

Regional Meeting Minutes

5/12/2020

7:38 opened with the serenity prayer by Tony L.

Traditions: Kathy W.

Concepts: Dennis A.

Chair: The new regional chair was unable to attend due to travel. Tony L. facilitated. Kevin R would like all RCMs and committee chairs to provide written reports in the future. Please send reports to Alec the akna.org web servant.

Vice Chair: Yvonne requested agenda items in advance for the next meeting.

Secretary: Vacant – Kathy W. taking notes tonight

Treasurer: Bob report that region has \$12,945.00 in the bank. Insurance bill is \$1465.00. He has a 450.00 credit in his Alaska Airlines wallet that is Region's due to a canceled flight for ARD for Western Zonal Forum. Alaska Airlines has extended the expiration date to 4/2021. Region will use these funds for the next travel.

Region received \$1000.00 in seed money from Western Service Learning Days. Nenna group sent in a donation, Tony L. could not remember how much and the 2019 convention transferred 4,100.00 above the seed money back to Region.

Dennis asked why the Alaska Region has not sent any money to NA World Service for the past 3 years. The treasurer explained that 2 years ago region was in dire straits and did not have money to send and has been working to get back to the prudent reserve balance. We did save 1000.00 from the ARD not travelling to Western Zonal Forum plus the 450.00 in the AK Air wallet as well as 2183.00 as the World Service Conference was virtual this year due to COVID19. It was expressed if we pay all of our bills and keep the prudent reserve there is still no money to send to World Service.

Anchorage RCM: Ash did not have a written report and did not attend the last Anchorage Area Meeting, which didn't have a quorum and no business was conducted.

Kenai RCM: Dennis A. stood in for Bill S. Kenai has \$10,371.58. The Campvention will be 8/7 – 8/9. There has been outreach for HI/PR. A phone line meeting was held.

Fairbanks RCM: Not present

Juneau RCM: Not present

Regional Delegate: Mandy to send her written report to Alec or see the link on the AK Regional Facebook page. The WSLD Steering Committee Meeting is 6/25/2020.

Convention Chair: Nancy B. Planning as if the convention was happening but proceeding very cautiously. Reasons: COVID19 mandates of no more than 50 people, the 2 week travel quarantine, social distancing, etc. There has been no merchandise ordered and the deadline is no later than the end

of July or August 1st. Instate speakers is being discussed. They are going to speak with the hotel about possibly delaying the convention. Nancy requested input from the Areas.

Regional Guideline AdHoc Committee: Bob – Nothing had been scheduled yet.

Out Reach Committee: Dennis A has a written report to send to Alec. \$150.00 of literature was sent to Kodiak to be recognized under the Kenai Area. Ketchikan meetings are going strong. Juneau has 7 meetings a week plus 2 Zoom meetings. The translation project for other languages but Inupiaq has fallen through. The question was how to get the information out to the facilities and public if they do not have access to technology.

Old Business:

Western Service Learning Days Chair: Kathy W.

Treasurer: Josh W.

HI – Morgan

Chair – Kevin R.

RD and ARD current positions have been extended 2 years.

We still need nominations for Vice Chair and Secretary. Yvonne indicated she would be willing to continue if that was the group conscious.

New Business:

There will be a Regional Project Planning meeting Friday morning of the convention in Fairbanks. The intent of this meeting to brain storm and discuss possible projects that our region would like to take on.

There was discussion about the Alaska Region becoming a non-profit. Dennis A. will research and come back with more details.

There was a motion to send the new WSLD Chair to Colorado to participate in the 2020 conference with a budget of \$1000.00. Dennis made the motion, Ash 2nd.

The next full Regional Meeting will be at the Golden Heart Area Blowout in Fairbanks. Date TBD.

Action Items for RCM's:

Nominations for Vice Chair (Yvonne is interested) and Secretary,

Motion to send WSLD Chair to the current WSLD Conference in Colorado in October with \$1000.00 budget. This would cover airfare and lodging.

Motion to close: Ash A.

May 2020 Kenai Peninsula RCM Report

Hello Everyone

Kenai Peninsula has so far survived the covid-19 virus. We had only 3 groups the decided to use zoom to continue meeting, the others were prepared to wait it out. Just recently we have had 3 groups go back to meeting face to face with more looking to open as well.

Our area meet on May 2nd to conduct business and voted on all business sent back from the regions March meeting.

We have a new group joining our area Kodiak Hope Dealers.

Our current financiers stands at \$10,371.58. We did some creative thinking during the past month and moved our storage and gained a refund of \$552.00

Campvention is definitely going ahead this year and flyers and registrations will be out very soon. Date is August 7th – 9th, this will be a great way for the fellowship to come together after being apart for the past few months.

PR – H&I meet together in April to help get the message out during our lockdown and with both their efforts we now have an information sheet in the Wildwood Prisons so addicts leaving the facility will have a way of contacting NA and finding a meeting weather face to face or via zoom. PR also email out the packet that was put together during the course of Outreach and Phoneline meeting to all the facilities in our area that come into contact with addicts.

Kenai area has some topics for new business.

- 1) Why have we not contributed to NAWS for the past two years?
- 2) We should look at becoming a nonprofit.

In Loving Service

Dennis A

Public Relations Report

May 12, 2020

Hope this report find everyone safe and healthy. I have been very busy since our last meeting. Public Relation has participated in the HI\PR connect both on April 1st and May 1st. This is hosted by other Ares's and Region's to help carry the message of recovery in new and unique ways with new technology. To and inform and train those that are new to HI\PR. They plan this every month. If you are interested, you can contact me or Delegate Mandy. She turned me on to the event. Region Public Relations meets second Wednesday of every month had a meeting on April 8th at 6:00pm. I tried to get the word out to all the Area HI, PR, Outreach, and webpage services committee members. We had six to eight members participate. All Area were represented. The discussion was focused on how to reach out to the public through PR. Some of things that we talked about were outlying Areas and who does what. I created a Regional Public Relations Mission and Vision Statement to clarify the responsibility of this committee. The items that we discussed were:

- How do we get some the inactive Area's back involved in the fellowship?
- The webpage and how it has evolved over the last thirty years. How do we get the fellowship more involved in their website? Integrating new technologies in the website.
- Outreach, Dennis gave a report and we discussed native language translation as well as trying not to duplicate service work. Then we created a list some of the projects and who was responsible to complete the tasks.
- We talked about the Regional phonenumber and how Anchorage has dropped their line and going to use the Regional phone. Some members voiced their concerns about the current Regional Phone line and were going to contact them and investigate other solutions. Mandy talk about new World and Zonal projects that could be used to reach out to addicts through a new application format that is being used in other Areas.
- Joe C from Anchorage HI committee talked about doing a the phonenumber orientation so we might add more members to the phone list. Joe C. did the orientation on April 25th and we added some members to the Regional phone list.
- The committee talked about the added Zoom line and how to make it available to the fellowship. I sent the additional Zoom line information to Alec but he hasn't posted it yet.

Our next meeting is May 13th at 6:00pm.

In Service,

Shawn M.



Outreach Regional meeting April 22nd

Opened with the NA Service Prayer

Attendance

Dennis A.	Regional Outreach Chair
Shawn T.	Fairbanks
Mandy H	Regional RD
Arlene L.	Anchorage
Josh S.	Fairbanks PR Chair
Wayne	Anchorage PR Chair
Joe C.	Anchorage

Old Business

Translations, it was brought up at the regional meeting regarding the high cost of translations and if it was still a first language in the villages and if the program was worth continuing.

We as a group are sensitive to the financial responsibility of our region, we are looking at all ways in which we can produce these translations at a much lower cost than the Yupik translation but still have them produced in a professional manner. We are reaching out to NA members who speak the language and negotiating down the cost where possible. In most large villages there is a resurgence in the native language, and it is now being taught again in schools. We would also like to reference the first bullet point in **A Vision for NA Service**.

Every addict in the world has the chance to

Experience our message in his or her own

Language and culture and find the opportunity

For a new way of life

Information to Facilities, the committee with the help of Mandy H and Joe C. produced an email packet with three attachment. 1) A letter oh introduction, 2) Information about NA in Alaska with all pertinent numbers and email addresses and 3) A PFD of our current online meetings. To date this has been emailed out to over thirty facilities with great response and there are still more to be sent out.

Group Contact, we have reached out to all outlying groups in our region and in the course of doing so corrected our online meeting schedule to correctly reflect each areas meeting. We sent out \$150.00 of literature to the new Kodiak Hope Dealers group and they have also been added to the online schedule. Mandy H. has also updated all this information on the world meeting schedule board.

Bethel, due to the current situation the trip to Bethel has been cancelled. I have been in contact with Raymond Williams the facility administrator and we plan to do this at a later date.

New Business

To invite a member or group to our outreach online meeting so we can hear directly from them on their area, exp, what works for them, their experience with carrying the message in their area and any help they may require.

Basic text in jails. This was brought up by Mandy H who heard someone share that they first heard the message of NA in a little jail that had a basic text. The committee decided this was a reachable goal and put it into action. I have reached out to the Administrator of Correction in Alaska and am waiting a reply

to meet and have a conversation not only on the basic text but also on online meetings. More will be revealed.

Food for Thought

What do we do for the addict leaving a facility? Do they have our 1800, website, meeting schedule or even someone to pick them up and give them a ride to a meeting?

In Loving Service

Dennis A.



OUTREACH CHAIR REPORT APRIL 22ND, 2020

Hello Everyone

I hope you and your families are all safe and well.

Since our last meeting in February some of our plans have changed due to the current situation, we all find ourselves in. Outreach has collaborated with PR and the areas of our region in how best to get our message out and to support groups that already exist in outlying areas.

The trip to Bethel has been cancelled due to the corvid-19 virus, when things clear up, we will again look at doing that outreach.

Thanks to the support of the RD and other committees we put together a very good packet of information to be distributed to outlying facilities within Alaska.

I also sent this out to all the area PR chairs and regional PR for their use if they have a need. So far, we have emailed this information out to over twenty facilities and have received some very positive feedback.

This month Outreach sent out \$150.00 in literature to the Kodiak Hope Dealers group and a local Kenai Peninsula group donated a group starter kit to them.

I have been in contact with Kevin B. in Ketchikan and their groups are all doing well. Kevin helped me get in contact with some of the facilities that support the NA message in his area. I have had no luck contacting both Juneau & Wrangle, but I will keep trying. Update Juneau now has 7 meeting a week and the Wrangle meeting has closed for now.

I have been trying to update the regional meeting schedule as I contact each area Kodiak now has 6 meeting a week, Ketchikan 4, Bethel 1, Juneau 7. I'm still working on the other areas. I have sent the web servant all the updates so far.

Translations are still ongoing and moving slowly. With the current situation we need to talk about this project and see what's the best way to proceed.

I believe now more than ever groups, areas, region and all subcommittees need to work together in relaying our message to the still suffering addict as well as support those already in recovery.

In Loving Service

Dennis A.