

Area meeting minutes for 2.3.20

OPENING OF THE MEETING: 6:30 Debbie w/ Serenity Prayer

READINGS: Service Prayer- Morgan Decorum Statement- Wayne

Twelve Traditions- Abraham 12 Concepts- Tyler Vision for NA Service- Crystal

APPROVAL OF LAST MONTH'S MINUTES: Ryan, 2nd Abraham

ROLL CALL: 9 out of 14 groups (½ plus one = quorum)

NEW GROUPS TO BE RECOGNIZED: none AMENDMENTS TO AGENDA: none

ADMINISTRATIVE COMMITTEE REPORTS:

CHAIR: Hello my recovery family, I'd like to commend you all for stepping up to your service commitments. Our fellowship is alive, strong & full of love for our program. This is evident in all our affairs. I hope we can continue on this positive path. Elections for subcommittee chair positions will be in April. Please bring nominations to our March area meeting. Nominees must be present with qualifications at the March meeting. Thank you for accompanying me on this amazing recovery journey called life.

In loving service,

Debbie

529-6902

VICE CHAIR:

Hi Family,

I'd like to remind everyone that we're on a spending freeze, and it's extremely important for our groups to step up and support our Area so that we can continue to carry the message to the addict who still suffers. We have the NA Birthday coming up next month so please remind groups about tickets and help Activities as they work to set this up. Also, all groups should fill out the CAR Tally Sheet for 2020 - this is our chance as groups to take part in the Group Conscience at the World level.

ILS, Alec

SECRETARY: Marcy addict

Just a friendly reminder to have your reports in by the Friday following area at [aascnasecretary3@gmail.com](mailto:aascnasecretary3@gmail.com).

If you don't have access to email please have a home group member, sponsee or sponsor assist you and helping to email your report in pretty please. Thank you for all that you do. In loving and inspired service.

Marcy L

907 444 3992

TREASURER: See attached

RCM: Next regional Meeting Zoom March 10, 2020, 7:00 PM

Car workshop 2/8/20, 12:00 pm Zoom ID 835-729-936

WSLD INFORMATION meeting 2/16/20

1pm Zoom ID 835-729-936

Nancy B Convention Chair for next Conv in FBX. Date undetermined  
Rob T nominated by Anchorage for Convention two years out. (that might need to be put out for nominations)

Motion from Kenai to: Have region commit to contributing 50% of all funds above prudent reserves and operating expenses to World as accumulated

Motion from Anchorage to add 2000.00 to convention committee budget

Need all groups to fill out the CAR tally sheet by April 1st and email it to Mandy at [mandyhanson@alteredself.com](mailto:mandyhanson@alteredself.com)

Need nominations for regional positions and WSLD Positions. Please get this back to the groups in your Area!!

Dennis S. has become the Chair of the "Out Reach" Committee under Shawn as our PR chairperson and is help Shawn establish an agenda for his committee.

Looking for a few good people interested in carrying our message to outlying area's

Translating our message so other may hear.

REGIONAL OUTREACH want to know more contact Dennis A 907 362-0249

Here is an amendment to motion 13 that is being crafted by the SO Cal Region. If you are in support of this please have your groups write so on their tally sheet.

Here is our proposed amendment regarding gender (our groups are deciding whether to submit as an amendment or keep the original for submission at WSC 2022):

§ Please describe as specifically as possible how you wish to amend this motion? Motion 13: To direct the World Board to create a project plan for consideration at the WSC 2022 to investigate changes and/or additional wording to NA literature from gender specific language to gender neutral and inclusive language. add "gender" to "What is the NA Program?" to read: "Anyone may join us regardless of age, race, gender, sexual identity, creed, religion or lack of religion."

§ What is your INTENT (the outcome or impact) with the proposed amendment or motion? While the investigation of changes to NA Literature toward gender-neutral/inclusive language is a worthy discussion toward greater unity, our region is proposing this first step. This sentence is a powerful statement our literature makes about who is welcome to join Narcotics Anonymous. This reading is a basic reading at meetings and this small change would set the tone for inclusivity without having to negotiate too many cultural differences in language and concepts of personal identity worldwide. Inclusion of the word "gender" in this sentence communicates the value system that men and women equally may join Narcotics Anonymous;

this also welcomes addicts who do not conform or who define gender for themselves. Until all genders are treated equally worldwide, Narcotics Anonymous must include gender in this sentence so that any addict seeking recovery, despite differences in our identities that might divide us outside of NA, feel welcome to join Narcotics Anonymous regardless of social, political, socioeconomic, religious, or legal restrictions in the world. We bring this proposal forward in anticipation that a seventh edition of our Basic Text will be more inclusive.

§ What is your RATIONALE for amending the motion as you've proposed? We believe there is a clear distinction between the two terms. Gender refers to one's concept of self as male, female, a blend of both, neither, or other; sexual identity refers to how one thinks of oneself in terms of to whom one is romantically or sexually attracted.

WCNA 38 & 39

We are happy to announce that we have finalized a site for WCNA 39. After almost 30 years, the World Convention will be returning to Washington, DC, 28 August – 1 September 2024!

As you know, WCNA 38 will be in Melbourne, Australia. We have now set the dates: 8–12 September 2021. We will have more information when it gets closer to the date. We have received many questions about visas. Be aware that tourist visas to Australia are good for one year, so you should not apply for a visa until closer to the dates you plan to be in Australia.

GROUP REPORTS:

CLEAN & SERENE: PRESENT/NO REPORT SENT

LET THIS CIRCLE REPRESENT: ABSENT/NO REPORT SENT

EASTSIDE SOLUTIONS: Eastside solutions meets every Tuesday night at 6 in the base of St. Innocent cathedral at 401 Turpin St. We are averaging about 2-3 addicts per meeting. We've been open for a year now, and we are hoping to see more growth, I'd love to see more people come, especially because it's the only meeting in the far eastside. We have many service positions available, and would love to see more involvement from Anchorage Area as a whole. We do not have donations at this time, and are ready to vote on all motions.

In loving service  
-Abraham

**EAGLE RIVER GROUP:** The Eagle River Group of Narcotics Anonymous meets at Joy Lutheran Church, located at 10111 Eagle River Road in Eagle River, Alaska 99577. We have been meeting every Monday, Wednesday, Friday from 6:30 to 7:30 pm.

Recently our attendance averages 7 to 10 addicts. We generally have 1 or 2 newcomers at each meeting.

Every Monday is a literature study. We have a speaker The first Friday of the month with pizza. We have an annual clean date celebration the 1st Friday after people's anniversary. Our Group Conscious Meeting is the last Monday of the month following our regular meeting.

Eagle River Group of NA has \$20.00 to donate to Area.

Chris

**FROZEN CHOZEN:** . Frozen chosen

Frozen chosen meets Monday through Thursday from 730-830pm at the Dry Dock ( Not affiliated with NA ) 8141 Briarwood downstairs. We follow the 12 traditions and We are current with rent payments, and supplies. Our average meeting attendance is 25-35 addicts, with an average of 2-3 newcomers, and treatment centers attending regularly. We have service positions available, and welcome home group members. Our business meetings are held the last Monday of the month before area. A few members attended the CAR workshops and we would like to thank the Regional delegates for their dedication to service, and involvement within the service structure. We have \$50 to donate this month. In loving service, Ryan

**VALLEY NOONER: PROXY PRESNT/ NO REPORT SENT**

*HIGHER GROUND: Higher Ground meets at the Wasilla Alano Club at 7pm seven days a week. Mondays we read from Living clean, Wednesday we choose an IP to read, and Saturday is a step study from the It Works: How and Why. The remaining days are open topic.*

*Attendance, and the number of regulars, is steadily increasing. A meeting size of 15 to 20 addicts is common.*

*Our business meetings are held the last Thursday of the month at 8:15pm following the meeting*

*We have \$50 to donate to Area this month.*

*Matthew M.*

**Out and About: PRESENT/ NO REPORT SENT**

**WALK YOUR TALK:**

**Walk Your Talk  
Area Service Report**

**February 3, 2020**

Meeting: 2700 E 27<sup>th</sup> Street, First American Baptist Church. Monday through Saturday 12pm – 1pm except for Saturdays are the discretion of the chairperson to go until 1:30pm. The business meetings are held Saturday before Area after the regular meeting.

Donation: 50.00 for February and 50.00 for January

We had election of group officers. I am the new GSR and I am mentoring Tim to take over when he meets the clean time requirements. In the interim, he is our H&I representative.

Old Business:

Walk Your Talk has nominations for regional positions:

Regional Chair Nomination: Kevin R. (Qualifications Attached)

Regional Treasurer Nomination: Joshua W.

Regional H&I Nomination: Morgan (Qualifications Attached)

WSLD Chairperson Nomination: Kathy W. (Qualifications Attached)

\*\*\*We still have on our list of obligations to facilitate with Area, The Learning Days event. Heidi U. is the lead for our group on this.

New Business:

1<sup>st</sup> Motion: Regional: Extend the current Regional Delegate and Alternate Regional Delegate representatives to be in their current service roles for 2 more years.

Rationalization: Both positions were vacated and filled mid-term. They have not had the time to represent their positions to their full potential. The work they are doing the AK Region with the Western Zonal Forum and World Service is outstanding. If we elect new representatives, AK NA loses the continuity of ongoing world service and western zonal forum work.

2<sup>nd</sup> Motion: Regional: Change the regional guidelines to extend the dates for the Regional Delegate and Alternate Regional Delegate to a 4 year term each.

Rationalization: To have continued continuity of experience and information for a full cycle of Western Zonal Forum Meetings and World Service Board Meetings.

907 RECOVERY: PROXY PRESENT/ NO REPORT SENT

LIFESAVERS: Hey guys.

Lifesavers Meetings meets Mon, Wed, Fri, from 2ish pm - 3ish pm at Our Lady of Guadalupe Church, 3900 Wisconsin St.

Our business meeting is the Monday, one week before Area meets.

Average attendees is lower than usual at 10

Zero newcomers this month

We used to get 2 different treatment centers attending our meeting - none attended this past month. We will reach out and establish a connection, and see if it's something we can change.

Our contribution for Area this month is \$74

Nothing new to report.

In loving service

Wendy C

Group secretary and treasurer.

**Claim Your Seat: Claim Your Seat: Claim Your Seat**

@ the Alano Club

Feb 2020 Report for Jan 2020

Claim Your Seat has made the decision to meet only on Friday and Saturdays at 10 pm and the Alano Club.

Because of lack of membership participation, we will no longer meet on Thursdays at 10 pm at the Alano Club.

Our business meeting is the last Friday before Area at 9pm. We had a potluck, regular meeting and game night and so much fun.

For the month of Jan 2020, we had at least 48 in attendance of which included 4 newcomers, averaging 6 addicts at each meeting.

Our literature is stocked, with an exception of needing a Living Clean. Our rent is current We have no ASC donation for this month and because of lack of a prudent reserve and not many members attendance.

Claim Your Seat is ready to vote on all motions.

In loving service,

Arlene L.

GSR

Claim Your Seat

**SISTERS IN SOLUTION: SISTERS IN SOLUTION: February 3, 2020**

Hello Family, Nickelle, addict

We are a women's only meeting that currently meets every Sunday (only) at 2pm at the Alano Club. We currently have anywhere from 10-15 attendees and are always welcoming new homegroup members. Our business meeting is normally held the Sunday before Area after our regular meeting.

We have a \$20.00 donation this month for area.

We are also hosting a women's retreat that will be on April 24<sup>th</sup>, 25<sup>th</sup>, and 26<sup>th</sup> 2020 located in Palmer, Alaska, more details will be revealed at next area meeting.

We are not ready to vote on any matters.

In Loving Service,

Nickelle

THE NA WAY: ABSENT BUT SENT REPORT: Susan sacaloff, here writing a report for the NA WAY.

The meeting moved upstairs to the Community Room at Central Lutheran Church beginning Jan 18th. Reduces our rent and is more comfortable for size groups we've been having. Meeting is still from 7 to 8 p.m. every Saturday. Financially fine. Sent \$25.00 as NA contribution.

Thank you for your awesome service!

In loving service,

susan s.

the NA WAY

#### SUBCOMMITTEE REPORTS:

NEWSLETTER: ABSENT/ NO REPORT

PUBLIC RELATIONS: PR Report, Wayne Addict, hello Area

I've had a successful month in the valley. First I'd like to thank Wendy C. For taking care of the phone line and reports it's very quiet... I would like to thank Joe C. for his Meeting Schedule work. I would still like some more people to help out with Anchorage..I went to the Homeless Conect 2020 this month with Eric C and Carley K. Thank them as well. We had 39 people stop and talk, and 13 places, Tx, social workers, Job centers and Jber, stop and sign up to be put on the mailing list. They will be emailed in the valley. Haven't

heard if anyone is doing the mailing list in Anchorage still? With help from Kenai Mandy, I zoomed in the Western States Zone presentation on the 26. got lots of notes and education. Beside the 2 people I mentioned I've got 2 more volunteers for PI and H&I at the group level. we had a great turnout at the PR+H&I area meeting in Eagle River, 3 from Anchorage 3 from Wasilla and 3 from Eagle River. Great meeting, come and join.. I Loveing Service Wayne H

HOSPITALS AND INSTITUTIONS: We have had H&I great meeting the last few meetings. Our last H&I, PI meeting had 9 in attendance H&I has a need for men and woman for various institutions. Goose Creek and Cordova Center need men off paper 2 years. Clithrow has no clearance for women. and Highland with minimum clearance requirements needs women. I would like to do another orientation and get people cleared who want to help. Let me know if you are interested. This month we meet next Monday after ERGNA in Eagle River at 7:40 pm after the meeting, report emailed. In Lovin Service,  
Frank Z

ACTIVITIES: Activities meets on Fridays at 5:30 at the New Saguya on Old Seward and 36th. We have transferred the storage unit to a smaller unit that is \$75 in doors. saving a total of \$300 a year. We are planning the NA birthday party. We have sold a total of 21` tickets thus far and have tickets out in all areas of Alaska except Fairbanks. we will be setting up lists for clean up and set up as well on line. we have some volunteers for the kitchen but could use a few more. We have some auction items and some silent auction items also. We are looking for door prize items also. we are also asking home groups to sponsor us in getting some literature for new comers so they will have access to it.

In the next couple of weeks we will also be discussing memorial day picnic and we want to bring back the summer solstice camp out at Eclutna. with April coming up nominations for activities chair is coming up and I support Ally P. To be the new Chair she has done a great job and knows what to do. Thanks In loving service JOE R>.

LITERATURE: ABSENT/NO REPORT

SHARING SESSION:

GROUPS MISSING AREA DISCUSSION

\*\*CHRIS M.: GROUPS WHO HAVE MISSED 3 CONSECUTIVE AREA MEETINGS ARE STILL BE PRINTED ON THE SCHEDULE... WHY?

\*\*MARCY L.: IT WAS BROUGHT TO A VOTE AT AREA WHETHER OR NOT TO REMOVE THE GROUPS FROM THE SCHEDULES AND THE GROUPS DECIDED TO LEAVE THEM ON THE MEETING SCHEDULE.



\*\*KATHY W.:THE GUIDELINES SAY ANY GROUP WHO MISSES 3 CONSECUTIVE AREA MEETINGS COMES OF BOTH THE AGENDA AND THE MEETING SCHEDULE.

\*\*DEBBIE S: ANY GROUP CAN BRING A MOTION TO HAVE A GROUP REMOVED FROM MEETING SCHEDULE THAT HAS BEEN ABSENT FROM AREA AT THE NEXT AREA.

\*\*CHRIS,STACIE,HEATHER: ALL BROUGHT UP 7TH TRADITION.

\*\*MORGAN: WE NEED TO BE STICKING TO GUIDELINES OTHERWISE IF GROUPS ARENT SHOWING UP WE DONT HAVE ANY IDEA WHAT IS ACTUALLY GOING ON INSIDE THE GROUP, THEY COULD BE "SICK" OR SKECTHY. WE CANT HELP OR GUIDE IF WE DONT KNOW WHAT IS HAPPENING WHEN THEY ARENT BEING ACCOUNTABLE. IF GUIDELINES SAY SOMETHING AND ITS NOT STATED CLEAR ENOUGH, THEN LETS MAKE IT CLEAR.

\*\*ASH: OUR GUIDELINES ARE OUR OF DATE AND NEED TO BE UPDATED. ASH WILL LOOK WHEN GUIDLINES WERE VOTED AND CHANGED SO WE CAN UPDATE OUR GUIDELINES PER DEBBIES REQUEST.

\*\*KATHY: CAN YOU CLARIFY WHEN GUIDELINE CHANGES GET VOTED ON?

\*\*ALEC: APRIL & OCT, ELECTIONS AND GUIDELINES GET VOTED ON.

#### NA BIRTHDAY

\*\*JOE R: LOOKING FOR DONATIONS FOR NA BIRTHDAY, AUCTION ITEMS. ALSO NEED NA LITERATURE.

\*\*DEBBIE: WE WILL MAKE SURE YOU HAVE WHAT YOU NEED. GET A HOLD OF MELISSA , LITERATURE USUALLY SETS UP AND HAS LITERATURE AVAILABLE AT NA BIRTHDAY.

#### KENAI MOTION

\*\*ALEC: KENAI FELLOWSHIP BROUGHT FORTH A MOTION REQUESTING REGION TO DONATE HALF OF FUNDS OVER PRUDENT RESERVE TO WORLD.

#### STORAGE UNIT DISCUSSION

\*\*JOE R:We have transferred the storage unit to a smaller unit that is \$75 in doors. saving a total of \$300 a year.

OLD BUSINESS: JOE R:We have transferred the storage unit to a smaller unit that is \$75 in doors. saving a total of \$300 a year.

#### NEW BUSINESS: NOMINATIONS

Walk Your Talk has nominations for regional positions:

Regional Chair Nomination: Kevin R.

Dear family,

What follows are my qualification for Regional Chair.

My clean date is October 21 1997. If you don't want to do the math I have 22 years clean.

My service is as follows. I have served as a coffee maker at various home groups. I have done multiple years as group secretary at various home groups. I have served as a GSR for multiple years at various home groups as well. I did one commitment as Alternate Regional Committee Member (RCM) then rolling into RCM for the Northern New Mexico Area. Then did another commitment as just the RCM. I have served as a committee member for the merchandise committee of the Rio Grand Regional Convention Of Narcotics Anonymous (RGRCA). I have been the Chairperson of the RGRCA convention committee once. I have served as the Programming Chair of the Alaska Regional Convention once. I am currently the literature person at my home group Walk Your Talk. I have completed all of my service commitments, though there was a dispute regarding my last term as RCM in New Mexico. I did the math and feel good as to how the commitment was fulfilled. I have a Sponsor and when I communicated with him about this position he said "I think it is a capital idea". I do and have worked the steps. I do and have sponsored other men. My understanding of the steps with out creating a hostage situation are that they are a path by which I can: get right with myself, others, God, be of service to others as well as be at a place where I can experience the spiritual awakening(s) the literature speaks of. My understanding of the Traditions are that they are a frame work based on spiritual principals that assist us (Narcotics Anonymous) in getting along with each other as well as outside entities preserving unity within the fellowship. My understanding of the 12 Concepts are that they were developed as a guide for service in Narcotics Anonymous. I am willing to serve in the position of Regional Chair. My plans for the position are 1) to remain teachable as nobody waved (or will wave) a magic wand while saying you are the regional chair and 2) to foster a healthy environment where loving service can take place (to the best of my ability). I appreciate your consideration regardless of the outcome.

In Loving Service,

Kevin R.

\*\*Regional Treasurer Nomination: Joshua W. (QUALIFICATIONS NOT SENT)  
(HE DOES MEET THE QUALIFICATONS)

\*\*Regional H AND I Nomination: Morgan

### Qualifications Region H/I

2/3/2020

To my NA family,

My name is Morgan D. and I am a recovered Addicted. My clean date is 11/15/2009

I humbly accept the Region H/I nomination from Walk you talk.

As stated above my clean date is 11/15/2009

My current home group is Walk your talk in Anchorage, Ak

- I have had the privilege of being Anchorage area literature chair 2016-2017 and 2015-16 vice chair
- Served on the Anchorage activities committee 2009- present
- Served on the Anchorage H/I committee 2011- present
- GSR for 907 recovery 2015/2016
- Secretary for 907 Recovery 2014/2015
- Literature Chair for 907 Recovery 2013/2014
- Roundabout Coffee maker 2009/2011

I humbly submit the qualifications Region H/I nomination from Walk you talk.

In loving service,

Morgan D.

\*\*WSLD Chairperson Nomination: Kathy W.

**Kathy W. Service Qualifications**

Clean Date: 4/27/1986

Home Group: Walk Your Talk

Hello! My name is Kathy and I am an addict I am here to accept the nomination for the WSLD Chairperson. Below is a list of my qualifications.

I have been clean for 33 years, have a home group, have a position at the group level, have a sponsor that has a sponsor and I sponsor women. I have worked and continue to work the 12 steps, 12 traditions and 12 concepts of Narcotics Anonymous. I have held various service positions from the group level to the regional level over the past 33 years.

**Group:**

- Ashtray cleaner

- Coffee maker
- GSR
- Treasurer
- Secretary
- Sub Committee member wherever needed

#### **Area:**

- Chair
- Vice Chair
- Secretary
- Treasurer
- Activities
- Literature
- Ad Hoc Committees as well as committee members as needed (Area Inventory, Guideline Committee)

#### **Region**

- Chair
- Vice Chair
- Treasurer
- Secretary
- Convention Chair, Convention Vice Chair, Convention Treasurer, Convention Secretary, Merchandise Chair, Fundraising/Entertainment Chair, Programming Chair, Registration Chair, Hotels and Hospitality Chair
- Literature

“Everything that occurs in the course of NA Service must be motivated by the desire to more successfully carry the message of recovery to the addict who still suffers. It was for this reason that we began this work. We must always remember that as individual members, groups and service committees, we are not and should never be in competition with each other. We work separately and together to help the newcomer and for our common good. We have learned, painfully, that internal strife cripples our Fellowship; and prevents us from providing the services necessary for growth.”

#### **MOTIONS**

**\*\*WALK YOUR TALK Motion # 1: Regional: Extend the current Regional Delegate and Alternate Regional Delegate representatives to be in their current service roles for 2 more years.**

Rationalization/intent: Both positions were vacated and filled mid-term. They have not had the time to represent their positions to their full potential. The work they are doing the AK Region with the Western Zonal Forum and World Service is outstanding. If we elect new representatives, AK NA loses the continuity of ongoing world service and western zonal forum work.

**\*\*WALK YOUR TALK Motion # 2: Regional:** Change the regional guidelines to extend the dates for the Regional Delegate and Alternate Regional Delegate to a 4 year term each.

Rationalization/Intent: To have continued continuity of experience and information for a full cycle of Western Zonal Forum Meetings and World Service Board Meetings.

**\*\*LIFE SAVERS Motion # 3:** To implement a percentage of Area monthly donations rather than a set amount to subcommittees. Not to exceed the current amount set amount.

Rationalization/Intent: To ensure Area has enough funds to cover expenses.

\*\*\*\*\*

**KENAI FELLOWSHIP BROUGHT FORTH A MOTION REQUESTING REGION TO DONATE HALF OF FUNDS OVER PRUDENT RESERVE TO WORLD. ( please reference sharing session topic)**

**RECAP OF ACTION ITEM: REGIONAL NOMINATIONS, MOTIONS, AREA SUBCOMMITTEE NOMINATIONS AND THEY MUST BE PRESENT TO ACCEPT THEIR NOMINATION AND PLEASE BRING QUALIFICATIONS. WILL NEED TO ALSO EMAIL THEM TO AREA SECRETARY AT AASCNASCRETARY3@GMAIL.COM.**

**Next area meeting is MONDAY 3.2.20 at 630pm at BP energy center**  
Announcements: NA BIRTHDAY MARCH 28TH ST PATRICKS CHURCH 2111 MULDOON RD DOORS OPEN AT 6. SPEAKER AT 7.  
CHECK WEBSITE FOR CURRENT NA EVENTS.  
Motion to close: