H&I SUBCOMMITTEE MEETING MINUTES FOR 04.30.09

PRESENT: Jeff L., Linda G., Celeste T., Ross B., Teretha S., Neil G. (Total: 6)

<u>CHAIR</u>: Jeff L. opened the meeting at 7:00pm with a moment of silence followed by The Serenity Prayer. Linda G. read the 12 Traditions after Ross B. attempted to recite them from memory. Celeste T. read the 12 Concepts.

REPORTS:

Chair: Jeff L. - Hi! My name is Jeff and I am an addict. I would like to thank GOD for restoring my sanity and for my recovery. I would like to thank NA and the NA fellowship for giving me a new way to live. I would like to thank John T. for his excellent service as previous Chair. He has done an impressive job in keeping H & I together, and he has been a role model, and an inspiriation for me and others. His service to H & I is greatly appreciated! Thank you so much John! I would also like to thank my sponsor, Tony L. for his guidance, suggestions, and for imparting his vast knowledge of the NA program to me thus far. He is directly responsible for my initial and continued recovery. I would like to thank Dave L. and Tony L. for being panel leaders at Anchorage Jail where I was re-introduced to NA. It is their work that inspired me to go into H & I service work. I would like to thank Doug P. for his knowledge and support to me, he has been an inspiration to me also. He has been the cornerstone of the H & I subcommittee since I started attending meetings and still continues to be. His Learning Days Workshops are great and he does much behind the scenes. Thanks Doug! Thanks to Kevin H. for inviting me to the H & I meetings and encouraging me to participate. I am grateful and honored to serve as chair for this committee and hope to do a great job. I would like to go over some things now briefly.

What is The NA Message?

That an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

I believe we should all have this message memorized.

What is the NA Purpose?

Our primary purpose can only be to carry the message to the addict who still suffers because that is all we have to give.

What is the H & I Area Purpose?

The short version is that it initiates, coordinates and conducts all local NA hospitals and institutions meetings and activities within the area.

What is the H & I Meetings Purpose?

To carry the NA message of recovery to addicts who do not have full access to regular NA meetings. H & I meetings. except for those in longer-term facilities, are intended to simply introduce those attending to some of the basics of the NA program.

GOALS:

Encourage and promote communication between Regional H & I.

Have at least two or more Panel Leaders for each current facility. Elect a Panel Coordinator.
Have Handbooks for all Panel Leaders.
Establish Panel Leader meetings.

I encourage all of you to actively participate in H & I, by attending the business meetings regularly, becoming Panel Leaders, Officers, and members. Please let others know by announcing the business meetings at the NA groups, let's try to get more people involved with H & I, lets be a voice and a subcommittee that we can all be proud to be a part of. I encourage everyone to bring their ideas, suggestions, comments, and complaints to the business meetings for discussion that we may improve this committee! Thank you all for being a part of my recovery.

I have a copy of the Regional H & I Report and if anyone would like one just let me know.

In Loving Service,

Jeff L. 907-764-2219 JeffNA@gic.net

Vice-Chair: Rick D. - Not Present, No Report

<u>Secretary</u>: Jeff L. - Per Report: I am currently filling this position until it can be filled.

<u>Literature</u>: Celeste T. - Hard to hookup with Dave L., but then it is no problem. Got literature for this month and can pick up more after the first. What do we do about dividing up the literature and what to get? Ross B. stated that the Literature person keeps track of what Panel Leader's get.

<u>Minutes for Last Month</u>: Minutes from the last meeting(3.26.09) were available to all in attendance and accepted as printed. Also, now available to the world at: http://akna.org/subcomittee.htm.

PANEL LEADER REPORTS:

Anchorage Jail - East/West: (Men) 7p Wednesday's: Not Present, No Report

Clithroe: (Women) 6p-7p Monday's: Panel Leader: Linda G. Reflections going awesome! Last Monday had a workshop, was going to cancel, but 1 person wanted the meeting so had it, but had no speaker. Going strong, 3 to 6 outside NA members come, no shortage of speakers. Alene alternates every 2nd Monday of the month, Devita has shown an interest and may open meeting. Got Literature from Celeste T., trying to sell it if possible. Per Report: Facility - Clithroe, Day/Time - 7:10pm, Average Number of Residents Attending - 14, Comments - Speakers - Alena - outside support cont. from others outside of treatment. I recvd more literature from Celeste, 15 white, 2 how & why, 2 wk books, still have 3 basic. Still trying to sell vs give away. Devita is going to all mtgs. Alene cont to cover 2nd Monday of every month. recvd binders. Still looking for one more lady to cover another week. Devita is interested will drive her on board. She will open next Monday meeting 5/4/09.

Genesis House: (Men/Women) 7-8p Tuesday's: Open

<u>Parkview</u>: (Men), 4:30-5:30p Saturday's: Panel Leader: Jeff L. Per Report: Facility - Parkview, Day/Time - Sat. 4:30p-5:30p, Average Number of Residents Attending - 7, Comments, 3-29: 9 Residents, 4-4: 7

Residents, 4-11: 7 Residents & Rick D., 4-18: 8 Residents & Rick D., 4-25: 6 Residents.

SAARP: (Men) 8p-9p Thursday's: Open

OLD BUSINESS: Celeste was nominated for Literature person and accepted. Rick D. was nominated for Vice-Chair position and also accepted. Linda G. was nominated for Secretary but declined due to her current service work commitments already. Jeff L. will continue until this position is filled. Rick D. will also be Panel Leader for Parkview Center as soon as his 90-days out is up. Waiting for groups to vote on waiving clean time requirement for Jeff L. before it goes back to the Area Service Committee to be decided if he will be elected for Chair person.

NEW BUSINESS: Celeste T. is leaving town on the 15th - 24th, maybe till the 1st. Needs someone to do Literature. Moving out of state in July. Need to figure out how much each facility should get for next business meeting.

NEXT MEETING: 05.28.09, 7pm at the Westmark Hotel Restaurant located at 720 West 5th Avenue(between G St. & H St.).

MEETING ADJOURNED: Jeff L. closed the meeting at approximately 7:45pm, followed by a circle-up and the 3rd step prayer.

j.1.