

Saturday Evening Events
(IN THE REDDINGTON BALLROOM)

5:45-7:15PM	DINNER/SILENT AUCTION
7:30-8:00PM	CLEANTIME COUNTDOWN
8:00-9:15	SPEAKER-GEORGE D.-FLORIDA
9:15-10:00	LIVE AUCTION
10:00-12:00	DANCE
	THIRD FLOOR HOSPITALITY ROOM
12:00AM	NARATHON EVERY EVEN NUMBERED HOUR UNTIL SUNDAY BREAKFAST

SUNDAY MORNING EVENTS—REDDINGTON BALLROOM

8:00-8:50AM	YOGA (LAKE SPENARD I ROOM)
8:30-9:45	BREAKFAST BUFFET
10:00-11:15	SPEAKER MEETING—DENISE A.-BALTIMORE
11:30-12:00	CLOSE CONVENTION

Thank you to all of the ARCNA XXXI planning committee and all the speakers for making this possible. Thank you to all the fellowship members who suited up and showed up. I CAN'T—WE CAN!!!

**THE ALASKA REGION
OF
NARCOTICS ANONYMOUS
WELCOMES YOU TO**

ARCNA XXXI

Secure in the love of the fellowship



My heart is unfreezing

OCTOBER 9-11, 2015

SCHEDULE OF EVENTS—FRIDAY 10/9/15

<u>TIME</u>	<u>EVENT</u>	<u>LOCATION</u>
3:00-7:00PM	REGISTRATION OPEN	CONVENTION FOYER
3:00 PM—ONGOING	HOSPITALITY ROOM	TURNAGAIN ROOM
4:00-7:00PM	MERCHANDISE SALES	CONVENTION FOYER
4:00PM 6:00PM 12:00 MIDNIGHT	NARATHON MEETINGS (EACH EVEN NUMBERED HOUR EXCEPT DURING SPEAKER MEETINGS, MEALS & WORKSHOPS)	3RD FLOOR HOSPITALITY SUITE
7:30-9:00 PM	SPEAKER MEETING JEREMY B.— UTAH	REDDINGTON BALLROOM
9:30-11:00PM	FRIDAY NIGHT COMEDIAN	REDDINGTON BALLROOM

SCHEDULE OF EVENTS—SATURDAY 10/10/15

<u>TIME</u>	<u>EVENT</u>	<u>LOCATION</u>
8:00AM	REGISTRATION OPEN MERCHANDISE SALES HOSPITALITY ROOM	CONVENTION FOYER CONVENTION FOYER TURNAGAIN ROOM
ONGOING		
CONCURRENT WORKSHOP SCHEDULE	LAKE SPENARD I	LAKE SPENARD II
8:00-8:50AM	YOGA— DEBBIE S.	GUIDED MEDITATION— ANNA S.
9:00-9:50AM	FULL SPECTRUM PARENTING IN RECOVERY— LORI H.	BEING OF SERVICE- SAM R.— UTAH
10:00-10:50AM	USING THE STEP WORKING GUIDE— RAYMOND R.— NY	MEDICATION IN RECOVERY-GUNNAR E. FAIRBANKS, AK
11:00-11:50AM	STUDY GROUPS— JOSH W.— ANCHORAGE	LIVING CLEAN- LINDA T.— CALIFORNIA
12:00-1:00PM	LUNCH ON YOUR OWN	
1:00-1:50PM	MEN’S MEETING ALAN A.- BALTIMORE	WOMEN’S MEETING DENISE A.-BALTIMORE
2:00-2:50PM	REGION MEETING	RELATIONSHIPS— JEREMY B.-UTAH
3:00-3:50PM	SPONSORSHIP— GEORGE D.-FLORIDA	RELAPSE AND RECOVERY— RONNIE H.
4:00-4:50PM	JUST FOR TODAY- KATHY W.	WORKING THE STEPS BEHIND WALLS— DOUG P.