

## **H&I SUBCOMMITTEE MEETING MINUTES FOR 09.24.09**

**PRESENT:** Jeff L., Catelyn S., Terry H., Angelique N., Amy B., LouAnn P., Doug P., Bob W., Barb W., Steve G., Chandra P., Kelly M., Mikael K., Tony L. (14)

**CHAIR:** Jeff L. opened the meeting at 7:02pm with a moment of silence followed by The Serenity Prayer. Catelyn S. read the 12 Traditions, and Terry H. read the 12 Concepts.

### **REPORTS (Some Reports attached):**

**Chair:** Jeff L. - My name is Jeff & I am an addict. I would like to thank everyone for their continued service, it is greatly appreciated. Please continue to actively pursue qualified persons to be of service for H&I and also everyone please announce at NA meetings, the H&I business meeting, Panel Leaders needed, and Panel Members needed. Currently, we have 6 facilities, Anchorage Jail's East & West, Clithroe Center (Reflections), Cordova Center, Genesis House, and Parkview Center. Again, please make sure I have the correct name, date and times listed for these facilities and be sure to add the Facility Contact Person and contact number. Congratulations to Terry H. as our new Vice-chair!!! She has proved to be a BIG help already. We have meetings nearly every week to discuss H&I activities and are making progress. She has contacted each facility she could to introduce herself and myself as well. She has found and printed a partial list from Roberts Rules of Order for us. We will try and incorporate this into our meetings. We will try and keep the meeting held to one hour. When there are discussions on issues, one person at a time will be recognized by the chair and allowed to speak, there will be three persons allowed to share. This should keep the meeting on track. We are in the 21st century, please email me your monthly reports if possible, that will help greatly with the meeting minutes. I will send everyone new Monthly Report forms by email to use for this purpose. Please have them to me before the meeting, preferably at least the day before or earlier. Please contact your home groups GSR to have them help with H&I recruitment. Ideally, there should be an H&I representative from each NA group. I believe things are going well, I would like to form ad-hoc committees for each facility we would like to get into, i.e., Highland Mountain, Glenwood Center, and SAARP. Also, I have finally got the secretary materials in order, up to date, and filed in the H&I binder. Thanks again everyone, you are all doing a fantastic service for H&I and the community! Again, I am always hearing feedback about how residents are being helped, encouraged, finding strength and hope from the work that we all do.

**Vice-Chair:** Thank you all for being here this evening - I am learning a lot, excited about the upcoming H&I commitment and this service position. Here is a list of things that has taken place since the last meeting.

- 1) I met with Jeff (Chair) received H&I Handbook - with lots of good information - Which we are scheduled to meet every Friday - to continue open communication and to support each other with the service position.
- 2) Organized an Adhoc committee for Learning days -

- a. First meeting was held at 9/3/09 at my house
- b. In attendance was Doug P, Terry H. , Terethia, Catelyn
- c. We discussed Venue, Presentations, Date & Time,
- d. Touched based with PI and Entertainment about their involvement - Which I will be attending both of their meetings this week.
- e. Things are moving forward well - Next meeting will be held week of Sept. 21, 2009

Anyone interested in joining you are welcomed.

- 3) Got together a language dictionary sheet of H&I Roberts Rule of Order and went over and passed on to the Chair (Jeff) and copies for each are available - So that our meeting can be conducted with proper order.
- 4) Created a list of Panel Leader List - and forwarded them to the Chair - and copies are available
- 5) Created a Facility List with Contact Numbers - and forwarded to Chair - and copies are available
- 6) Contacted Each Facility Contact and Introduce Myself as Vice-Chair and Jeff as Chair - and gave our numbers as contact for H&I
  - a) Spoke to each Facility and followed up on how we were doing - good or bad
  - b) The facilities I spoke with were very pleased and look forward to our continued involvement.
- 7) We got a definite yes to Highland Mountain - Spoke with the person in charge and he was elated that we are looking to bring Recovery to Highland Mountain again - His concern was that a follow - thru - due to the past - Panel Leaders and members became not consistent.
  - a) Requested we get at least 4-5 women who would commit
  - b) I will receive a call Next week - he would like to meet in person -so we will be scheduling a meeting in the evening - due to both work schedules
  - c) At that time I will receive the criteria to get into facility

In closing I just want to say thank you for allowing me to be of service - I am enjoying this part of the journey -

Thank you - Terry H. Vice - Chair

Humble Servant of H&I / NA

**Secretary:** Franco B, Nocole P. (Alternate)- No Report.

**Literature:** Teretha S. - No Report.

**Minutes for Last Month:** Minutes from the last meeting(8.27.09) were approved as written. Also, available on the world at:  
<http://akna.org/subcommittee.htm>.

**PANEL LEADER REPORTS:**

**Anchorage Jail-East:** (Men) 7p-8:30p Wednesday's: Panel Leader: Tony L. - Average Number of residents attending: 4-14, Topic: Recovery, asked Dave L. to cover, never signed in? Don't know, asked Ross to cover, said yes, faded.

**Anchorage Jail-West, Cook Inlet (City Jail):** (Men) 7:30p-8:30p Monday's: Panel Leader: Doug. No Report.

**Clithroe:** (Women) 6p-7p Monday's: Panel Leader: Linda G. - No Report.

**Cordova Center:** (Men/Women) 7p-8p Saturday's: Panel Leader: Doug P. - Average number of residents attending: 12, Going well - Terry covered while I was in Barcelona. Positive atmosphere.

**Genesis House:** (Men/Women) 7-8p Tuesday's: Panel Leader: Randy S. - Per Bob W., Average number of residents attending: 20, I will be at the last meeting of the month as usual, 29th Sept, Bob W.

**Parkview:** (Men), 4:30-5:30p Saturday's: Panel Leader: Jeff L. - Facility: Parkview Center

Facility Contact: Robert Graber: 272-1641

Panel Leader: Jeff L.

Parkview Center is going very well! Average number of residents attending is 7.75.

8-29-09, 7 residents, Topic: Don't Look Back!

9-5-09, 9 residents

9-12-09, 7 residents, Wiley was our guest speaker, he was awesome, many residents related to his story. Thanks Wiley!

9-19-09, 8 residents, Jeff B. was our guest speaker, he was also awesome! What a story, myself and many others have gone through similar situations that he talked about. Thanks Jeff B.!

**OLD BUSINESS:** Terry H. nominated for Vice-Chair position, unanimous, she was voted in. Motion to eliminate sharing session by Terry H., Nicole P. second, 6 yes, 0 no, 1 abstain, approved. Location for new meeting spot: Doug checking on Freedom Frog, Jeff L. likes it here, so does Doug P., Linda G. thinks it should be moved. Catelyn has report of other areas for meeting space. Meeting locatin was tabled til next month.

**NEW BUSINESS:** Voted In For Highland Mtn.- Panel Leader - LouAnn, Co-Panel Leader - Barb

Group suggested we get started with Highland Mtn. - due to women are ready to put in for Service Commitment

Agreed - Ball is rolling for the above

Voted In For Genesis House - Panel Leader - Amy, Co-Panel Leader - Bob Date Set For Learning Day - November 14<sup>th</sup> - 2009

Committee to set location and time - Pre Approved

Talked about having a Booth (H&I) at Entertainments Thanksgiving Event - November 25<sup>th</sup>, 26<sup>th</sup>, 27<sup>th</sup>.

Unanimous vote - to Stay at Westmark to hold H&I meetings 9 yes 1 no Need to announce Parking available at Westmark - See Front Desk

**NEXT MEETING:** 10.29.09, 7pm at the Westmark Hotel Restaurant located

at 720 West 5th Avenue(between G St. & H St.).

**MEETING ADJOURNED**: Meeting was adjourned, followed by a circle-up and the 3rd step prayer.

j.l.