There are ten groups active with two to three meetings per day seven days a week in

Fairbanks, two meeting a week on North Pole, and three meetings a week in Barrow. There is a meeting in Nenana on Tuesdays at 7:00pm. There are between three and forty members attending each meeting. Some of our meetings have changed location and should be updated on the Area Meeting Schedule. GHANA (Golden Heart Area Narcotics Anonymous) has all Committee sub- committee positions but RCM alt filled. We are looking for that candidate now.

I continue to reach out to the groups and GSR's that Region needs help filling Regional Service Committee positions. Anyone interested can view the rights and responsibilities as well as clean time requirements at www.AKNA.org, Region, ARSCNA guidelines. I will continue to share at local groups the purpose of Region and how Region helps the Area carry the message of recovery to the State of Alaska. I informed GHANA that Regional positions are on their two-year rotation and that we need nominees for those positions.

Activities: meets on the second Wednesday of every month at First Presbyterian Church at 8:00pm and has hosted local events to help raise funds, build unity and communities among the Groups. Some of the events were Karaoke nights and bowling. We would like to list some of these events and dates to the Regional web page. But they are slow to post. We invite all Area's Activities committees to join on Zoom.

Public Relations: meets on the third Wednesday at First Presbyterian Church at 8:00pm. PR committee is working on updating all our institutions documents and continuing to reach members to go to the half way houses and jails for both male and female. They are working on the April health fair now and continue to reach out to support the new Nenana meeting. As well as participating in the Outreach committee to organize a meeting in Delta and get the line of communications open State Wide. We invite all Area's PR committees to join on Zoom.

Woman's Retreat was held on June 8th thru 12th, 2018 at Twin Bears Camp on mile marker 30, Chena Hot Springs Rd. To the women that attended it was inspiring and successful.

Blowout is this weekend June 15th thru 17th 2018 at Chena Lakes Camp Ground, Josh S. is the chair

After the Western States Zonal Form an Outreach committee was created by member of Golden Heart Area with the support of other Zonal Form Regions to help carry the message to the Addicts that still suffer. This committee has met regularly to brain storm ideas serve NA as a

hole and has a report for the other Areas. We invite all Area's and members Out Reach committees to join on Zoom.

The Golden Heart Area would like to Address concerned about the continued lack of Regional minutes and Agenda on the AKNA.org website and the slow updates of the Area minutes to the Fairbanks Agenda/Minutes.

We are ready to Vote on motions and have nominations to this Region.

Vote: Nominations:

Golden Heart Area of Narcotics Anonymous Regional Report

June 16, 2018 Nomination: Paul H. for Regional Secretary. Passed

Nominate: Bob L. as Regional Treasurer with Resume. Passed

Nominate: Yvonne A. as Co-Chair with wave of clean time requirement. Passed

Thank you, for the opportunity to serve,
Shawn M. RCM (Regional Committee Member) Golden Heart Area Narcotics Anonymous.

Meeting Discussion

Frank says it's OK for Tony to deposit money into the Regional bank account

Saturday July 14th next meeting at 4 pm. Use Zoom. Send Bob and Yvonne notice about the meeting.

Frank will provide a detailed report from the World Service Conference. He will ask the Alternate Delegate to give a 2-3 report of his impressions of the conference.

Do we still have PR chair? Can we get minutes onto the website please? Need treasury report. Request out for agenda stuff.

Resend last meeting minutes.

We are going to investigate updating the website.

Motion to adjourn.