

## **H&I SUBCOMMITTEE MEETING MINUTES FOR 07.30.09**

**PRESENT:** Jeff L., Nicole P., Catelyn S., Terry H., Mom H., Franco B., Lisa K., Charles C., Michael E., Amy B., Linda G., Bob W., Teretha S., Tony L. (14)

**CHAIR:** Jeff L. opened the meeting at 7:00pm with a moment of silence followed by The Serenity Prayer. Jeff L. read the 12 Traditions, 12 Concepts not read.

### **REPORTS (Some Reports attached):**

**Chair:** Jeff L. - My name is Jeff & I am an addict. I would like to thank everyone for their continued service, it is greatly appreciated. Please actively pursue qualified persons to be of service for H&I and also everyone please announce at NA meetings, the H&I business meeting, Open Secretary Position, Panel Leaders needed, and Panel Members needed. Currently, we have 6 facilities, Anchorage Jail's East & West, Clithroe Center (Reflections), Cordova Center, Genesis House, and Parkview Center. Please make sure I have the correct name, date & times listed for these facilities. Again, if possible after the meeting, if Panel Leaders have time, I would like to have a Panel Leader Meeting to discuss any concerns, issues, problems, complaints, etc. that you may have. I am still working on getting a core group together to get SAARP back online. Franco has offered to step up and coordinate this effort. I would also like to get core group's formed for the intent of starting an H&I meeting at Glenwood Center and Highland Mountain. If there is someone able and willing to be a Panel Leader for these facilities, I think we should start the efforts to accomplish this. If there is a face to face meeting at any of these facilities, there needs to be a minimum of two people present. Keep in mind that in order for H&I to look good at any facility, we have to be dependable, reliable, committed, and carry a clear message of recovery. As per the the last Area Meeting, we no longer have a budget and apparently never had one. The \$500 we received was a one-time deal. However, the \$240 we spent on Literature will be reimbursed so we can discuss where this money should be spent. We will be allotted \$200 from Area for Literature per month. According to the guidelines, we have an opportunity to get a budget sometime in October, I believe. It has to be well thought out, and can be voted on. At this time, Area is willing to keep reimbursing us for minor expenses out-of-pocket. I would like to thank everyone for their efforts, I am constantly hearing good things about the work H&I is doing. Thanks again everybody!

**Vice-Chair:** Rick D. - No Report

**Secretary:** Jeff L. - I enlisted Franco to help with this position. There were some issues that came up, however, and there are no minutes available at this time. Together, we will get caught up

**Literature:** Teretha S. - Picked up \$197.20 out of \$200.

**Minutes for Last Month:** Minutes from the last meeting (6.25.09) were not available but are now except for some missing reports and are available to all in attendance. Also, will be available soon to the world at: <http://akna.org/subcommittee.htm>.

### **PANEL LEADER REPORTS:**

**Anchorage Jail-East:** (Men) 7p-8:30p Wednesday's: Panel Leader: Tony L. Per Report: Meets wed. nite 7-8:30pm. Doug P. did meeting 2 weeks

ago giving me a break, last nite 12 men showed, inmates requesting literature, obtaining literature at this meeting. Upon release they are attending NA meetings.

**Anchorage Jail-West, Cook Inlet (City Jail)**: (Men) 7:30p-8:30p Monday's: Panel Leader: Doug. No Report.

**Clithroe**: (Women) 6p-7p Monday's: Panel Leader: Linda G. 15-17 people attending on a regular basis, looking for a fill-in for illnesses and brakes that may come up.

**Cordova Center**: (Men/Women) 7p-8p Saturday's: Panel Leader: Doug P. No Report.

**Genesis House**: (Men/Women) 7-8p Tuesday's: Panel Leader: Randy S. Per Amy B.: Going very well, there is about 15 people. Brian?

**Parkview**: (Men), 4:30-5:30p Saturday's: Panel Leader: Jeff L. Per Report: Parkview Center is going well. There are several people that keep coming faithfully week after week. I would like to thank Doug P. he has been coming to the meetings and sharing, he always has a great message. 6-27-09, there were 5 residents, Franco, Rick D., and myself. 7-4-09, there were 6 residents, Rick D., and myself. Doug P. was our guest speaker, he was awesome and had a great message! 7-11-09, there were 5 residents, Doug P., and myself. 7-18-09, Rick D. opened the meeting while I was in Willow. 7-25-09, there were 6 residents, Doug P., and myself.

**SHARING SESSION**: Nicole P.: Learning Days, get a hold of Jeff B. with P&I, look into. Move meeting due to parking issues? Recommendation Catelyn S.: Freedom Frog? Making copies of literature to cut costs? Teretha S.: Area ordering literature get cost cut. Linda G.: Might be a good idea to get something in place, get together to see how people want to give back, to see where they want to get involved. Tony L.: We need to stick to guidelines and be strong and commit to doing what we are doing. Linda G.: Put on agenda for next month, find a new location with better parking. Terry H.: Set up a plan on a layout of how to get structure in the meeting.

**OLD BUSINESS**: Nominate Franco to be Secretary, seconded and is now voted in. Nominate alternate Secretary, Nicole P., seconded and voted in.

**NEW BUSINESS**: Nicole P. talk to Jeff B. and Doug P. and Jeff L. about Learning Days, set one up. Lisa and Catelyn S. are going to find a new location.

**NEXT MEETING**: 08.27.09, 7pm at the Westmark Hotel Restaurant located at 720 West 5th Avenue(between G St. & H St.).

**MEETING ADJOURNED**: Jeff L. closed the meeting at approximately 7:50pm, followed by a circle-up and the 3rd step prayer.

j.l.