

Area meeting minutes for 4.1.19

OPENING OF THE MEETING: 6:32

READINGS: Service Prayer- Amy

Decorum Statement- Alec

Twelve Traditions- Joe

12 Concepts- Alan

Vision for NA Service- Sean

APPROVAL OF LAST MONTH'S MINUTES: Maiké/Alec

ROLL CALL: 11 out of 13 groups ($\frac{1}{2}$ plus one = quorum)

NEW GROUPS TO BE RECOGNIZED: none

AMENDMENTS TO AGENDA: Add Walk Your Talk, Add Subcommittees Chair Votes:
Activities, H & I, Literature

ADMINISTRATIVE COMMITTEE REPORTS:

CHAIR: Hello family,

I apologize for missing last month's area meeting. I will be here for the duration now. I hope to continue on our path promoting unity for all. If anyone has any questions about service, or concerns, please call me anytime. Thank you for letting me be of service.

In loving gratitude,

Debbie S.

529-6902

VICE CHAIR: Good evening everyone I'm Corry and I'm an addict.

If you need help in any way please contact me at 884.6166

Thank you

In loveing and learning service. Corry

Thank you.

Corry Casagranda

907.884.6166

SECRETARY: Hi family my name is Marcy and I am an addict. Grateful to be available to be a part of area service and appreciate all of you being a part of my recovery. Please have your reports into me by the Friday following area. If you do not have that email please see me after the meeting and I'll be happy to give it to you.

Trusted servant

Marcy L. 907.

907.444.3992

TREASURER: see attached

Convention Chair Report:

Hellurrr convention committee is meeting 2x a month and all sub committees are continue to meet regularly through the month as well. We have a fundraiser of tickets for a raffle to win a convention package going, a resentment burning on 4/20 more will be revealed, and a taco feed planned for May 4th. We are asking GSRS is they could bring some sort of food to help with costs so this is truly a fundraiser; please let RyAn F or AlAn M what your homegroup will bring. We are also asking homegroup a to put on fundraisers and show up to entertainment to pick one they have come up with or give ideas. We are currently getting bids on hotels and do not have dates set until committee reviews the bids at our meeting on 4/13. Our sub committees are in need of service so please suggest and encourage other members, sponsees, sponsors, etc to be a part of! Thank you for allowing me be learn in service

Sasha T

Thank you,
Sasha Tsrnos

RCM: Copied From Mandy H. email submitted Ash

Trusted Servants:

It was a wonderful experience to attend the WSZF in San Diego. I feel more confident, prepared and supported to attend the conference next year and carry our regions conscience. From what I gather the regions in the zone wish to support one and other in the continued growth and furthering our primary purpose. I took the time to talk to several people from each area and some outlying areas in our region to gather what is working well and what our weaknesses are before attending the WSZF. Below I will list creative ways to use the resources I was introduced to at the forum that address some of the needs our regions members have shared with me.

WSZF purpose: Member regions collaborate, communicate, train and plan to carry out our primary purpose

Different regions have an abundance of certain resources and needs, and there is a desire to help one and other. While some regions have an abundance of monetary resources what Alaska region offers is an opportunity to participate in fellowship development. Which as many of us know is a fire the feeds our soul and spirit to serve. After delegates left Alaska last year, they were so inspired by helping to start a meeting

in Nenana that the fire for recovery has been passed on to their regions. They were overjoyed to hear that Nenana is still going strong. Way to go.

❖ Our Regional subcommittees could meet quarterly via zoom and invite the area chairs of the same subcommittee to the meeting. During this committee meeting, our region could have a guest from an outlying region share what they are working on or struggling with.

For example, our regional PR chair could hold a meeting on zoom with the outreach chair, web servant and areas PR chairs in attendance while introducing a guest from outlying region.

Intent: This would offer excitement, new ideas, unity, and inspiration to area trusted servants while unifying Regional sub-committees.

Regions Support

I was able to include Frank and Allen via zoom for the discussion sessions during the zonal forum. Thank you, gentlemen, for all your support.

Delegate Service Efforts

I joined two of the workgroups at the zone, training tools and technology and fellowship development as I believe those both pertain well to our region and our concerns. I also attended a conference work group that addressed the roles of the zones. I will be sure to report back on the information I acquire through those avenues at the next regional meeting.

Two questions for RCMS:

From the fellowship development workgroup. Please take time to send me your responses to these questions from your areas.

1. Do you have an underserved rural community within your region?
2. What support could the zonal forum provide that would help your efforts in fellowship development in these communities?

There is a suggested donation to WSZF

\$300 annually to the Zonal Forum to help cover the costs of facilitation and event expenses. Alaska did approve this, a check needs to be written and mailed.

RECEIPTS

The treasurer booked my airfare. I was sent a check for \$538 that included four nights stay @ \$123 and a \$46 dinner. I paid for my additional meals. I have texted treasurer my receipt from the hotel. Airfare is cheaper if we book tickets sooner when possible. In the future, I may be able to share a room with another delegate from a different region to help reduce cost.

***WSLD Update**

The Northern Idaho/Washington region would like to have us represented at the WSLD. They desire to possibly help cover the expenses of a delegate to attend and provide a shared room with one of their delegates. We will need to have a name for them soon to set up airfare.

The delegates from the zone are meeting there and making decisions. There was a vote at WSZF to recommend George for world board, and Alaska abstained because we did not have a record of it from last year.

- ❖ They are also highly interested in Alaska putting in a bid for then WSLD which we would need to be in attendance. It could help our region out immensely at low cost if we willingly take on the work. We may need to show up and put in a place holder for 2022 and write up a bid after.

Intent: assist in fellowship development in our region and provide training/ education in service while having fun.

- ❖ It may be beneficial to consider sending some trusted servants to this event. Areas could even consider sending a person as Fairbanks sent a person last year. Zoom is being made possible so areas may be able to participate this way as well.

Intent: increase service-based education/ training, support, encouragement and excitement to serve.

Information on the WSLD XXXIII

It will be held in Seattle, Washington, on November 8-10, 2019.

The host hotel is the Seattle Airport Marriot ([3201 South 176th Street, Seattle WA 98188](https://www.marriott.com/hotels-and-reservations/usa-wa-sea-seattle-airport-marriott-hotel/?cid=source-google)).

We have a special link that will take you to a special reservation page for our event. Please click the link [here](#). The single rate is \$129 – check the special Marriot page for further details.

Online registration will begin **June 1, 2019**, on the Washington Northern Idaho Region website: <http://www.wnirna-reg.org>

You may pre-register by postal mail using the form provided on our flyer available here.

***Planning Workshop**

This workshop and training was fantastic. I was able to witness it in action, and it blew my mind how the process included everyone's concerns, ideas and resolved in solutions very quickly and without a lot of arguments. The seven steps are outlined at

https://www.na.org/admin/include/spaw2/uploads/pdf/handbooks/Planning_Basics.pdf

I also learned that when using this process there are regions that invite an outside facilitator who is trained in this process. Having an outside facilitator eliminates bias while increasing unity and productivity. I can see this being very beneficial for regional and area inventories.

❖ One idea for our region would be to fly up a facilitator and send them to each area to facilitate the processing of an area inventory. This would take some coordination between RCMs however it would do several things to serve our members.

Intent: It would increase unity between the regional service body and the areas by providing an opportunity for growth and strengthening. It would also benefit the area service bodies to unify and solve issues effectively all while introducing this process to our members because they could see it in action.

If you have questions about what made this process work so well let's set up a time to talk. It was powerful.

Between Frank, Tony & myself we can offer a list of incredible facilitators for this process. I was able to witness Steve and Laura in action as amazing facilitators.

MYTHS PER NAWS:

1. We are not changing the definition of clean time, and it still includes abstinence.
2. We are not leaning toward zonal seating at the world conference.

NAWS FUNDING INFO:

\$2.03 would be needed weekly from each registered group to fund NAWS solely from the seventh tradition.

Currently, NAWS receives approximately .49 cents per week per meeting.

%13 percent of seventh tradition funds NAWS.

GROUP REPORTS:

CLEAN & SERENE: My name is Shannon and I am an addict.

C&S meets Sunday evenings (8 p.m.) at Holy Family Cathedral on 5th and G St in the basement and Thursday evenings (6:15 p.m.) at St. Anthony's on 9th Ave and Klevin.

The Thursday edition is a literature study while the Sunday edition is an open format meeting. We are well attended by NA members and newcomers. Tonight we are donating \$75.

I am prepared to vote on all action items.

ILS,

Shannon D

EAGLE RIVER GROUP: GSR REPORT

The Eagle River Group of Narcotics Anonymous meets at Joy Lutheran Church, located at 10111 Eagle River Road in Eagle River. We have been meeting every Monday, Wednesday, Friday from 6:30 to 7:30 pm.

Recently our attendance has been averaging about 8 addicts . We generally have at least 3 newcomers at each meeting. We also have several addicts with multiple years of clean time at each meeting.

FROZEN CHOZEN: . present, no report emailed

VALLEY NOONER: absent, no report

HIGHER GROUND: *Higher Ground meets 7 days a week at 7 p.m. at the Wasilla Alano club. Meeting attendance ranges from 8 to 15 people. We are in need of home group members and would love some support. We have \$25 to donate to Area and are ready to vote on all issues.*

In loving service,

Chelsa J.

Out and About: Erea report out and about

Trusted servant Francisco, out and about meets every Friday at the Alano club on Spenard from 7:30-8:30 average attendance is 25 to 30 addicts, and treatment centers that attend we have a average of 1 to 3 newcomers we welcome any new home group members we are stocked with liture we also have 20\$ to bring to era today-----ready to vote on all issues
In loving service Francisco

WALK YOUR TALK: GSR Report for Walk YourTalk

For April Area

We meet Monday through Saturday from 12-1 at First Baptist Church on 27th. Corner of Northern Lights and LaTouche

We have \$50 to donate.

We have a motions we would like to bring

Ready to vote as a representative of our group conscious.

In grateful loving service

Maike M

907 RECOVERY: present, no report emailed

LIFESAVERS:Lifesavers group meets MWF & because a good meeting starts & ends on time, we meet 2ish to 3ish. We have an average of 16 addicts at each meeting with 6 newcomers in the month of March. If any group would like our assistance with attendance please ask & we will come to support your meeting. We have \$50 to donate to Area & are prepared to vote on all action items.

In loving service,

Wayne

EASTSIDE SOLUTIONS: Eastside solutions meets every Tuesday night from 6pm to 7pm at st. Innocent cathedral at 401 turpin st. in the basement. We are current with rent, average attendance is about 5 addicts per meeting right now and 1 or more newcomers are consistently attending. We have service positions available, and are in need of home group members. We do not have donations at this time, but look forward to more support so we can donate in the future. We are going to abstain from all votes at this time. In loving service, Abraham

CLAIM YOUR SEAT:

Claim Your Seat: Claim Your Seat

@ the Alano Club

Apr 2019 Report for Mar 2019

Claim Your Seat meets Thursdays at 9:30, and Fridays and Saturdays and 11pm.

For the month of Mar 2019 we had 99 in attendance of which included about 7 newcomers, averaging 24.75 addicts at each meeting. Thursday nights is pizza night and typically bring in more members. We're hoping attendance will improve

with the summer months to add more days to our schedule. As always we are seeking new members to fill in to attend H&I on the 2nd Mondays at 6pm at Wings & Things, PI and Activities when they set a schedule, and Newsletter the 1st Thursdays at 6:30 at Gwennies. Claim Your Seat was the only one to show up for H&I on March 11th 2019.

Our rent is \$15.00 per meeting. We have \$20.00 ASC donation and a literature order. Our rent is paid for April.

In loving service,

Arlene L.

GSR

SISTERS IN SOLUTION: Hellurr sisters in solutions meets every Sunday at alano from 2-3 pm, we continue to have 5-15 woman in attendance, we continue to have speakers the first Sunday of the month. Our rent is paid and we have placed a literature order that's on hold until literature can purchase again. We have 10\$ to donate to area. We have created flyers for our homegroup to bring to facilities and are looking at different places in town to potentially hold a second meeting during the week. We are planning a prom convention fundraiser for May 25th and will have flyers out this month. We have a nomination and a motion and ready to vote on all matters

Thank you

ILS Sasha T

THE NA WAY:

The NA Way to Area

July 2, 2018

Greetings:

The NA Way did not receive the June minutes.

The NA Way meets on Saturdays at the Central Lutheran Church, 15th and Cordova Street. This is a one hour meeting from 7 p.m. to 8 p.m.

Attendance has picked up a bit with treatment centers participation.
Bills are current. We have a small order for literature.
The NA Way needs home group members, if anyone knows of anyone looking for a home group, suggest the NA Way.
Thank you for allowing me to be of service.
Susan S, The NA Way, home group member

SUBCOMMITTEE REPORTS:

NEWSLETTER: Family,

The April newsletter is available at the end of the table. I have printed five for each group but if you should require more, please feel free to call me. I can always e-mail one to you!

We have not been having our monthly subcommittee meeting but I would love to have more members' support so we will be meeting on Thursday of this week, 6:30 PM at Gwennie's. Should we need to meet again before the month is out, we'll discuss that then.

If you have sponsees or are interested in being of service yourself and can't make it to the meeting, please get in touch with me.

ILS,

Amy U.

PUBLIC INFORMATION: Vacant

HOSPITALS AND INSTITUTIONS: H&I meets at 6:00 the Monday after Area at Wings and Things. Jails have been covered but we always need support for East, West, Goose Creek and Cordova Center. I have clearance forms for those. Women's Highland is back on track, for Saturday's at 2:00 see Michelle if you are interested in going there because the clearance for that needs to be coordinated.

I. L. S

Frank

ACTIVITIES: The NA birthday party took in 1975 dollars after expenses of 1810. 168 tickets sold and we had an attendance of 250+ with treatment centers well represented. Clean time count down was 1000 years+! We used 146 dollars of the money to put the deposit down for the Memorial day picnic at Jewel Lake and will start planning that soon. At our committee meeting we voted Susan S as Vice chair Ally P as Treasure and Corilie S. as Secretary. And Eric G as our Culinary coordinator extraordinaire! We also discussed starting a project for Activities to make up how to plan each event that will include contact numbers dates of events venues formats all the things needed and the guild lines to plan all events for Anchorage Activities NA. This is to help people in the future so it will be easier for them to plane events. We also discussed setting up an account for the seed money of \$600. We also discussed weather or not we need a set of lititure on hand for events for the new comers. The consensus was we should wait before the event then get it I thought we should have it ready so we don't have chase it down at the last minute. We will also probably do a full inventory of the storage shed as well so we will know what things we need for events. I'd like to thank the committee for doing a great job and all those that helped and a special thanks to Eric G. for doing a great job in the kitchen his service work is second to none! Activities looks forward to getting our committee streamlined and want to pole the groups on other things we can do including maybe bringing back the Eagle river camp out and the Sept fish fry fund raiser. So we have \$1828 or \$1228 for Area to donate and I wasn't sure if we keep the \$600 for our seed money? In loving service Joe R.

LITERATURE: I just want to apologize for my absence . Also, I need to know if we're off a spending freeze so that I can order. I have cash from sales ready to hand over to treasurer

In loving service
Melissa S

Sharing Session: .Alan M states to hold groups accountable to show up and be a part of Area.

Take back to groups to form an Ad-hoc committee for volunteers.

Sasha: groups and GSR's please step up for P.I.

Maike: We shouldnt be asking we should be telling homegroups members, thats how it used to be done.

Debbie: 5 members of each group should attend subcommittees. Start bringing old schedules to see how much is being thrown away and over stocked so we can get idea of how many schedules are actually needed.

Old Business: VOTE FOR SUBCOMMITTEE"

FRANK for H & I Chair: 11 YES 0 NO 2 ABSTAIN
MELISSA for literature Chair: 10 yes 0 NO 3 ABSTAIN
JOE R for Activities : 10 yes 0 NO 3 ABSTAIN

MOTION #1 9 YES

mOTION #2 9 YES

New Business: NEED PI NOMINATION

Motions from Walk Your Talk for April 2019

1. Motion that Area remove groups that have not attended Area since January 2019 from the schedule.

Intent: Accurate updated information so newcomers and others aren't going to meetings that aren't happening.

2. Motion that Area go back to printing schedules monthly. If financial concerns prohibit this please divide the amount printed in half.

Intent:same as motion #1

3. Motion that Anchorage hold a Learning Days for GSR's sponsored by Walk Your Talk.

Intent: To help new GSR 's learn about services

AMY U FOR LITERATURE CHAIR.

Qualifications :

5 years

Sponsor

Sponsees

Work steps

GSR previously

Group Treasurer currently

Convention Registration Chair

Newsletter Chair 1 year prior

Recap of action items: Take motions and Amy U back to groups for voting. Get groups to support subcommittee. Bring back PI nomination. Get volunteers from groups for Ad-hoc committee.

Next area meeting is 5.6.19 at 630pm at BP energy center

Announcements: Prom Fundraiser May 25th

Convention Fundraiser May 4th

April 29th, resentment burning Bonfire at knik River Bed Motion
to close: 8:10 pm