

## **H&I SUBCOMMITTEE MEETING MINUTES FOR 08.27.09**

**PRESENT:** Jeff L., Nicole P., Catelyn S., Terry H., Franco B., Amy B., Linda G., Bob W., Teretha S., Brian M., Rio P. (10)

**CHAIR:** Jeff L. opened the meeting at 7:02pm with a moment of silence followed by The Serenity Prayer. Catelyn S. read the 12 Traditions, and Terry H. read the 12 Concepts.

### **REPORTS (Some Reports attached):**

**Chair:** Jeff L. - My name is Jeff & I am an addict. I would like to thank everyone for their continued service, it is greatly appreciated. Please continue to actively pursue qualified persons to be of service for H&I and also everyone please announce at NA meetings, the H&I business meeting, Panel Leaders needed, and Panel Members needed. Currently, we have 6 facilities, Anchorage Jail's East & West, Clithroe Center (Reflections), Cordova Center, Genesis House, and Parkview Center. Again, please make sure I have the correct name, date and times listed for these facilities. Rick D. has decided to step down as Vice-Chair so this position is now open. I am still working on getting a core group together to get SAARP back online. I have gotten the minutes caught up, but am missing some Panel Leader reports for June, if anyone happens to have picked them up, please let me know. Please make sure you all sign-in and pick up a Monthly Report Form and be sure to add the Facility Contact Name and Phone Number, will have updated forms soon.

**Vice-Chair:** Open

**Secretary:** Franco B, Nocole P. (Alternate)- No Report

**Literature:** Teretha S. - \$200.40 of Literature picked up.

**Minutes for Last Month:** Minutes from the last meeting (7.30.09) were approved as written. Also, available on the world at: <http://akna.org/subcommittee.htm>.

### **PANEL LEADER REPORTS:**

**Anchorage Jail-East:** (Men) 7p-8:30p Wednesday's: Panel Leader: Tony L. - No Report.

**Anchorage Jail-West, Cook Inlet (City Jail):** (Men) 7:30p-8:30p Monday's: Panel Leader: Doug. No Report.

**Clithroe:** (Women) 6p-7p Monday's: Panel Leader: Linda G. - Average number of residents attending: 12, Meeting continues to be the highlight of my recovery ever reminding me to stay humble and teachable. The group has decided to go back on having speakers out there to once month vs the weekly. We have been doing book studies with open sharing. Looking for replacement for time I'm on vacation, 10/27 - 11-07/09, 2 Mondays. Catelyn S. can fill-in for Linda G. for those dates.

**Cordova Center:** (Men/Women) 7p-8p Saturday's: Panel Leader: Doug P. - Terry H. filling In - Average number of residents attending: 12 - 15. Attendance is greatly improving. Encourage members to outside meetings. A lot of the residents are requesting the NA pamphlet, so have been doing so.

**Genesis House:** (Men/Women) 7-8p Tuesday's: Panel Leader: Randy S. - Average number of residents attending: 17 - 25. Teretha S. - 8/25, Topic of the meeting was: How did you get to treatment and what do you want to do about your addiction. Tenents were willing to share and

hopeful about future. Bob W. - I've been going to and chairing the last Tuesday of the month, will get with Randy about his wanting to move on. Considering accepting Panel Leader position, not sure if I should, I meet with my sponsor on Tuesday's, Doug P. doesn't want to change from Tuesdays. Brian M. offered his services on this panel.

**Parkview:** (Men), 4:30-5:30p Saturday's: Panel Leader: Jeff L. - Parkview Center is going very well! 8-1-09, 7 residents, Tony L. was guest speaker and discussed in detail the 12 steps. As always he carried an awesome NA message of recovery! 8-8-09, 6 residents, 8-15-09, 6 residents, 8-22-09, 6 residents. Need help.

**OLD BUSINESS:** Nicole P. talk to Jeff B. and Doug P. and Jeff L. about Learning Days, set one up. Lisa and Catelyn S. are going to find a new location.

\* Location Report by Catelyn S. - I checked multiple locations and this is what I was able to find out: Freedom Frog is a yes, they are fine with us using their space every month on the last Thursday from 7 to 8, Doug is our point of contact, he has a key to the building already. Alano club yes but no guarantee that if a meeting wants to start up that they would take priority over H&I. Dry Dock, no go, already meetings there at that time. Sunshine Grill, no good, closes at 4pm. An option I didn't get a chance to check on would be the church that the Saturday night meeting is held in. So, I hope this was helpful in some way! In loving service, Catelyn! Nicole P. - Learning Days possibly in Oct after convention, looking into, more info from Doug P., Susan, Jeff B., Jeff L., Terry H.

**NEW BUSINESS:** Terry H. nominated for Vice-Chair position, unanimous, she was voted in. Motion to eliminate sharing session by Terry H., Nicole P. second, 6 yes, 0 no, 1 abstain, approved. Location for new meeting spot: Doug checking on Freedom Frog, Jeff L. likes it here, so does Doug P., Linda G. thinks it should be moved. Catelyn has report of other areas for meeting space. Meeting locatin was tabled til next month.

**NEXT MEETING:** 09.24.09, 7pm at the Westmark Hotel Restaurant located at 720 West 5th Avenue(between G St. & H St.).

**MEETING ADJOURNED:** Meeting was adjourned, followed by a circle-up and the 3rd step prayer.

j.l.