

## **Alaska Region of Narcotics Anonymous**

**Tuesday March 19th at 7:00 pm**

ZOOM Meeting ID: 835-729-936 Phone Numbers: 408-638-0968

### **Roll Call**

- Chair - Tony - Present
- Vice Chair - Yvonne - Present
- Secretary - Paul - Present
- Treasurer - Bob - Present
- Anchorage RCM - Ashley - Present
- Anchorage Alt RCM - Sean - Not Present
- Fairbanks RCM - Brett - Present
- Fairbanks Alt RCM - John B - Not present
- Juneau RCM - Michelle - Present
- Kenai RCM - Dennis -Present
- Kenai Alt RCM - None
- Regional Delegate - Mandy - Present
- Alt Regional Delegate - None
- Convention Chair - Sasha - Present
- H & I Chair - None
- Public Information - None
- Literature - None
- Outreach - Paul - Present

### **Amendments to Agenda**

None mentioned.

### **Approval of Last Meeting Minutes**

Dennis makes motion to approve and it is seconded by Ashley. They are approved.

## **Reports**

Chair - suggests we get tuned up on the convention committee and that we need an alternate delegate for the region.

Vice Chair - vice chair: helpful to have emails. Helpful to send her amendments to the agenda prior to each meeting. Yvonne will get email list together for the region.

Secretary - please send me your electronic reports to put in the minutes.

Moment of silence was observed

Bob - Treasurer.

## **2019 – 2020 Budget Draft**

**2018-2019** maybe a tough year for funding. The regional account balances are approx. \$7000.00. The convention in fall of 2017 only raised \$2200. The 2018 budget was approximately \$11,500. The prudent reserve clause states account balance are not to drop below \$3500. that's enough to run the regional helpline and Insurance . We are going to need groups and Areas to make donations to region to continue. The Budget is listed alphabetically not by importance.

**Administration:** Includes teleconference phone line, post office rent, meeting rent, stamps occasionally. This has been averaging between \$500 and \$600 last few years. **Budget request is \$600.**

**Donation to Naws.** Typically Ak region has donated 10% of convention proceeds to Naws. Budget constrains in 2019 is to suspend this until we get our finances in order. **Budget 0**

**Entertainment:** There is no proposed budget for entertainment

**H&I: this budget is \$750.**

**Insurance:** This is the Regional, Area, and Group liability insurance policy for Alaska. It covers all of our events and Groups. Cost has been running \$250 brokerage, and \$1210 to Philadelphia Insurer. **Budget \$1700**

**Literature:** No Budget.

**Public Information** – PI committee is responsible for phone line, Region's on line presence, and translations. **PI Budget total is \$1350 per year.**

ï **Phoneline** is the regional help line and includes ACS and Switchboard. Switchboard is the helpline answering service, where a person redirects the caller to a help line volunteer in the community they are calling from or to a regional help line NA member. This typically cost \$55/00mo for Switch board, and \$10/mo for ACS phone line. **Budget: \$1000 per year.**

ï **“Public information”** budget line item covers regional public relations efforts including cost associated with communicating with Areas and groups, responding to the public, presentations to the public, and health fair booths. For instance, Region typically funds costs associated with a booth manned by Anchorage Area at the Annual School of Addiction. Website hosting included **PI Budget: 450 per year.**

ï **Translation** – Translations into Alaska native languages **Budget -\$1000**

**Outreach:** The primary purpose of Outreach is starting and/or supporting meetings across communities in Alaska where there are few if any meetings. **Budget request \$500**

	AK Regional Budget	2019 Budget	2020 Budget							
	INCOME	2019 Budget	2020 Budget	Actual	Income	Income Discription	2019 income	Income to collect		
1										
	Convention Donation	4,203.70	4,000.00	4,203.70	4,203.70		4,204			
	Interest income									
	Area Donations	5,192.84	5,000.00	5,192.84	5,192.84		5,193			
	Group Donations	200.00		200.00	200.00		200			
	Other Donations			1,630.25	1,630.25		1,630			
	Fund Raising Event									
	Income total	9,596.54	9,000.00	11,226.79	11,226.79		11,227	0	-	
	GRAND TOTAL - INCOME	9,596.54	9,000.00	11,226.79	11,226.79		11,227	(1,630.25)		
	EXPENSES	2019	2,020	Proposed	Runng total 2019					
1					Expense	Expense Discription	2019 expense Total	Over/under		
1.	ADMINISTRATION	600.00	600.00				- 0			

	<b>Admin Total</b>			<b>600.00</b>				600		
1. 2	Donations To NAWS	-	-					0	-	
1. 3	Entertainment	-	-					0	-	
1. 4	Hospitals & Institutions	750.00	750.00	<b>750.00</b>				750		
1. 5	Insurance	1,700.00	1,700.00							
	<b>Insurance Total</b>			<b>1,700.00</b>				1,700		
1. 6	<b>Public Information</b>									
	PI -Helpline	1,000.00	1,000.00							
	PI- Events,Com munications..	350.00	350.00							
	PI-Website	100.00	100.00							
	PI-Translatio ns	1,000.00	1,000.00							
	<b>Public Information Total</b>			<b>2,450.00</b>				0		
1. 7	Outreach	500.00	500.00	<b>2,130.00</b>	1630.25 Collected			500		1630 from outside donation s
	Fellowship Development	500.00	500.00	500.00						
1. 8	WSC -workshops	750.00	750.00	<b>750.00</b>				750		\$1500 Every 2 years





Anchorage RCM - Ashley:

Anchorage is off a spending freeze, we are working on the convention. Have a nomination for ARD Alan M. Had a great time with the 40th Birthday Event thanks for everyone who showed up. We are discussing the Facilitator concept. There is interest in the place card holder for WSLD. The web servant is possibly going to attend the next Regional Meeting.

Fairbanks RCM - Brett:

Blowout 27, 28, 29<sup>th</sup> of June. Twin Bears campground.

Zoom Meeting numbers onto schedule. Interested in asking other areas how they have publicized zoom meetings besides online.

Tell web servant we are considering a separate page for zoom meetings to be posted, would like to see that happen.

Golden Heart Area nominates Shawn M for PR Chair for Region.

In loving service, Brett H

Dennis Kenai RCM

Hello everyone

Busy time on the Peninsula. We have three events in the works right now which is putting a little strain on our trusted servants.

May 3<sup>rd</sup>-5<sup>th</sup> Women's 6<sup>th</sup> annual retreat. May 17<sup>th</sup> – 19<sup>th</sup> Men's 4<sup>th</sup> annual retreat. August 9<sup>th</sup> – 11<sup>th</sup> Campvention

We invite all who can make it to come and enjoy the Peninsula fellowship and hospitality.

WE currently have seven groups on the peninsula, we just added the eighth a few weeks back Sunday 2pm Just for today group.

The area meeting has seen a resurgence in the past few months from groups as well as members who just want to see what its all about and where they feel they could fit in. Mandy H has been spearheading the back-table group where she invites people to come and see how service is conducted at an area level.

There has been much discussion over the past months on GSR attendance and of the groups that do not attend the area on a regular basis which at time causes problems when it comes time to vote on certain matters that require a 2/3 majority as per our guidelines.

Other issues are the amount or trusted servants that show up ad participate in the area compared to the number of subcommittees we have. The new train of thought is to umbrella the smaller subcommittees under the main subcommittee such as Activates being the committee that puts on the women's and men's retreat as well the campvention and the chair people of those committee's attend the activities meeting thus brining together a wealth of knowledge in to that meeting. And the same would be done with PR. The other big issue which seems to pop up from time to time is children at meeting causing a disturbance, more will be revealed on this issue.

Our current treasury stands at \$7958.20 Spring L our new treasurer who has a very good knowledge of the position has been setting up the signing of accountability forms for those subcommittee chairs that handle money as well as an expense report template in the google drive for subcommittees to report their expenses.

We have no nominations for any of the vacant regional positions at this time

Due to the events coming up and the funds needed to put on such events we have no regional contribution at this time.

In Loving Service: Dennis A

Mandy RD

**To: Alaska Regional Service Committee of Narcotics Anonymous**

From: Mandy H. Regional Delegate

Date: 3/19/19

**Trusted Servants:**

It was a wonderful experience to attend the WSZF in San Diego. I feel more confident, prepared and supported to attend the conference next year and carry our regions conscience. From what I gather the regions in the zone wish to support one and other in the continued growth and furthering our primary purpose. I took the time to talk to several people from each area and some outlying areas in our region to gather what is working well and what our weaknesses are before attending the WSZF. Below I will list creative ways to use the resources I was introduced to at the forum that address some of the needs our regions members have shared with me.

**WSZF purpose:** Member regions collaborate, communicate, train and plan to carry out our primary purpose

Different regions have an abundance of certain resources and needs, and there is a desire to help one and other. While some regions have an abundance of monetary resources what Alaska region offers is an opportunity to participate in fellowship development. Which as many of us know is a fire that feeds our soul and spirit to serve. After delegates left Alaska last year, they were so inspired by helping to start a meeting in Nenana that the fire for recovery has been passed on to their regions. They were overjoyed to hear that Nenana is still going strong. Way to go.

❖ Our Regional subcommittees could meet quarterly via zoom and invite the area chairs of the same subcommittee to the meeting. During this committee meeting, our region could have a guest from an outlying region share what they are working on or struggling with.

For example, our regional PR chair could hold a meeting on zoom with the outreach chair, web servant and areas PR chairs in attendance while introducing a guest from outlying region.

**Intent:** This would offer excitement, new ideas, unity, and inspiration to area trusted servants while unifying Regional sub-committees.

**Regions Support**

I was able to include Frank and Allen via zoom for the discussion sessions during the zonal forum. Thank you, gentlemen, for all your support.

**Delegate Service Efforts**

I joined two of the workgroups at the zone, training tools and technology and fellowship development as I believe those both pertain well to our region and our concerns. I also attended a conference work group that addressed the roles of the zones. I will be sure to report back on the information I acquire through those avenues at the next regional meeting.

### **Two questions for RCMS:**

**From the fellowship development workgroup. Please take time to send me your responses to these questions from your areas.**

1. Do you have an underserved rural community within your region?
2. What support could the zonal forum provide that would help your efforts in fellowship development in these communities?

### **There is a suggested donation to WSZF**

\$300 annually to the Zonal Forum to help cover the costs of facilitation and event expenses. Alaska did approve this, a check needs to be written and mailed.

### **RECEIPTS**

The treasurer booked my airfare. I was sent a check for \$538 that included four nights stay @ \$123 and a \$46 dinner. I paid for my additional meals. I have texted treasurer my receipt from the hotel. Airfare is cheaper if we book tickets sooner when possible. In the future, I may be able to share a room with another delegate from a different region to help reduce cost.

### **\*WSLD Update**

The Northern Idaho/Washington region would like to have us represented at the WSLD. They desire to possibly help cover the expenses of a delegate to attend and provide a shared room with one of their delegates. We will need to have a name for them soon to set up airfare.

The delegates from the zone are meeting there and making decisions. There was a vote at WSZF to recommend George for world board, and Alaska abstained because we did not have a record of it from last year.

❖ They are also highly interested in Alaska putting in a bid for then WSLD which we would need to be in attendance. It could help our region out immensely at low cost if we willingly take on the work. We may need to show up and put in a place holder for 2022 and write up a bid after.

**Intent:** assist in fellowship development in our region and provide training/ education in service while having fun.

❖ It may be beneficial to consider sending some trusted servants to this event. Areas could even consider sending a person as Fairbanks sent a person last year. Zoom is being made possible so areas may be able to participate this way as well.

**Intent:** increase service-based education/ training, support, encouragement and excitement to serve.

### **Information on the WSLD XXXIII**

It will be held in Seattle, Washington, on November 8-10, 2019.

The host hotel is the Seattle Airport Marriot ([3201 South 176th Street, Seattle WA 98188](https://www.marriott.com/hotels-and-reservations/usa-wa-sea-seattle-airport-marriott-hotel/)).

We have a special link that will take you to a special reservation page for our event. Please click the link [here](#). The single rate is \$129 – check the special Marriot page for further details.

Online registration will begin **June 1, 2019**, on the Washington Northern Idaho Region website: <http://www.wnirna-reg.org>

You may pre-register by postal mail using the form provided on our flyer available [here](#).

### **\*Planning Workshop**

This workshop and training was fantastic. I was able to witness it in action, and it blew my mind how the process included everyone's concerns, ideas and resolved in solutions very quickly and without a lot of arguments. The seven steps are outlined at

[https://www.na.org/admin/include/spaw2/uploads/pdf/handbooks/Planning\\_Basics.pdf](https://www.na.org/admin/include/spaw2/uploads/pdf/handbooks/Planning_Basics.pdf)

I also learned that when using this process there are regions that invite an outside facilitator who is trained in this process. Having an outside facilitator eliminates bias while increasing unity and productivity. I can see this being very beneficial for regional and area inventories.

❖ One idea for our region would be to fly up a facilitator and send them to each area to facilitate the processing of an area inventory. This would take some coordination between RCMs however it would do several things to serve our members.

**Intent:** It would increase unity between the regional service body and the areas by providing an opportunity for growth and strengthening. It would also benefit the area service bodies to unify

and solve issues effectively all while introducing this process to our members because they could see it in action.

If you have questions about what made this process work so well let's set up a time to talk. It was powerful.

Between Frank, Tony & myself we can offer a list of incredible facilitators for this process. I was able to witness Steve and Laura in action as amazing facilitators.

### **MYTHS PER NAWS:**

1. We are not changing the definition of clean time, and it still includes abstinence.
2. We are not leaning toward zonal seating at the world conference.

### **NAWS FUNDING INFO:**

\$2.03 would be needed weekly from each registered group to fund NAWS solely from the seventh tradition.

Currently, NAWS receives approximately .49 cents per week per meeting.

%13 percent of seventh tradition funds NAWS.

### **[Spiritual Principle a Day Book Project](#)**

#### **RCM's**

A spiritual principal book is being created. Similar to just for today. Members are being invited to write and contribute.

❖ **Areas can host a spad workshop where members come and are given a spiritual principal, and each person writes a couple of paragraphs. Then the writings are submitted via email.** Please send the advance material you write or collect to [spad@na.org](mailto:spad@na.org)

or 19737 Nordhoff Place, Chatsworth, CA 91311 USA

**Maryellen:** Point person for *spiritual a day book*. [Na.org/spad](http://na.org/spad) has the link to use the page for the book project. <https://www.na.org/?ID=medibook&ID=medibook> (link). Membership project and need all members. We have PowerPoint, writing template, and information for presenting.

Print them out and send them back – make sure to fill the page out. Make sure to give the email address. Equally important to give the information on where they live. All around the world people are inputting their ideas. Can submit online. Released 12 more principles, will release them in 12's. Extension on 7<sup>th</sup> step expand on spiritual principles or have had the spiritual awakening. We are exploring spiritual principles. Recommending using a word doc and copy/paste on the form. Using the quotations, but you can get others that aren't there from our literature and can add that one with a quotation; make sure to cite the quotation. Train the trainer opportunity by going through the information. March will add 12 more. Review and input next year sometime for the first batch. Wants all the input they can get. Please make sure to input. There's a link to all the spiritual quotes. Feel free to call Maryellen or email her too. The WSO has office hours and can contact them as well. As for Pam T. [pamt@na.org](mailto:pamt@na.org) or [worldboard@na.org](mailto:worldboard@na.org).

### **RCM'S budgeting training available**

There is a PowerPoint available for the training. It was very informative and helpful. RCM's may want to take this back to area treasurers. Contact [David@Na.org](mailto:David@Na.org) for the copy of slide show and budgeting material.

### **Zonal Business Session with the creation of workgroups**

Work Groups Created: Past RD's & AD's invited to participate in work groups.

#### **1. Technology and training**

*Training, tools, virtual meetings*

*Meeting February 20<sup>th</sup> at 5 pm pacific standard time*

#### **2. Guidelines**

*Not meeting via zoom*

#### **3. Fellowship development in rural areas**

*Asking rocky mountain zone if they would like to join.*

*Meeting February 22<sup>nd</sup> 6 pm pacific standard time via zoom*

**Zonal Business session:**

Facilitator and co-term process of election and new election 2021

George nominated at WSLD as a facilitator for world board. Voted in during WSZF 2019.

WSLD- will include 3<sup>rd</sup> quarter meeting for delegates. They are planning to set up zoom for those that cannot be in attendance.

**I am including the zonal forum minutes and the other regional reports for you to look over.**

Some of the work at the zonal forum was internal work like the creation of guidelines and work groups. All the information for that is included in the minutes.

Thank you for allowing me to be of service.

Mandy H

**Additional reports and resources required per our guidelines**

**WSZF AGENDA 2019**

The western States Zonal Forum

January 24-27, 2019

Handlery Hotel

San Diego, CA

Thursday, January 24

Recovery meeting off premises for those who arrive early

Friday, January 25

10:00 am – 11:30 am California Collaboration

11:30 am – 1:00 pm Lunch

1:00 pm – 3:00 pm Regional Reports

3:30 pm – 5:30 pm Discussion Session on prioritized topics

Dinner and off premises meeting

Saturday, January 26

9:00 am – 10:30 am NAWS Update

11:00 am – 12:00 budgeting training

12:00 – 1:00 pm Lunch

1:00 pm – 2:30 pm Planning Workshop

3:00 pm – 6:00 pm Zonal Business Session with the creation of workgroups

6:30 pm Banquet and speaker meeting with a social mixer/recovery game show

Sunday, January 27

8:00 am Zonal work groups have breakfast meetings

10:00 am the closing session

**Regional reports:** All regions were in attendance.

Laura: (Facilitator)

Dave: Assistant Facilitator

Dennis: Central Cal AD

Don: San Diego Imperial RD

Dean: CMSRNA AD

Steven: CIRNA AD

Mike: CIRNA RD

Theo: Washington-Idaho RD

Kia: Washington-Idaho AD

Robert (Big River) Rio Grande RD

Rodney: Observing AZ

Mandy: Alaska RD

Moe: AZ RD

Maryellen: World Board

David: NAWS Staff

Steve R: NAWS Staff

Denis: Region 51 AD

Tina: Region 51 RD

Eileen: San Diego Imperial AD

Vince: Sierra Sage AD

Sheryl: Visitor Sierra Sage

Ami: Visitor Sierra Sage

Doug: Pacific Cascade RD

Art: SoCal RD

### **Local Service Resources**

**[https://na.org/?ID=local\\_service\\_resources](https://na.org/?ID=local_service_resources)**

Welcome to the Local Service Committee Resource area where NA service committees can share locally developed resource material. This material is presented as a resource so that NA service bodies might benefit from others' experience and work. Anyone is free to download any of these materials, and all of these resources can be used or adapted as your local service committee sees fit. Please look in the subheadings for files in languages other than English.

## [Conventions & Events](#)

## [CBDM](#)

## [Groups](#)

## [Financial, Legal, and RSO](#)

## [Guidelines, Bylaws, etc.](#)

- [ASC](#)
- [RSC](#)
- [Subcommittees](#)

## [Miscellaneous](#)

[NA Logos](#) (*Please Read [FIPT Bulletins 1 and 3](#) before downloading files*)

## [Newsletters](#)

### **Public Relations**

- [General PR/PI](#)
- [Phoneline](#)
- [PSAs](#)
- [H&I](#)
- [Inmate Step Writing](#)

## [Rural Service Resources](#)

[Service System](#) (also see [www.na.org/servicesystem](http://www.na.org/servicesystem))

- [GSFs](#)
- [LSBs and LSCs](#)
- [Planning](#)
- [Implementation](#)
- [Service System 101](#)

## [Technology](#)

- [Website](#)
- [Social Media](#)

## [Trusted Servant Training & Elections Resources](#)

## [Workshop Resources](#)

- [General Workshop Resources](#)
- [CAR Workshops](#)
- [Issue Discussion Topics](#)
- [Newcomer Workshops](#)
- [Service System Workshops](#)
- [Various Workshops Resources](#)
- [Worldwide Workshop Resources](#)

Sasha - Convention Chair: Gave report (never received electronic report). Tony suggests the webservant posts the info about the convention on the website. Brett requests the info.

Paul - Outreach

There are 3 Zoom meetings per week. 1 is a hybrid meeting. They are on the online schedule and our next meeting is at 7 pm March 25. We are hoping to work with Dennis on the translations. Shawn is interested in organizing a recovery road trip around the state. Below is our zoom meeting flyer for people to print and post where addicts might find it.

We have discussed putting on or helping out with some new comer workshops. To reach out to Juneau, we have discussed the idea of visiting Juneau;s NA campout planned this summer. Also, the idea of a hybrid zoom meeting with Juneau and Kenai has been discussed.

We are still working to put together group starter totes and figure out where we can send them. There is some talk about a group in Bethel needing support. They are supposed to contact the committee. We are hoping to work on an advertisement for tv or radio or possibly a PSA to villages.

Some of our future outreach efforts may benefit from a committee business card, which is nearly complete. We are delivering literature to Fairbanks treatment centers. Nome is looking for literature. We need to contact them.

# **NARCOTICS ANONYMOUS ONLINE MEETINGS**

**Saturday 3:30  
Thursday 6:pm**

**ZOOM MEETING ID#  
835-729-936**

**MEETING  
SCHEDULE  
AKNA.ORG**

**PHONE # 408-638-0968**

Dennis Translation Report:

Hello (Waaga) Everyone

First, I would like to say I was not asked to do this work nor do we have a Translation subcommittee. I was so touched with gratitude by the work Doug P did with the Yupik translation of It Works How & Why and seeing the need for such translations in our rural area I decided to carry on with the project. I have spoken to Doug many times and he has turned over to me the ways and means to get this done.

Shane Coulter from the World Service office Translation department has also been a great resource for me, and he is very excited and looking forward to other translation in the future. Shane sent up 300 copies of IP #1 in Yupik and I am having them distributed in the lower Kuskokwim region also known as the Calista corporation area.

To date all I have done bears no cost to the region just some leg work on my part.

I have four more translations in the works

Athabaskan two dialects, Gwichin and Koyukuk. The translation is currently being done by the Doyon Foundation's Language revitalization program director Alan Hayton

Inupiaq Translation is being done by Fannie Akpik from the language department at North Slope Borough School Board

Tlingit translation is being done in house thanks to the help of Dreana F from Anchorage.

These languages are spoken over a large area of Alaska and are the most commonly spoken languages per capita.

We also have something to go along with the IP, after talking with Shane Coulter the other day he informed me that it's a very easy process to have the welcome key tag made up he only needs the native words, there is no formal process for this to be completed.

As I said in the begging of my report there has been no cost so far but to complete these translations there will be a cost to the region for the initial translation the formal translation check will be completed by the WSO and they will cover the cost of that.

I would like to hear the thoughts of the other areas if they feel this is a worthy project and if the region is prepared to absorb the cost.

In Loving Service

Dennis. A

Alan has a collaboration idea for zoom he sent out in an email.

## **Old Business**

- Nominations for regional positions

Alan Alt RCM, Shawn for PR

Resumes below:

# Golden Heart Area Service Committee

## Trusted Servant Nomination / Resume

Name: Shawn M Date: 03\19\2019

Phone: 907-347-2463 E-mail: samurphy@mcns1.com

Nominated by: Late Night Group, North Pole Position: Regional Public Relations Chair  
Outlaws Group

Clean Date: 09\21\1991 Years: 27 Months: 5

Please list all NA service experience that you consider relevant:

Monday Night Step Study Group Service Representative 1992-1994, Monday Night Step Study Treasurer 1995-1997, Alternate District Committee Member #2 1997-1998, District Committee Member #2 1998-1999, Other subcommittee positions 2002-2006,  
North Pole Outlaws Group Service Representative 2014-2015 NA, Regional Convention Chair 2016 Alternate Regional Committee Member 2015-2016, Regional Committee Member 2016-2018.

Please explain your willingness to serve and why:

I keeping with the Steps and Traditions of Narcotics Anonymous service is not a duty but a privilege. Service teaches us how to get along with other people and addicts in a constructive way. It also teaches us how to get along with the public. My Higher Power believes the greatest gift that you can give is your self, through service and the program of Narcotics Anonymous and I believes that too. As long as I'm able, I'm willing to help pass on the message of recovery to the Addict that suffers. This was done for me.

What life and/or employment experiences do you have that you believe would be useful?:

I have worked in many different fields in my life. I work because it healthy and makes me feel useful.

I like to work and I enjoy the challenge of new experiences. I think that I have a well rounded business and service experience in life. I believe that can bring that into this position. I own a Information Technologies business and have for Twenty years of clean time. I work with the professional and public in many area's of my business. I have working knowledge of Internet technologies.

Please check all that apply:

- NA Sponsor
- NA Home Group
- Attend NA meetings weekly
  - ≤ 1     2-4     5-7     ≥7
- Working knowledge of the 12 steps
- Working knowledge of the 12 traditions
- Working knowledge of the 12 concepts
- Knowledge of the NA Guide to Local Service

Are there any current commitments that would conflict with this one?:

As I said, I currently own my business and work it full time as a Information Technologies Specialist. My working hours are flexible but I work full time. My wife and I are helping my daughter to raise her eight year old daughter and we have full temporary custody of our three year old Grandson.

Have you ever not fulfilled any NA service commitments?:

No

Have you ever misappropriated any NA funds? If yes, explain:

No

When were reparations made?: \_\_\_\_\_

Any other information that you consider relevant: \_\_\_\_\_

I want all members to be fully informed that I believe the the Guide to local service states. This is a support service position to help and develop other Area's Public Relations. Not to perform non Area supported services. I have enjoyed working with the current group members that are in service and believe that there is still much that can be done to carry the message of recovery in our Region. I thank all that have faith in me and will endeavor to do a good job.

Please realize that this form is not intended to exclude anyone from service, but rather to use as a tool to make informed decisions in following our Fourth Concept – “The trust necessary to confidently delegate service authority is founded on the careful selection of trusted servants.”

Alan m qualifications ARD

Alan M. Qualifications for A.R.D.

Thank you for the invitation to be considered for this position. I believe the group conscious is the heart of narcotics anonymous. serving the fellowship in this way is great opportunity for us to cultivate unity and communication with in our area and region.

I understand that the kenai area nominated Mandy As well. She would also be a good fit for this position and an asset to our region. He would have my full support if my nomination does not carry.

My Clean date: 2-17-91

I have served at every group position for multiple terms at multiple groups.

Alaska Regional chair 1 term

Alaska Regional vice chair 1 term

Alaska regional convention chair 1 term

Alaska regional convention activities chair 1 term

Anchorage area vice chair 2 terms

Anchorage area RCM 4 terms

Anchorage area activities Committee member 4 terms

Anchorage area chair 1 term

Anchorage area PI committee member 1 term

Anchorage H and I panel leader 1 term

Convention merchandise committee member 1 term

I've participated in sub committees to write the area guidelines, re-write the guide lines for the anchorage area, write the Alaska regional guidelines, plan and conduct various learning days, CAR workshops, budget discussions, I've led group inventories and area inventories.

My home group is walk your talk and I open and make coffee one day a week.

I have a sponsor and actively work steps, I sponsor addicts in recovery, I have a working knowledge of the 12 traditions and the 12 concepts and I am familiar with the guide to local service.

- Tabled WSC funding

Bob suggests do it at end of year if money is left over. There was a lot of discussion.

- Mandy rolls into RD position
- Approved to reimburse (webservant) \$304 - already paid

### **New Businesses**

Ad hoc committee mentioned to do something about website. No one seems to want to move forward with it.

The webservant does not attend our meetings. He is a member of PR which is vacant. Brett says this, Paul and Frank agree. Alan helps clarify things. Yvonne should be talking to Alec (webservant). Frank has never met him, \$300 spent out of nowhere. A new PR committee would solve the problem because the webservant is overseen by PR. A group can make a motion to fix the guidelines. Or maybe a PR chair would solve it.

- ARD, H&I, PI, Literature all vacant position
- Budget approval process (tabled until next meeting) - go back to the groups
- The Zoom line lease Jan 1 2019 need the approval to spend the money \$149.00

for 1 year, I have locked our meeting ID#, so it will always stay that number. And is ready to be paid. (approved motion made by Sean, dennis seconds)  
all yes

Would the regional H&I and PR sub-committee chairs and area subcommittee chairs like to schedule a date on zoom to meet with other H&I/ PR Chairs from other regions? If so, what dates? May 9

- Would the Alaska region like to put in a place card holder for the WSLD? Discussion on how this is structured. Bid? The region wanted her to do it. What is the cost?
- Confirmation on if you want to send your delegate to the WSLD? Would the region like to send another representative? Yes if another region funds it.
- Fellowship development responses needed from RCM's answering two questions listed in my report.

1. what support could the zonal forum provide that would help your efforts in fellowship development in underserved rural communities in our area?

300\$ for facilitator for wszf motion approved - Has already been put in budget so when budget is approved check will be written.

Email Juneau resumes

Need to renew insurance Dennis is meeting with insurance agent next week.

Motion approved for Bob to pay the insurance when the bill arrives. Dennis says it's already in the guidelines to pay the insurance. Therefore it is housekeeping and had already been approved

Possibly host WSLD 2022. Bring back to areas/groups for opinions. Would need to put in a bid later this year. Does Alaska send our RD? Does another region fund this travel?

Motion for Many to go WSZF.

Many is doing a Zoom H & I meeting tutorial.

\$1000 budget for translation to Yupik

Next Meeting April 30th 7 pm