

H&I Subcommittee Meeting Minutes
01-07-2010

Present: Jeff L., Shannon C., Hetty Jean, Casey P., Jesse M., Terry H., Doug P., Amy B., Rick M., John G., Brian M., Jerremy S., Bob W., Tony L., Craig O.

Chair: Opened the meeting at 7:03 with a moment of silence followed by the Serenity Prayer. Doug P. read the 12 traditions, and Terry H. read the 12 Concepts for service.

Approval of Minutes- Approved.

Budget- \$16.09 available.

Reports:

Chair: Jeff L- My name is Jeff and I am an addict. I want to thank everyone for all your hard work and efforts, it is a great service that you all perform. Please email your reports to the new Secretary, Amy B., from now on. Her email is amybkyka1999@hotmail.com. We still have a balance of \$16.09. We still have many other facilities that want a H&I meeting, so I hope we can recruit some dedicated, qualified persons for this service. Thank you for all again, you are doing an awesome job!!! In Loving Service, Jeff L 907-764-2219. JeffNA@gci.net.

Vice Chair: Terry H.- Hello everyone. Again thank you for allowing me to be of service of H&I as Vice Chair. We are going into a new year -and my hope is that we as a committee will be more committed and work towards new opportunities and truly get involved with H&I. Announcements at meetings have been occurring suggestions that flier be made up for each home group and passed out to GSR'S at Area so it as an automatic announcement of when H&I meets. Would like to bring to the table-that maybe H&I meet twice a month-this way we can possibly get more done and in hopes of attracting more members to get involved and keeping refreshing on what we are trying to accomplish. Have not heard any word/progress regarding

Highland Mountain-I will follow up with Highland and try to get a push on this-our hope is to get in there this coming year.

Your Humble Servant,

Terry H.

Secretary Report: Amy B- I am so grateful to have been nominated for this position. I have been working hard to get the minutes out and caught up. I am not sure about the money report, but I am sure that Jeff will get me up to speed. I have added most of the persons attending the business meeting as contactson my email account and sent out a trial run to the members so that I can email the minutes next month prior to the meeting. Thanks for being patient with me as I learn to be the Secretary for the H&I sub committee position.

Literature Report: Teritha S- no report.

Panel Leader Reports:

Anchorage Jail East: Tony L. has resigned from this position and Rick M. has accepted the position as panel leader. There are an average of 8-14 residents who are attending.

Anchorage Jail East: Panel Leader-Doug P. Average number of residents are five. Craig, Mugley have all been in during last month. Mugley just went.

Cordova Center: Panel Leader- Doug P. Average number of residents are 10. I, LouAnn, Dan M. and Linda have all been in during the last month. Jese is scheduled to speak on Saturday.

Clithroe Center: Panel Leader-Linda G. No report.

Genesis House: Panel Leader-Amy B. Meetings at Genesis House continue to be an inspiration to me. We have had and average of 15-25 addicts who kep coming to our

meetings regularly. I missed one week this month due to the Christmas holidays to be with my family. However, even my time away for the holidays gave me experience, strength and hope to share in the meetings when I got home.

Topics this month were Step One, Living Clean, and Sober, Doing whatever it takes to stay clean, and Wiley P. came and shared his story last Tuesday. It was awesome! He did such a great job and connected with several of addicts in the room. I had never heard his story, and am so grateful that I was able to hear how he came to Narcotics Anonymous, and is working the program today. I know he gave lots of hope to those in Genesis House.

I would like to request a copy of the workbook How it works and why and the text it goes with it.

I really feel that the key to my recovery is working the steps and I would like to use the text to have more resources for topics. I am so blessed to be able to participate there, and want to focus on the basics of staying clean. Thank you so much H&I!
Sincerely, Amy B.

Parkview Center: Panel Leader-Jeff L. Facility-Parkview Center.

Facility contact-Robert Graber: 272-1641.

Parkview Center is going good. Average number of residents attending 3-4. Turnout is still low, was starting to pick up but last two weeks meetings were cancelled due to security issues. I am grateful for Jason who attended two meetings and shared at one of them. He had an awesome story! I think he would do a great job if he were to take on a facility.

12-05-09 2 residents. Read: Just for today and what can I do from the White Booklet.

12-12-09 5 residents. Jason attended and introduced NA.

12-19-09 5 residents. Sharing session and Jason attended and shared again.

12-26-09 0 residents cancelled due to head count taking too long.

01-02-10 0 residents. Cancelled due to a security issue: Community Work Service walk-away.

In Loving Service, Jeff L.

Highland Mountain: Panel Leader-LouAnn P. No Report.

Old Business: Need for more Panel Leaders and nomination for Secretary Position.

New Business: Learning Days Event, Linda G. volunteered to spearhead and organize this event. Area wants to be involved so that the number of participants will increase. Linda G. not able to attend meeting tonight and will have more information at next business meeting.

Highland Mountain, Barb B. has been in contact with Ron Shevy and he reported resending email to Gloria Johnson with a list of potential people from NA who are willing to go and attend meetings there. Angelique is a graduate from there and is working to keep contact going.

Panel Leaders,

1. SAARP- Number One priority. Tony L. has stepped up and was nominated to become Panel Leader for this facility. Tony has 16 years clean, has been involved in H&I for along time and is willing to get this meeting under way. He works the steps, has sponsees, and is active in the NA program. The vote was unanimous with no opposition. The vote was passed, and Tony was given this task he is capable and willing to take on. The meeting will take place on Thursday at 8 pm.
2. Ernie Turner Center- John G. volunteered to be come involved but is new to H&I. After a discussion it was suggested to him to attend at least two business meetings and participate in some meetings with other treatment facilities. Jeff L. will contact them again to clarify what they are looking for from H&I. Tony L will go with Jeff to firm things up, more will be revealed at the next business meeting. He also felt we could maybe get PI involved in this process. This facility is our second priority.
3. Terry H. made a suggestion that H&I meet twice a month giving more people the opportunity to

come and be involved with this service work. Tony L. suggested that we keep the main business meeting as scheduled but have the second night be an "orientation night". After discussion it was determined to be called "Spirit Night" and it could be less formal. Bob W volunteered to at first be the Panel Leader for this, but decided he would like to be part of it instead of being Panel Leader. A nomination for Terry H. to be Panel Leader occurred and after a unanimous vote, she agreed to take on this position. Jeff L stated he would be willing to help also.

4. Doug P. wants to decrease his responsibility for being Panel Leader for two facilities. He still is involved with Anchorage Jail West and nominated Terry H. as the Panel Leader for Cordova Center. After a unanimous vote, she is the new Panel Leader for Cordova Center. She has the clean time requirement, has sponsors, involvement with Entertainment Committee, and is willing to do the work for Cordova Center. Congratulations to Terry H.!
5. Safe Harbor- Teritha S. has expressed an interest in taking on the Panel Leader position. She was unable to attend the meeting tonight, and more discussion will occur at the next business meeting. This is the fourth priority for H&I.
6. Glenwood- It is the third priority for H&I. More discussion will occur at the next business meeting.

Next Meeting: Thursday January 28th at 7 pm. Westmark Hotel and Restaurant at 720 West 5th Avenue. (Between G and H Street).