MONDAY PM 1HR Monday Night Live

7:30 PM 1HR Monday Night Live, JAMHI Conference Room, 3406 Glacier Highway, Juneau, AK, 99801 **(O,WC)**

TUESDAY

7:30 PM 1HR Tuesday Twin Lakes, JAMHI Conference Room, 3406 Glacier Highway, Juneau, AK, 99801 **(O,WC)**

WEDNESDAY

7:30 PM 1HR Wednesday Vision of Hope, JAMHI Conference, 3406 Glacier Hwy, Juneau, AK, 99801 **(O,WC)**

THURSDAY

7:30 PM 1HR Thursday We Do Recover, JAMHI Conference Room, 3406 Glacier Highway, Juneau, AK, 99801 **(O,WC)**

FRIDAY

7:30 PM 1HR Friday Night, GHS Atco Building, 5597 Aisek St, Juneau, AK, 99801 **(O,WC)**

MEETING FORMAT LEGEND			
Open	WC	Wheelchair	

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HELPLINES	
Alaska NA Helpline	1-866-258-6329
Find a Meeting/Talk to Someone	1-920-552-0477

PHONE NUMBERS
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What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

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JUNEAU AREA MEETING LIST APRIL 2024

24 HOUR HELPLINES

1-920-552-0477 1-866-258-6329

https://akna.org

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

Meetings Weekly: 5