

MONDAY**7 - 8 PM - Monday Night Live**

JAMHI Conference Room

3406 Glacier Highway

Juneau, AK, 99801

(O,WC)**WEDNESDAY****7 - 8 PM - Wednesday Vision of Hope**

JAMHI Conference

3406 Glacier Hwy

Juneau, AK, 99801

(O,WC)**FRIDAY****7 - 8 PM - Door's Open**

First Presbyterian Church

In the Fellowship Hall

450 Main Street

Slagway, AK, 99840

(O,JT)**MEETING FORMAT LEGEND**

JT	Just for Today	O	Open
WC	Wheelchair		

Just for Today

Tell yourself:

JUST FOR TODAY my thoughts will be on my recovery, living and enjoying life without the use of drugs.

JUST FOR TODAY I will have faith in someone in NA who believes in me and wants to help me in my recovery.

JUST FOR TODAY I will have a program. I will try to follow it to the best of my ability.

JUST FOR TODAY, through NA, I will try to get a better perspective on my life.

JUST FOR TODAY I will be unafraid. My thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**



**JUNEAU AREA
MEETING LIST
MARCH 2025**

24 HOUR HELPLINES
1-920-552-0477
1-866-258-6329

<https://akna.org>

- SUGGESTIONS FOR EVERYONE**
- DON'T USE no matter what
 - Ask your Higher Power to keep you clean
 - Come early and stay late
 - Get a home group
 - Go to 90 meetings in 90 days
 - Read NA literature daily
 - Get and use a sponsor
 - Use the PHONE
- KEEP COMING BACK. IT WORKS**

Meetings Weekly: 3