<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
<th>Format</th>
</tr>
</thead>
<tbody>
<tr>
<td>WEDNESDAY</td>
<td>8:00 PM 1HR The White Flag Group, First Luthern Center, Preschool/Sunday School, 1200 Tongass Avenue, Ketchikan, AK, 99901 (O)</td>
<td>The White Flag Group, First Luthern Center, Preschool/Sunday School, 1200 Tongass Avenue, Ketchikan, AK, 99901 (O)</td>
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<tr>
<td>THURSDAY</td>
<td>7:00 PM 1HR Hope for POW, Prince Wales Island in Craig, 407 6th Street, Craig, AK, 99921 (O)</td>
<td>Hope for POW, Prince Wales Island in Craig, 407 6th Street, Craig, AK, 99921 (O)</td>
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<tr>
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<td>7:00 PM 1HR Step Into Freedom, Building next to Glacier view Baptist Church, 960 East End Road, Homer, AK, 99603 (O,M,W,WC)</td>
<td>Step Into Freedom, Building next to Glacier view Baptist Church, 960 East End Road, Homer, AK, 99603 (O,M,W,WC)</td>
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<tr>
<td>FRIDAY</td>
<td>8:00 PM 1HR End of the Road Goup, Tok Senior Center, Jon Summar Drive, Tok, AK, 99780 (O)</td>
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</tbody>
</table>

**MEETING FORMAT LEGEND**

- **M**: Men
- **O**: Open
- **W**: Women
- **WC**: Wheelchair

**HELPLINES**

- Alaska NA Helpline: 1-866-258-6329
- Find a Meeting/Talk to Someone: 1-920-552-0477

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**PHONE NUMBERS**

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**What is our message?**

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.

Basic Text, page 65
Alaska Region - ALASKA REGION
Meetings

MEETING LIST
AUGUST 2023

24 HOUR HELPLINES
1-920-552-0477
1-866-258-6329

https://akna.org

SUGGESTIONS FOR EVERYONE
DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 5