

H&I Subcommittee Meeting Minutes

01-28-10

Present: Amy B., Terry H., Jeff L., Harvey, Bob W., Racheal P., Brian M., Linda G., Craig O., Doug P., Angelique V., and Teretha S.

Chair: Jeff L., opened the meeting at 7:06 with the Serenity Prayer proceeded with a moment of silence. Amy B., read the 12 Traditions, and Jeff L., read the 12 concepts.

Reports:

Chair Report: My name is Jeff and I am an addict. I want to thank everyone again for all your hard work and efforts, it is appreciated by many. Again, please email your reports to our Secretary, Amy B. Her email address is amybkyka1999@hotmail.com. We still have a balance of \$16.09 in reserve funds. We still have other facilities that want an H&I meeting so I hope we can recruit some dedicated, qualified persons for this service. I wish to especially thank Tony L. for getting SAARP going, Terry H., for doing Cordova Center, and Rick M., for going to the Anchorage Jail East. Everyone is doing a great job by being involved, I am really proud of you all. I am happy that so many more people are becoming involved. Let's keep this momentum going so we can carry the message of recovery to more people in need. Thank you all again, you are all doing an awesome job!!!

In loving Service,
Jeff L., 907-764-2219 JeffNA@gci.net

Vice Chair: Hello everyone-again thank you for allowing me to be of service of H&I as Vice Chair.

First of all-I want to thank and welcome our new members of H&I-they have actively been participating and waiting to engage in some of the facility meetings. It is a pleasure to have some new faces ready for service work. The last meeting we talked about starting another meeting time-that is not business meeting but a spirit meeting-introducing H&I to possible new members and doing some orientation-That has not occurred and I along with Jeff L.(Chair), will be working to get started the following month and have more details and plans by the next meeting.

We still have great hopes with Highland Mountain-we had a member of NA who goes out to Highland Mountain-for other service work-and she mentioned to Sgt. Lacy that H&I is waiting for a response from key personnel and that we are receiving no response-Sgt. Lacy has received contact person of H&I-she will be getting a hold of Sgt. Johnson and follow up on why we are not being contacted.

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Also, I spoke to Barb(Panel Leader) and she did remind me that could be a slow process-and she has been in contact with the folks at Highland Mountain. A gentle reminder to all Panel Leaders-please stay in contact with Chair/Vice Chair on any and all updates-it is really nice to receive reports at time of meetings-but it would be helpful on issues regarding facilities that we are trying to enter to keep update as soon as you receive them-we can be reached by phone or email.

Again-thanks to all for being of service

Terry H.

Secretary Report: Thank you for allowing me to be of service in the H&I Subcommittee. I sent out the minutes to all contacts last week. The only one who did not go through was Hetty Jean. I may not be able to attend the meeting tomorrow as I am on call, but we will hope for the best.

Sincerely, Amy B., H&I Subcommittee Secretary.

Literature Report: Teretha S. Has had computer trouble but has literature available for delivery to facilities. She has spent \$199.89 on literature.

Panel Leader Reports:

Anchorage Jail East- (Men) 7-8:30pm. Wednesdays. Panel Leader, Rick M. No report at this time.

Anchorage Jail West-(Men) 7:30-8:30pm. Mondays. Panel Leader, Doug P. Meetings are going well. There are an average of six persons attending the meeting. Craig O., has been very solid, going every week. Always rewarding.

Clithroe Center- (Women) 7-8:00pm. Mondays. Panel Leader, Linda G. We continue to have 10-14 women at the meetings. We had one speaker during the month of January, Cathy, she carried an awesome and very clear message of NA recovery. The group opens by reading the preambles and then a topic is chosen and meeting start. The group likes the variety of meeting. I have heard comments from the women how important this meeting is to them and how even women from the other programs attend our H&I meetings because they enjoy the message carried. We also need some new preambles as the ones in our binder are missing. I am in search of another addict to step and chair the meeting every other Monday. Currently, I have had Eileen and Teretha both fill in for me on separate occasions, so I could attend the Area meeting.

Thank you for allowing me to be of service.

Humbly submitted,

Linda G., H&I Panel Leader

Genesis House: (Mixed) Tuesday 7-8pm. Panel Leader-Amy B. Meetings at Genesis House have been good this month. There are an average of 20-30 residents who are regularly attending the meeting on Tuesday night. Topics this month have been: 1. Going to any lengths. 2. Procrastination. 3. Frustration. Caitlyn came as our guest speaker this month and did such a wonderful job. I was so blessed to be able to hear her story. Recovery is such a beautiful thing, and Caitlyn is a shining example of how this program works and can change a life. I am so grateful to be of service to those who are still suffering from this disease. I hope that the recovery being brought into Genesis House is going to be a key for some addicts to make an attempt at staying clean. I am so blessed to be able to give today, and be a resource to those who are trapped in addiction. I know I will keep coming back.

In Loving Service,

Amy B. H&I Panel Leader.

Parkview Center. (Men) Saturdays 4-5pm. Panel Leader Jeff L. Facility: Parkview Center. Facility Contact: Robert Graber: 272-1641. Parkview Center has slowed down to a crawl, the last meeting on 01-09-10, there was 1 resident who showed. However, he was one that had been coming regularly for months on end but had been working so was great to see him and talk about our recovery. He is still doing well and was grateful for H&I coming there because he said it kept him clean. He was using until he started attending the H&I meetings he said. So, once again, consistency, patience, and perseverance pays off in a good way! I was out of town and thought the meeting was covered for 01-13-10 but it didn't get covered and I had a last minute emergency this last Saturday and I have faith that attendance will pick up again. Thank you for letting me be of service!

Jeff L

Cordova Center Panel Leader-Terry H.

Hello everyone=I want to thank you for nominating and selecting me to be of service-as the Panel Leader for Cordova House-It is a great addiction to my life and also to be of service to others and carrying the message inside-Also what a great opportunity to encourage others to come and carry the message.

Cordova Hoe is going strong-some new faces-totally 10-13 people attending meetings.

Invited Ronnie from NA to come share his story-the turn out also was good-a lot of good questions afterwards.

Invited Casey from NA to come share her story-that turn out was also good.

We look forward to continue carrying the message inside. Folks are also requesting workbooks, and the How and Why-There are a few folks that actually are attending meetings on the outside on a regular basis-which is really neat to see.

I have also started a running list of folks who are approved to go into Cordova House and will continue to ask NA members to get involved to go inside and carry a clear message of NA.

Your Humble Servant,

Terry H.

Highland Mountain- Saturdays at 1pm. Panel Leader- LouAnn P. Everyone has been cleared except Amy B. and her name did not match with her birthdate. Sargeant Ronchetti asked for her driver's license number. Next step, orientation. Barb sent an email to Sargeant Rochetti asking about an orientation time and date. Waiting to here his reply.

ILS,

LouAnn P

SAARP- Thursdays at 8pm. Panel Leader-Tony L. Not present.

Ernie Turner Center- the person who is the contact was on vacation, but Jeff L. will get back in touch with them to see what their needs are going to be for an H&I subcommittee meeting in their facility.

Old Business: Learning Days. Linda G. has conflict with obligations and stepped down as heading up the next Learning Days event. She is still willing to be involved, but a much smaller scale.

Safe Harbor- Bob W. made contact with person in charge of Safe Harbor, but she was on vacation.

New Business: Learning Days. Terry H. suggested we get going now. Area is willing to become involved to help make this event a success and attractive to our fellowship. It was suggested to contact Shelly and make it an agenda item for Area's next business meetings. We would like to see this be a three day event with workshops, topics, and presentations as subject matter. An Ad-Hoc committee was suggested for not only H&I member involvement but also to open up the opportunity to all NA members. It was suggested that GSRs take it back to their home groups with this announcement and hopefully get more representation of the fellowship participating in H&I. Jeff L. will contact Shelly and have more information at the next meeting.

Safe Harbor: This facility focuses on families. Teritha S. was nominated as Panel Leader for this service. She has 18 months clean, works the steps, is of service to the fellowship of NA, she has sponsees, and is willing to be the Panel Leader. After a vote, she was unanimously voted in as Panel Leader. Bob W. is also willing to help get this meeting going as he has familiarity with this facility. Jeff L and Teritha will get together before the next meeting and come up with a presentation for the facility with hopes to get this meeting started soon.

Racheal P- is willing to become involved in the H&I subcommittee as is willing to serve in whatever capacity she can.

Harvey F- is interested in maybe becoming the Panel Leader for Glenwood Center. He has seven years clean and is willing to help where he can. Jeff L also relayed his desire to step down as Panel Leader for Parkview center. In the meantime, Jeff L will contact Glenwood Center and try to find out what needs they have for a H&I meeting.

Spirit Night- Terry H. No progress to report. Will work in the next month and will have ore infomation to share at the next meeting.

Closed the meeting at 8:27 pm.

Next Meeting: Thursday, February 25th at 7pm. Westmark Hotel and Resturant, 720 West Fifth Avenue,(Between G and H street).