



Never Alone

Anchorage Area NA Newsletter

April 2019 Issue

We are currently looking for submissions!!

If you have stories, wisdom, humor, events, photos (No faces!), or announcements you would like to share, please submit them to neveraloneneewsletter907@gmail.com. Deadline for submissions is the 15th of the month.

The purpose of this newsletter is to keep Anchorage Area Narcotics Anonymous members informed of the events and happenings in our fellowship. Every attempt is made to adhere to NAWs guidelines for newsletters. The content contained herein expresses the views and knowledge of its contributors, not NA as a whole.

If you are interested in working on the newsletter contact Amy U @ 907-952-5939. Subcommittee meetings are held the Thursday after area at Gwennies at 6:30 PM.

An excerpt from "Living Clean, The Journey Continues." (Chapter 6)

"Prudence is a principle some of us practice more than others. It's a funny word, but it's what we are talking about when we refer in service to a "prudent reserve." A member shared: "I learned to be responsible and prudent with NA funds, so I don't misappropriate other people's funds either. I have learned the principles of honesty and accountability. It's part of walking my talk and applying the principles."

In service, we learn to take on obligations thoughtfully to ensure that we can follow through on what we've promised. In other areas of our lives as well, we find that planning and following through makes us feel good about ourselves. We do our best to ensure that we can be responsible even if our circumstances change. "I went through a hard time in my business and had to live off my savings for a while. I was ashamed to talk about it in meetings, but I shared with a fellow addict. Later he told me that this was a message of hope for him. Because I planned ahead, I was able to make it through a tough time. What I saw as a failure, he saw as a success. One more time, I gained a better perspective on my life."

We also notice in NA that those who do not give it away tend not to keep it; the idea that giving is a crucial part of having is something many of us are surprised to discover. We may or may not have material wealth, but our emotional, spiritual, and mental resources are enormous. We have a wealth of experience. When we give our energy, time, talent, and creativity, we are rewarded many times over."

Anchorage NA Helpline: 907-277-5483

WILL YOU BE MY SPONSOR?

By: Justbert

So you say I can talk to you, but can I? I mean really talk to you? Could I tell you of my hurts?
Of the pain of living. Will you truly listen to me as I explain how my trust was misapprehended then violated?
About the thrusting pressure on the backside of a young lad leaving me with shame filled guilt.
After all weren't it my fault letting a full grown man ten times my size do such a thing.

Taking my person from me turning it into the hurt of shame; the kind you don't talk about wishing not to expose your guilt; only to be laughed at and ridiculed for fear of deepening my guilt!

Can I tell you how for years upon years I kept it stuffed inside letting it churn and boil torturously until it leaked out in action!
Till I became the violator and not just the violated! Will you let me talk of the shame dragging me so far down so that the hate I was feeling turned on me.

Then seeking relief how I ingested an alien substance either by smoking it, or shooting it, maybe swallowing it along with even more of that of which keeps the guilt forever festering.

And of how when I wasn't hurting others I was killing myself.

What if I was to talk of the deep despair I continually found myself in of that self-made hell; or of the loneliness of spiritual bankruptcy? Would you turn me away then?

Refusing to hear of the hopelessness of living without a God of my own understanding. Living without of gratitude for there is nothing to have any for because life itself is hated!

As I try to find relief in the substance which alters the mind therefore changing my mood. That which quit working long ago; that now is just one more thing helping to dig the elevator shaft which houses the elevator that I could have gotten off on any floor I wanted.
Yet always dragging just a little further.

Would you really listen?

You will!!

Well, you see it all started.....

Upcoming events!!

<i>What</i>	<i>When</i>	<i>Where</i>	<i>How Much</i>
Open Mic Night!	April 13, 2019 @ 5:30 PM	URS Club, Kenai	See Flyer for Details
Convention Fundraiser	May 4, 2019 @ 5:00 PM	15th & Cordova, Anchorage	Taco Bar \$5
Kenai Peninsula Women's Retreat	May 3-5, 2019	The Drifter's Lodge	Contact Danna @ 907-690-1481
Kenai Peninsula 4th Annual Men's Retreat	May 17-19, 2019	Solid Rock Bible Camp, Soldotna	See Flyer for Registration
North Pole Outlaws Women's Retreat	June 7-9, 2019	Twin Bears Camp, Fairbanks	See Flyer for Details
35th Annual Fairbanks Blowout	June 28-30, 2019	Twin Bears Camp, Fairbanks	FREE
Campvention XIII	August 9-11, 2019	Alaska Christian Retreat	See Flyer for Details
35th Annual Alaska Regional Convention	October, 2019	Anchorage	TBA

Convention Subcommittees are in need of people to be of service!!! We

only keep what we have by giving it away!

Come get involved!!!!