

Alaska Region of Narcotics Anonymous
Tuesday, March 10, 2020, 7:00 pm
Phone Number: 408-638-0968
ZOOM Meeting ID: 835-729-936

Meeting started with moment of silence followed by the Serenity Prayer

Reading of the Twelve Traditions: Ashley A.

Twelve Concepts of Service: Alan M.

Roll Call

- Chair: Tony L., Anchorage - **present**
- Vice Chairperson: Yvonne A., Kenai - **present**
- Secretary: **Vacant** Arlene L., Anchorage - took notes
- Treasurer: Bob L., Fairbanks - **present**
- Anchorage RCM: Ashley A., - **present**
- Anchorage Alt RCM: Sean C., - **absent**
- Fairbanks RCM: Brett H., - **present**
- Fairbanks Alt RCM: John B., - **present**
- Kenai RCM: Bill S., - **absent**
- Kenai Alt RCM:
- Juneau RCM: Michelle, - **absent**
- Juneau Alt RCM:
- Regional Delegate: Mandy H., Kenai - **present**
- Alt Regional Delegate: Alan M., Anchorage - **present**
- Convention Chairperson: Nancy B., Fairbanks - **present**
- H&I Chair: **Vacant**
- Public Relations Chair: Shawn M., Fairbanks - **present**
- Literature Chair: **Vacant**
- Outreach Chair: Dennis A., Kenai - **present**

Amendments to Agenda

No amendments to the agenda

Approval of Last Meeting Minutes

Ashley A. moved to approve the Minutes. _____ Seconded

Reports:

1st Report – Chair Tony L. Present. No report submitted.

2nd Report – Outreach Chair Dennis A. Present

Outreach Regional Report March 2020

Hello Everyone

We held our first meeting on February 24th via zoom. In attendance Arlene, Shawn and myself.

Our first order of business was to create a vision statement for Outreach, which was approved and is now posted under the outreach banner on the www.akna.org website.

Secondly was to formulate our goals for the coming year.

1. Continue with translations. We currently have the Tlingit translation underway. Arlene has a friend in the fellowship that speaks Athabascan and she is working on getting that started. I am working with an Inupiaq teacher from Barrow on that translation. The costs of translation can be costly, so we are looking at ways to minimize that for the region. But in saying that we must make sure that the work we do on the translations is as professional as possible considering that these may become permanent pieces of NA approved literature.
2. Trip to Bethel to help start an NA meeting. We have set the date for May 21st through 23rd. I have a quote for airfare of \$470.00 for two tickets as well as a literature order \$214.00 to take with us. Both Arlene and I will be going. On this trip we hope to sit and listen to them read the Yupik IP and report back to the world translation board and if all goes well it will then become NA approved
3. Shawn is working to get a member from Fairbanks to join the committee and to oversee outreach in the interior that are connected by the road system
4. To connect with the already established meetings in outlying areas and make sure their meetings are listed on our regional meeting schedule as well as offer any support we can to help the grow. After just one meeting we realized there is a large cost that comes with outreach so one idea that was put forward is to create a t-shirt to sale to raise money for future projects such as translations. Thoughts!

We will be creating a yearly meeting schedule for zoom and publish it on AKNA webpage as well as all minutes from our meetings.

We also have a topic to be discussed under new business.

In Loving Service

Dennis A

Side note: Call Dennis with how many meetings Statewide and who needs help with literature – Kodiak, Juneau. Zoom meetings. Tony L. suggested to create a budget. Dennis has white key tags in Yupik.

3rd Report – Vice Chairperson Yvonne A. Present. No report submitted. Give email updates.

4th Report – Treasurer Bob. Present. No report submitted. \$10,600 in the bank. 2 bills: paid Anchorage Service phone line. Returned Alan M. ticket. Insurance is due. Underwriter to handle. Alan: reimbursement ticket, everything a go to WSC with RD Mandy H.

5th Report – Anchorage RCM Ashley A. Present. No report submitted. 14 Groups currently for the Anchorage Area including Wasilla/Palmer. Currently have 4 nominations to bring to Region, Kevin R. for Regional Chair, Kathy W. for WSLD chair, Morgan D. for H&I, and Josh W. for Treasurer. (Will attach qualifications). Anchorage

Area struggles with finances. Mix phone line and use Regional line. Adhoc committee – push for discontinuing. Housekeeping? XXXXI NA Birthday, March 28th, 2020 starts at 6:30 at St. Patrick’s Church. Women – considering a bid proposal to Region for the Circle of Sisters to come to Alaska in 2023. Will gather information before asking for Regions support. Meeting March 21st after WYT. Asked RD Mandy to talk about it at Area and help with it.

6th Report – Fairbanks RCM Brett. Present. No report submitted. 2020 Convention Committee formed. Golden Heart Blowout set for July 17-19. Out To Lunch Bunch motion for new business.

7th Report – Kenai RCM Bill S. Absent. No report.

8th Report – Juneau RCM Michelle. Absent. No report

9th Report – Regional Delegate Mandy H. Present.

RD February 2020 report to the Alaska Region

- There has been legal action taking upon Narcotics Anonymous World Services
I have copies of the legal petition that were emailed out by NAWS, and copies can be made available to interested members.
- Please remind your groups that the tally sheets for the Conference Agenda Report need to be emailed to mandyhanson@alteredself.com by April 1st
- I have set up a time to review the motions in the Conference Approval Track with the alternate and previous delegates. I would like to know if we have interested members in our region that would attend an online discussion concerning the motions within the CAT?
- The Western Service Learning Days (WSLD) workshop that our members requested went well. Information about the event that is to take place in Anchorage, Alaska, in 2022 is available. Currently, there are two members from anchorage nominated for WSLD 2022. The areas are waiting on their qualifications so they can vote.
- Western States Zonal Forum (WSZF) I have attached a copy of my report from the WSZF that occurred in January. I also emailed it to the web servant and loaded it into our Alaska Region Service group on Facebook.
- I’m interested in setting up a planning workshop for our regional trusted servants shortly to streamline our ideas and efforts in a unified way. I’ll report more on this soon.

If you have questions or would like more information on any of these topics, please call or email me.
907-252-5336

In loving service, Mandy H

10th Report – Alternate Regional Delegate Alan M. Present. Reiterate Mandy H. In Fairbanks and Kenai once a month. Can provide presentations upon request.

11th Report – Convention Chairperson Nancy B. Present.

Convention Committee Report

Chair-Nancy B.; Vice chair- Robert B.; Treasurer- Kim; Secretary-Susan; Programming-Gunnar E.; Arts & Graphics-Adam; Convention Information- Shawn M.; Hotels & Hospitalities-Jack; Merchandise-Tell; and Registration- Kip

There has been three executive committee meetings held to date. Next meeting will be March 18th, 6:15pm at the First Presbyterian Church off of Cushman. All chair positions have been filled except for the Fundraising and Entertainment Committee. Still announcing that this needs to be filled. First Fundraiser was put on by the North Pole Outlaws raising \$378.00. Dates have been chosen for Oct. 9 through 11th. Arts and Graphics is holding a logo and theme contest. Entries are due by April 1st. Submit artwork to Adam P. at adamhp@gci.net. Hotel has been chosen and are in lining out the details.

Upcoming committee meetings:

Merchandise: March 21 @ 6:30pm at RPC

Arts & Graphics: March 14 @ 6:30pm at RPC

H & H: undetermined

Convention info: first Sunday every month @ 6:30 at Outlaws location Programming: March 16 @ 5pm at Turning Point

In Loving Service,

Nancy B.

12th Report – Web Servant Alec. Present. No report submitted. Updated web map. New design. Maintained long-term. Demo for BLMT. All meeting information and trusted servants. Post meeting changes. Keep sending them in to Alec to post. BLMT can log in at www.akna.org. Interact with NAWs individual Areas like New York, etc. Phone service app reach information to Alex to webservant@akna.org design. Alan: BLMT written by addicts for addicts. Paid up to 2022. Already 1 ½ in to a 3 year deal. Unlimited storage. 866#. Send up a learning for all Areas. Alan: BLMT bring up map.

13th Report – Public Relations Chair Shawn M. Present. No report submitted. H&I and PR connect-meet again about how do we come together inside or outside Alaska build PR within Fairbanks Area. Confused about PR & Outreach. TCC (Tanana Chiefs Conference) Chief sustainable, reach some meetings. TCC Center available to NA to start meetings. Strategies-mission statement. How to get people involved. Build up NA webpage. Concern to bring us all together. Plan of action: Regional phone line support Outreach. Develop Alternate Chair. Help Alec-Vision statement. Fellowship support. Get in report. Groups get positions filled.

Old Business

- Vacant regional positions- people nominated see qualifications below
- Literature survey RCM's remind your areas to fill out online
- CAR tally sheets from groups turned in by April 1st mandyhanson@alteredself.com
- Motion from Anchorage to add 3000.00 to convention committee budget -Passed
- Motion from Kenai to: Have region commit to contribute 50% of all funds above prudent reserves and operating expenses to World as accumulated-Failed

New Business

- Regional nominations – listed below with qualifications
- Motion made by anchorage, seconded by GHA for a one-time 2 year service commitment extension for current RD and ARD
- WSLD Chair Nominations- Anchorage Area brought one nomination in March and one in January. Kathy W. and Ash A. are nominated for WSLD chair
- Adhoc formed with Bob as chair to update guidelines.
- Motion made for removing 1000 dollar funding for translations made GHA failed without a second.

Things to be discussed

- Making outreach its own subcommittee not under PR
- Support for outlying groups -

Literature survey. Survey monkey online.

Addendum: seed money for Convention of \$3,000. Anchorage RCM-Yay. Fairbank RCM-Yay. Kenai RCM-absent. Motion passes.

North Pole Outlaws \$378. No literature surveys. Go back to groups.

Old motion from Kenai: 50% above all prudent reserve to operating expense to World.

Anchorage RCM-Nay. Fairbanks RCM-Nay. Kenai RCM-absent. Motion failed.

Anchorage RCM get motion voted on – RD & ARD 2 year service extended. 2nd by Fairbanks RCM.

Adhoc for a guideline committee. Look at Web Servant issue. RD and ARD issue. Bob for Chair and pick committee.

Out to Lunch Bunch Fairbanks voted to not have allotment to translations. Regional funds could be used better elsewhere.

For 2020 – Pros: extra \$1,000. Cons: extra \$1,000. Motion failed with no second. Take to your Areas for discussion.

Motion to close: Brett. Seconded by Ash.

Here are the qualifications for WSLD Chair, Region Chair, H&I Chair, Treasurer:

Kathy W. WSLD Chair qualification:

Service Qualifications Clean Date: 4/27/1986 Home Group: Walk Your Talk Hello! My name is Kathy and I am an addict I am here to accept the nomination for the WSLD Chairperson. Below is a list of my qualifications. I have been clean for 33 years, have a home group, have a position at the group level, have a sponsor that has a sponsor and I sponsor women. I have worked and continue to work the 12 steps, 12 traditions and 12 concepts of Narcotics Anonymous. I have held various service positions from the group level to the regional level over the past 33 years. Group: •Ashtray cleaner •Coffee maker •GSR •Treasurer •Secretary •Sub Committee member wherever needed.

Area: •Chair •Vice Chair •Secretary •Treasurer •Activities •Literature •Ad Hoc Committees as well as committee members as needed (Area Inventory, Guideline Committee).

Region •Chair •Vice Chair •Treasurer •Secretary •Convention Chair, Convention Vice Chair, Convention Treasurer, Convention Secretary, Merchandise Chair, Fundraising/Entertainment Chair, Programming Chair, Registration Chair, Hotels and Hospitality Chair •Literature

"Everything that occurs in the course of NA Service must be motivated by the desire to more successfully carry the message of recovery to the addict who still suffers. It was for this reason that we began this work. We must always remember that as individual members, groups and service committees, we are not and should never be in competition with each other. We work separately and together to help the newcomer and for our common good. We have learned, painfully, that internal strife cripples our Fellowship; and prevents us from providing the services necessary for growth."

Kevin R. Region Chair qualification:

My clean date is October 21 1997. If you don't want to do the math I have 22 years clean. My service is as follows. I have served as a coffee maker at various home groups. I have done multiple years as group secretary at various home groups. I have served as a GSR for multiple years at various home groups as well. I did one commitment as Alternate Regional Committee Member (RCM) then rolling into RCM for the Northern New Mexico Area. Then did another commitment as just the RCM. I have served as a committee member for the merchandise committee of the Rio Grande Regional Convention of Narcotics Anonymous (RGRCA). I have been the Chairperson of the RGRCA convention committee once. I have served as the Programming Chair of the Alaska Regional Convention once. I am currently the literature person at my home group Walk Your Talk. I have completed all of my service commitments, though there was a dispute regarding my last term as RCM in New Mexico. I did the math and feel good as to how the commitment was fulfilled. I have a Sponsor and when I communicated with him about this position he said "I think it is a capital idea". I do and have worked the steps. I do and have sponsored other men. My understanding of the steps without creating a hostage

situation are that they are a path by which I can: get right with myself, others, God, be of service to others as well as be at a place where I can experience the spiritual awakening(s) the literature speaks of. My understanding of the Traditions are that they are a frame work based on spiritual principals that assist us (Narcotics Anonymous) in getting along with each other as well as outside entities preserving unity within the fellowship. My understanding of the 12 Concepts are that they were developed as a guide for service in Narcotics Anonymous. I am willing to serve in the position of Regional Chair. My plans for the position are 1) to remain teachable as nobody waved (or will wave) a magic wand while saying you are the regional chair and 2) to foster a healthy environment where loving service can take place (to the best of my ability). I appreciate your consideration regardless of the outcome. In Loving Service, Kevin R.

Morgan D. H&I Chair qualification:

To my NA family. My name is Morgan D. and I am a recovered Addicted. My clean date is 11/15/2009. I humbly accept the Region H/I nomination from Walk you talk. As stated above my clean date is 11/15/2009. My current home group is Walk your talk in Anchorage, AK •I have had the privilege of being Anchorage area literature chair 2016-2017 and 2015-16 vice chair •Served on the Anchorage activities committee 2009- present •Served on the Anchorage H/I committee 2011- present •GSR for 907 recovery 2015/2016 •Secretary for 907 Recovery 2014/2015 •Literature Chair for 907 Recovery 2013/2014 •Roundabout Coffee maker 2009/2011. I humbly submit the qualifications Region H/I nomination from Walk you talk. In loving service, Morgan D

Josh W. Treasurer qualification:

Here are my qualifications for Regional Treasurer:

- Clean date April 28, 2002
- Served on AASC as Treasurer (several terms) and Chairperson
- Walk your Talk is home group
- Have GSR experience
- Have sponsor
- Proficient with Excel, Quicken, QuickBooks, banking, and reporting.
- Career experience with budgets and finance

ILS,

Josh W.