



Never Alone

Anchorage Area NA Newsletter

August 2018 Issue

We are currently looking for submissions!!

If you have stories, wisdom, humor, events, photos (No faces!), or announcements you would like to share, please submit them to neveraloneneewsletter907@gmail.com. Deadline for submissions is the 15th of the month.

The purpose of this newsletter is to keep Anchorage Area Narcotics Anonymous members informed of the events and happenings in our fellowship. Every attempt is made to adhere to NAWS guidelines for newsletters. The content contained herein expresses the views and knowledge of it's contributors, not NA as a whole.

If you are interested in working on the newsletter contact Amy U @ 907-952-5939. Subcommittee meetings are held the Thursday after area at Gwennies at 6:30 PM.

Jennifer M's Story ***Clean since October 24, 2016***

My name is Jennifer and I am an addict. I am a heroin addict. I am also a "whatever's available" addict. Heroin is my doc, but I will do any and everything. It took me so many tries to get to where I am today. I am NOT in the very small percent that got it the first time. I hit my bottom more than one time. I even discovered the rock bottom has a basement as well. I had no self-respect or self-worth. I've done things I'm not proud of. I've hurt myself and others. I was dishonest and in denial. There isn't much left out there, that I haven't experienced at some point. Good or bad. I died twice and had to be revived. But I overdosed more times than I can remember. Those of you that know me know what my arms look like due to my addiction. I used to hate my scars and wanted to hide them.

One day, I was like... I'M DONE!!! I finally realized that I'm NOT ALONE! I found like-minded people. I found that my worst day clean is always better than my best day high. My want and need to stay clean outweighs my want to use. I found HOPE! For many years heroin was the love of my life. But heroin doesn't deserve me. Though it still crosses my mind at times I've learned ways to get through it without using. Every day I thank God that I'm slowly getting back all of the things addiction took from me. There is so much more in this world that we as humans deserve to see and experience; And LIFE is one of them.

You're never alone. We're here to help. We DO recover. Let us love you until you can love yourself. I can't, we can!

Anchorage NA Helpline: 907-277-5483

Upcoming events!!

4 S's (Roundabout Event) August 19, 2018 @ 12:30 Location: Alano Club Anchorage

Regional Convention October 5-7, 2018 Location: Lands End Hotel in Homer

Area Information:

Area Service Committee Meeting 1st Monday of every month 6:30 PM BP Energy Center
900 E Benson

Sub-Committee Meetings:

Sub-Committee	Date	Time	Location
<i>Hospitals & Institutions</i>	1st Tuesday after Area	6:30 PM	Oriental Garden 720 Muldoon Road
<i>Public Information</i>	1st Monday after Area	5:30 PM	Lutheran Church 1420 N Street
<i>Activities</i>	Second & Last Saturday of the month	5:30 PM	Village Inn 4403 Spenard Road
<i>Literature</i>	Contact Melissa		907-529-7255
<i>Newsletter</i>	1st Thursday after Area	6:30 PM	Gwennie's 4333 Spenard Road

WE NEED YOU!!!!!!!

Anchorage area is in need of people ready and willing to do service work! Come be of service!

An Emotion Lost

Where once we were like the sky and ocean blue, now lost in the current with no destination new. Waves rage and slam about, giving way to fear and doubt. What was thought to be beautiful and pure, is now faded and obscure. Now must one regain life, and take a breath with open eyes. Learn to love thy self, and fear no more.

-Jay S.