

H&I SUBCOMMITTEE MEETING MINUTES FOR 06.25.09

PRESENT: Jeff L., Randy S., Richard D., Frances R., Linda G., Terry H., Sean C., Nicole M., Tony L., Teretha S., Morio V., Doug P., Franco, Bob W., Amy (15)

CHAIR: Jeff L. opened the meeting at 7:02pm with a moment of silence followed by The Serenity Prayer. Frances R. read the 12 Traditions, and Randy S. the 12 Concepts.

REPORTS (Some Reports attached):

Chair: Jeff L. - My name is Jeff & I am an addict. I would like to thank everyone for their continued service, it is greatly appreciated. Please actively pursue qualified persons to be of service for H&I and also everyone please announce at NA meetings, the H&I business meeting, Open Secretary Position, Panel Leaders needed, and Panel Members needed. Congratulations to Teretha S. as our new Literature person!!! Panel Leaders, please contact her for Order Forms and any Literature you need for your meetings. Currently, we have 6 facilities, please make sure I have the correct name, date & times listed for these facilities. If possible after the meeting, if Panel Leaders have time, I would like to have a Panel Leader Meeting to discuss any concerns, issues, problems, complaints, etc. that you may have. I am working on getting a core group together to get SAARP back online and have contacted several people interested. We need to get those people together and make a Presentation at SAARP. I have never been to a facility to do this so would greatly appreciate help from anyone who has. I would also like to get a core group together for the Glenwood Center. Linda G. has mentioned there are people there interested in an H&I meeting and Linda has several people interested in going there. I believe there needs to be at least four committed, reliable, and dependable people for each facility including the Panel Leader. New facilities would be great but before doing a Presentation at any new facility we need to strengthen our structure at the facilities we currently have. In order for H&I to look good at any facility, we have to be dependable, reliable, committed, and carry a clear message of recovery. It is better to have fewer meetings and be there consistently rather than have someone not show up for a meeting, that would make us look bad. I believe there should be at least 2 panel members present at every H&I meeting. This is for security reasons and in order to deliver a clear message of recovery in the best possible manner. If one person only does the same meeting week after week the message may get blurred, we need variations and other member's participation. As discussed at the last meeting the recovery message may get blurred by allowing newcomers to open meetings. Panel Members should have 3 months clean, Speakers should have 6 months clean, and Panel Leaders should have 1 year or more clean. This is just a suggestion and also suggested in our Handbooks. Of course, there may be cases where exceptions can and should be made. We can discuss this during the sharing session. Believe me, I think it's great that people are interested and want to go into new facilities such as SAARP, Glenwood Center, and Highland Mountain. and I believe it IS possible! These three facilities should be our main focus for expansion. But, we have to be strong where we currently are and have a VERY strong committment from qualified people who are interested in going into

these other facilities. Let's get SAARP going first, then Glenwood, then Highland Mountain, one at a time, step by step. I have faith in this committee and the people involved in H&I, we CAN do this! I have put together packages for the Panel Leaders, so I hope this will help if there is a New Panel Leader, the transition will be easier for them and hopefully will help the current Panel Leaders. Included in the package is an H&I Handbook, Literature, books, IP's, preambles, etc. H&I was approved at last months Area meeting for a budget of \$500.00. I would appreciate everyone's input on how and where this money should be spent. Currently, \$240 was allotted for Literature(\$40 per facility), supplies were \$202.36, and printing was \$143.40. I overspent \$85.76 so obviously there needs to be some adjustments made. I would like your ideas on creating income by having fundraisers of some sort, like maybe a car wash, raffle, auction, yard sale, dance, etc. Let's try and make this fun, too, it doesn't have to be so serious all the time. Thanks everyone for making H&I a success, we ARE making a difference, in the community and in the lives of many addicts! Keep up the fantastic work everyone!!!

Vice-Chair: Rick D. - No Report

Secretary: Jeff L. - I am currently filling this position until it can be filled H&I Reports are available for viewing on the table, also Area Reports are available for viewing on the table. I thought some people may be interested in seeing these as H&I reports to Area. Thanks for letting me be of service!

Literature: Teretha S. - Picked up Literature on 6-24-09, got what was ordered, but not from people who didn't order. Our of white booklets, needs orders from everyone.

Minutes for Last Month: Minutes from the last meeting(5.28.09) were available to all in attendance and accepted as printed. Also, now available to the world at: <http://akna.org/subcommittee.htm>.

PANEL LEADER REPORTS:

Anchorage Jail-East: (Men) 7p-8p Wednesday's: Panel Leader: Tony L. 5-12 guys evvertime, getting message, going thru literature, books, & IP's, reading IP's at meeting, inmates are taking IP's back to the mod's, in population. Chopper and Lamar are going to meetings and thinks he can just bring people in with him.

Anchorage Jail-West, Cook Inlet (City Jail): (Men) 7:30p-8:30p Monday's: Panel Leader: Doug. No panel member, going fine, Tony's having a hard time getting subs. EmailedDebbie M., still not approved, has 10 app's, Lamar was going to call.

Clithroe: (Women) 6p-7p Monday's: Panel Leader: Linda G. Women are grateful, speakers, booked with speakers for July. See Report. (Report lost or misplaced?)

Cordova Center: (Men/Women) 7p-8p Saturday's: Panel Leader: Doug P. See Report. (Report lost or misplaced?)

Genesis House: (Men/Women) 7-8p Tuesday's: Panel Leader: Randy S. Good meeting, doing it for over 1 year, 15-25 people, co-ed. Bob W. was there for 2 weeks. Bob going to do it 4th Tuesday of every month. Looking to do every other week. Alumni, Brian M. interested in doing 2nd week.

Parkview: (Men), 4:30-5:30p Saturday's: Panel Leader: Jeff L. Per Report: Average Number of Residents Attending - 7, Comments, 5-30: 6 Residents plus Rick D., Rick D. opened, 6-6: 8 Residents plus Rick D., 6-13: 7 Residents, Peter A. was guest speaker, 6-20: 8 Residents plus Morio.

SHARING SESSION: Linda G.: H.P. come into my heart, passionate, understands clean time requirement but different in recovery, people can work a program and bloom, relapse but still have a message, message from newcomers are an inspiration and bring hope to old timers, put out there clean time vs. recovery, believe any addict who wants to serve should be given an opportunity to be involved as panel leaders. Tony L.: NA has been around for a long time, reason, if we start blurring the message and don't carry a clean message and people relapse or ? then we lose the institution. There is opportunity at every level, but not Panel Leaders, should not take on commitments if not capable, should go in supervised, not enough info from newcomers. Institution's have gone downhill, Panel Leaders should be schooled, supervised, can be speakers. Linda G: Clarify dispute on Panel Members, have Panel Leaders go through orientation, had a speaker with alots of years of clean time, asked to carry message, a clear NA message, 5 minutes went over this, and didn't deliver a clear message, no steps. Rick D.: Been coming for a couple of months, went to last meeting, was said he was not doing enough, left messages for Panel Leaders, no callbacks, read the handbooks, needs help, noone helping, feels like wasting time. Doug P.: we appreciate your service, don't get discouraged. Tony L.: Hook-up with Panel Leaders here at the business meeting, make appointments. Important to hear people speak before inviting to meeting, listen at NA meetings, then ask if they will speak. Frances R.: Beneficial to listen to people outside of your home group, helps, meet with different people, glad predecessors put literature out for us to help us. Doug P.: Has \$60 worth of literature, will be careful. Bob: Has extra literature rack. Tony: If you are a Panel Leader and looking for someone to help, pick someone with clean time, ask if they got a minute, ask if they have some time for service, to be a speaker, etc., if you ask and they are working a program they will help, if they don't then you don't want them, if you ask they will help. Franco: Wants to be of service, here to help, not a lot of clean time, but lots of will, asked to speak and wants to help, visited AJ in handcuffs, but not about that, it's about getting the message out there, taking care of his wreckage, here to help. Frances R.: Came to be of service. Nicole M.: learning about H&I, clean 7 months, lots of recovery. Morio: Clean 8 months, just got out of Parkview, him and Rick started NA meeting there, in treatment 5 days a week, goes back to Parkview for meetings, wants to be of service. Rick D.: Been in groups, did 12 years, has a problem getting to meetings, can't rely of fiancé, if anyone going to a meeting meet up with him, he would be happy to go. Teretha S.: Went to Cordova Center and met with Tamra Childs, but not approved. Linda G.: Residents at Glenwood want a meeting there, talked to the Director. Tony L.: Get Panel Leader, then they can do the footwork, don'ts, understanding, commitments, then step up, if Panel Leader, you have to come to the H&I business meetings, can't let people do what they want, Palmer got ran into the ground, Panel Leader ran amuck, takes time, vice-chair should be the go-to guy, facilitate Panel Leaders, fill in wherever there is a need, build a network, then use them to help, develop relationships with people who can commit, reach out, bring in people, Leaders develop the panel, ask, reach out, carry out to the groups. Sean C.: You do have to ask, he doesn't have the time, but is willing to do something, no commitment, doesn't know how he can be involved, SAARP may be to an NA meeting. Teretha S.: Wanted to make a commitment to go into Highland Mountain, the ball was already dropped there so that is a problem. Talk to Karen P., Nicole M. knows the supervisor and thinks they are willing to have us back in

there. Sean C.: 5 people committed? If someone is willing that's enough, if willing, that's a start, should go with it. Tony L.: Become familiar with the institution, need structure, not just go with it, so the ball isn't dropped, Rules. Chair needs to ask people. Two people can run a meeting. Teretha S.: Willing to help at current facilities. Frances R.: Should be two people at each facility. Franco: Went into convention committee, was willing, but never appointed to anything. Terry H. went into Cordova Center once. Teretha S. and Nicole M. will go to Genesis House.

OLD BUSINESS: Rick D. nominated Teretha S. for Literature person, Doug P. 2nd, vote was unanimous and she accepted. Congratulations Teretha! Tony L. nominated Bob W. for Secretary, Doug P. 2nd, vote was unanimous. However, after discussion a group conscience was decided that Bob W. could not fulfill the duties of Secretary at this time due to not having a computer. His willingness, however, is commendable! Doug P. is willing to sit in at the Parkview Center meeting, Panel Leaders need to show up to business meetings, Speakers and Panel Leaders need to be orientated, very important for Randy S. and Devita, no newcomers should be opening meetings as the NA message may get smeared or blurred, or H&I may get a bad reputation, Panel Leaders may need to reduce meetings to every other week if they are not able to make it every week, people need to be educated, if someone wants to committ, then come to the business meeting and the H&I meeting, then go from there, cleantime should be 1 year for Panel Leaders, however exceptions can be made, they need to be able to committ, be available, they should go to a facility first to show their committment. Names were given to contact to get SAARP back online, Bob W. will be going to Genesis House the last Tuesday of every month. Tony L. use to have packages for each Panel Leader so they could give to someone taking over or filling in which would have an H&I Handbook, preambles, Literature, etc., everything needed for that meeting. Jeff L. will get at least 4 packages together, pricing, etc. Doug P. sent an email concerning the revised Jail List, but got no response yet. Per Email sent by Linda G.: Sorry, but this might be the the first H&I meeting I might miss, I am going to try and catch the first half of the meeting. But, not sure at this point if that's going to be possible. However, there are a couple of things I would like to mention for the meeting. 1) Mike would like to serve on the H&I committee in the capacity that he would like to be available to open NA meetings where ever needed. He would like a list of available centers in need of meeting openers. 2) Teretha will be contacting Ms Childs at the Cordova House to start the process of getting started to go inside the facility. 3) Annelle has resigned from chairing the meeting at the Clithroe Center as she has other things going on this summer and transportation is an issue. I want to thank her for all her service. 4) Devita has agreed to step in and open the women's meeting at the clithroe center every other week. 5) I have been approached by women at glenwood requesting that the committee please look into the a NA Meeting started out there.

NEW BUSINESS: Applications needed for Jail's, Cordova Center, Glenwood Center, & Highland Mountain. Discuss presentation at SAARP, Glenwood Center, and Highland Mountain.

NEXT MEETING: 07.30.09, 7pm at the Westmark Hotel Restaurant located at 720 West 5th Avenue (between G St. & H St.).

MEETING ADJOURNED: Jeff L. closed the meeting at approximately 7:50pm, followed by a circle-up and the 3rd step prayer.

j.l.